

ST. LOUIS ARMY ENGINEER DISTRICT

ESPRIT

Vol. 30 No. 2

Winner 1991-92 Army Communities of Excellence Award

February 1993

In this issue...

Lake winners
... page 3

Mailroom
... page 3

Black History
... pages 8 & 9

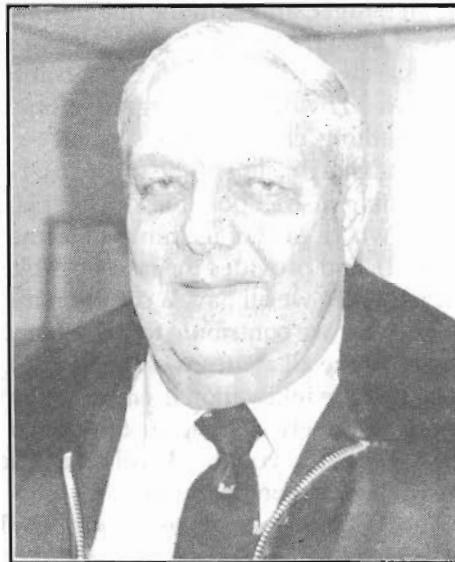
"A" List
... page 10

Tax info
... pages 11, 12
& 13

Green consumer
... page 13

**Guaranteed
weight control**
... page 14

Al LeGrand retiring



If you didn't know it by now, Al LeGrand is retiring as manager of Carlyle Lake.

Al has been the manager there since the lake opened 25 years ago. He's retiring at the end of March after 36 years with the Corps.

Under Al's care the lake has become an attraction visited by about 80 million people, about four million a year for the past few years. Dam West recreation area has become one of the most used recreation areas anywhere in the Corps.

"The most satisfaction I get is from the millions of people who come here," he said. "I've had people say this is the nicest place between Milwaukee and Florida. That's a pretty nice compliment."

Al started with the Corps as a revetment worker on the river in 1957. Over the years he's served as a deckhand, marine equipment repairer and engineering equipment mechanic before becoming the manager of Carlyle Lake in 1967.

After he retires he plans to stay in the area. "I plan to stay around and be a part of it for the rest of my life," he said. "My children bought me a new fishing rod and a box of lures, so I'll do a little fishing and really enjoy it."

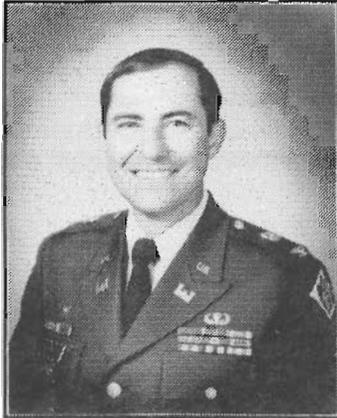
Al says one of the biggest enjoyments from his job has been watching the hundreds of young people who have worked at the lake office while going to school. "They're working all over the U.S. now and they check in with us now and then."

Long-time St. Louis District employee Bob Wilkens, OD-R, will be the new manager. He began a transition period at the lake in mid-January and will take over as manager when Al retires. Bob was an assistant manager at the lake from March 1977 to February 1979.

Al's retirement party is set for Friday, March 19 at the Knights of Columbus Hall in Carlyle. Festivities begin at 6 p.m. Dinner is at 7. Al gets roasted at 8. And the band, called Round Two, strikes up at 9. The cost is \$10 per person. There will be a cake and coffee in the Executive Conference room in the District Office at 1 p.m. on Thursday, March 25. (See flyer for all the details.)



View from the top -



COL James D. Craig

If there is a better way to do something, challenge the system!

Greetings to everyone from Texas A&M University. I was able (I think) to let most of you know I would be out of the District from the middle of January to the middle of February, attending a course called the Construction Executives Program. Each year the Corps sends several District Commanders to this course. Although I am only half way through, I believe the time is well spent. Besides, I have total confidence that you can keep the District running at top level without me.

Right now, my thoughts are fairly introspective (seeing that I am in school, that is as expected). Let me share a few thoughts with you. I am even more convinced that the best one can do for the District is to continue to do the day to day work, get all of our products out on time, within budget, and with the quality that exceeds our customers' expectations. Further, we each need to look at the functions we perform and the processes we are part of, and seek continual improvement. **DO NOT** be constrained by the way things are done now. If there is a better way to do something, challenge the system!

