

ACTIVITY HAZARDS ANALYSIS

Print Form

Overall Risk Assessment Code (RAC)
(Use highest code)

L

Date: Project:

Activity: Lifting tools, equipment, materials, various objects, etc.

Activity Location:

Prepared By:

Risk Assessment Code Matrix

E = Extremely High Risk
H = High Risk
M = Moderate Risk
L = Low Risk

		Probability				
		Frequent	Likely	Occasional	Seldom	Unlikely
Severity	Catastrophic	E	E	H	H	M
	Critical	E	H	H	M	L
	Marginal	H	M	M	L	L
	Negligible	M	L	L	L	L

Add Identified Hazards

	JOB STEPS	HAZARDS	ACTIONS TO ELIMINATE OR MINIMIZE HAZARDS	RAC
X	Lifting - tools, equipment, materials, various objects, etc.	Back injury, muscle strain, hernia, etc.	1a. Use mechanical device when possible and practical. 1b. Use proper lifting procedures, such as; keep back straight, keep weight of object close to your body, bend knees, lift with your legs, do not make sudden moves or twists. 1c. Know your safe lifting weight. 1d. Secure help if needed, or if in doubt of your safe lifting weight.	L

Add Items

	EQUIPMENT	TRAINING	INSPECTION
X	Leather gloves, steel toe shoes or boots, leg chaps, hard hat etc. (depending on what is being lifted)		

Involved Personnel:

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Acceptance Authority (digital signature):

A light blue rectangular box intended for a digital signature.