



Media Advisory

U.S. ARMY CORPS OF ENGINEERS

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Teens to Get Outdoors at Riverlands Rush

Why: Riverlands Rush is being offered as a follow-up event to the America's Great Outdoors youth listening session held on August 20, 2010. At the listening session, a repeated theme was that youth wanted to experience the outdoors, but did not know the best way to go about it. Riverlands Rush will allow teens to get outdoors and try a variety of traditional outdoor activities in a supervised setting, helping them build the confidence they need to venture out on their own.

What: The Riverlands Rush is an adventure race and overnight campout, designed to help teens experience America's Great Outdoors. During the race, teams of four will work together to overcome physical and mental challenges, such as paddling a canoe, building a survival shelter, or completing a puzzle. Following the race, participants will prepare their own meals and be treated to a campfire, concert, and stargazing before camping out in tents.

The Riverlands Rush is being offered at no cost. Registration materials are available online at www.mtrf.org. T-shirts will be available for only \$5.00.

When: The event will be held April 30, 2011 with check-in at 1:00 p.m., and start time at 2:00 p.m. The registration deadline is Wednesday, April 20, 2011.

Who: Teams of four from area high schools. Teens from both Missouri and Illinois are welcome to participate. Teams can be male, female, or mixed gender.

The event is hosted by a large group of dedicated partners, including: U.S. Army Corps of Engineers, Meeting of the Rivers Foundation, Missouri Department of Conservation, St. Charles County Parks & Recreation, U.S. Fish & Wildlife Service, Illinois Department of Natural Resources, The Audubon Center at Riverlands, Big Muddy Adventures, and St. Louis Canoe & Kayak Club

Where: The Riverlands Migratory Bird Sanctuary, 301 Riverlands Way, West Alton, MO 63386

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