What is my vision of the future St. Louis District? It will be the best functioning district possible, one that is constantly improving. It is a district where each of us thinks in terms of our customers (internal and external), and provides the best possible product/service to them. It is a district where we all have a common mission and vision, and each of us knows what we contribute to the accomplishment of that mission. It is a district where all are team oriented and process focused. Finally, it is a district where innovation is encouraged and rewarded, information is openly and freely shared, trust is earned and, above all, everyone has fun. I commit to you that I will do my best to meet that vision. I hope you will join me on the quest.

The ACOE inspection team from the Department of the Army was here a couple of weeks ago to check us out. They left very impressed with all the innovative things you are doing to make the District a better place. Congratulations and thanks to all involved. We should find out in April how we fared.

I am looking forward to returning to the District, and think I can use some of the things I have learned down here to improve our District. **THINK SAFETY!**



US Army Corps of Engineers
St. Louis District

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Our Illinois lakes are winners

Illinois Governor Jim Edgar recently announced a total of 17 state winners of the Take Pride in America (TPIA) award. All three of our lakes in Illinois were winners. These state winners are now eligible for national recognition.

This award is administered nationally by the U.S. Department of the Interior and statewide by the Illinois Department of Conservation. The TPIA campaign is a program designed to increase awareness of the importance of citizen stewardship toward publicly owned natural, cultural and historical resources. The focus of the campaign is on grassroots, volunteer activities by individuals, organizations and communities to care for their public resources.

Carlyle Lake Management Office was a winner in the federal

government category for their children's educational camp. More than 250 children and 20 adult volunteers participated in the two-day camp at Carlyle Lake, focusing on environmental topics such as recycling, fisheries, endangered animals and ecology.

Lake Shelbyville Management Office submitted two nominations that won in the federal and youth categories. The Corps won for the Earth Day Celebration in which 188 volunteers ranging in age from 2 to 76 picked up litter around the lake. They also planted 800 prairie plants and 200 trees. Winning in the youth category was the Boy Scout Woapink Lodge, Order of the Arrow 167 from Decatur for their work on the Chief Illini Trail. The Scouts picked up litter and provided labor for general mainte-

nance on the trail which crosses Corps and State managed ground.

The Rend Lake Management Office was a winner in the federal category for their 6th Annual Lake Cleanup in which 750 individuals cleaned up 20 miles of shoreline, 30 miles of roadsides, several recreation areas, 21 parking lots and more. Five tons of garbage were collected, with aluminum, bi-metal, plastic and glass being recycled. The number of participants has consistently grown since its inception. Last year this event was a national finalist.

With all these winners, the odds are good we will do well in the national competition. Also, we look forward to hearing the results from the State of Missouri nominations which are due soon.

CASU mailroom does the job for you

When's the last time you've been to the mailroom? Do you even know where it is. In the basement somewhere is a good guess. The only time you think about it is when you have something important that has to be in Washington by tomorrow noon or else. Right?

The mailroom is like paper. You take it for granted. But where would you be without it? If the "behind the scenes people" don't do their jobs our organization would grind to a halt.

When we moved into the RAY Building the mailroom became part of the Co-operative Administrative Support Unit (CASU). Even so, it's still part

of the Corps. One of the "old guard" still works there. (Sorry Thelma for using the "o" word.) Thelma Ross is still the primary

there's Henry Harris, John Rabbitt, Robin Killen, Alvin Sumler and Albert Wilson, who's a part-time AARP Senior. You see them

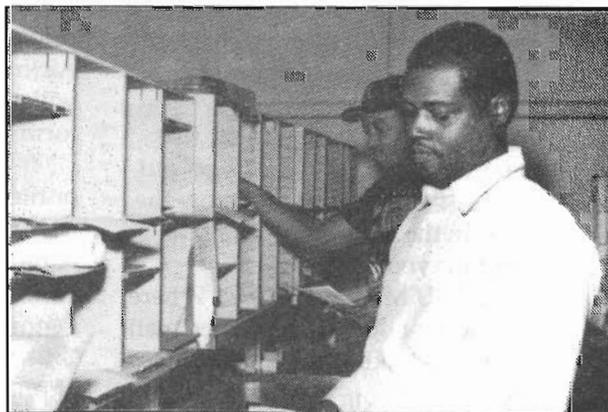
sometimes in the halls pushing that humongous mail cart. Their immediate boss is Gloria Miles, originally from DCASR, who also doubles as supervisor for the Shipping/Receiving and Labor area.

These people do lots of things besides push that cart around. They do bulk mailings for you, Federal Express and USPS Express for overnight delivery (try

to have the street address),

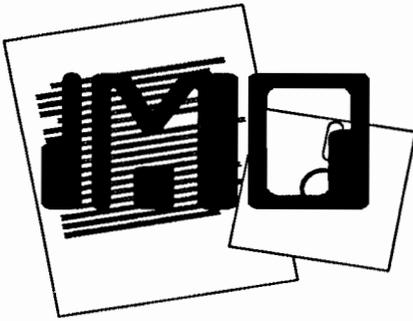
UPS for package delivery (they'll box and wrap it for you), and distribution of publications and

(Continued on page 4)



Henry Harris (foreground) and Alvin Sumler sort your mail.

person to sort, deliver and pick up Corps mail, but everyone else can do it if necessary. Besides Thelma,



During the first quarter of FY93, IMO has been testing the installation of a new telecommunication service that will allow access to the worldwide Corps network. The IMO hopes to have this new service implemented by February 1 for everyone's use. These services will also allow connections to the Internet. The Internet is a vast conglomeration of different people, computers and computer networks. Most large universities, many government agencies and a wide variety

of private companies are members of the Internet and can be communicated with electronically through these new telecommunication services. As an added bonus, this new form of communication will cost less than the old system it replaces.

One of the first steps the IMO must complete in implementing the new communications system is to adapt our current software systems to take advantage of the new equipment. Many of the software systems that are currently being used by the District must be adapted to use the new network protocol. This will require that CETAL, Funds Control, Vistacom and some other programs be modified. Someone from IM will contact the CETAL users to schedule a time to modify your software. These changes will not affect the way the programs are used to perform our daily tasks.

After these tasks have been

completed the IMO will begin to add new services that will improve your ability to share E-mail and files with other Corps districts, government agencies and universities. The implementation of CEFMS, the new Corps Financial Management System, will use this communication system to change the way we conduct our daily business. In addition to CEFMS, a new Project Management System PROMIS, and a Real Estate Management System REMIS will be implemented during this year and will take advantage of the improved communications.

The IMO will continue to test/resolve the problems of this communication system and will notify the users in the District when this tool is available. The successful deployment of these new tools will help us be more productive and responsive to our customers.

Mailroom (continued)

announcements. They are a big link in our communications system.

As I said, they're part of the CASU here. CASU was begun in 1986 as a pilot project of the President's Council on Management Improvement, the CASU program has spread across the nation and resulted in millions of dollars in savings to the taxpayer.

The St. Louis CASU was chartered in June, 1989, and became operational in October 1990. It started with library, mail, photocopy, shipping and receiving, labor, personal property and warehousing services. Systems furniture design/installation, fitness center, color copying, temporary help and recycling services were added during the

first year. During that year its customer agencies increased from six, when it went into operation, to 22.

New services include interpreters for hearing-impaired, court reporters, training programs and parking for those temporarily handicapped.

So the next time you see that cart coming, say "Hi" (but get out of the way first). Get to know the staff in the mailroom. They can do a lot for you.

CASU MAIL PUZZLE: Where would you deliver interoffice mail addressed like this: Steve Rieh 3rd floor.

Puzzled? So are we! Please use complete office symbols, not names, on all mail. Thank you!

Airline refund

Anyone who purchased a domestic ticket on a U.S. airline between Jan. 1, 1988 and June 30, 1992, may be eligible for part of a multimillion dollar settlement on a price-fixing case settled by the Airlines Antitrust Litigation. Filers will receive a settlement in the form of discount coupons.

If you didn't get a claim form, or threw yours away because you didn't understand it, send your name and address to: Airlines Antitrust Litigation, P.O. Box 267, Pennsauken, NJ 08110-0267, says "Business Week" magazine. Proof of purchase will be required in order to receive the discount coupons.



\$ - Promotions & Incentive Awards - \$

EXCEPTIONAL RATINGS:

Jean Beausang, CT
 Daniel Camden, OD
 Edgar Falkner, ED
 Russell Feltmeyer, OD
 Thomas Furdek, ED
 James Gerth, LM
 Era Greer, OD
 Judith Griffith, LM
 Donald Groh, PD
 Charlotte Heeb, ED
 Vick James, CD
 Eugene Jones, OD
 Sharon Leeker, IM
 Lon Montgomery, OD
 Joann Moritz, CT
 Michael Navin, ED
 Vernon Oettle, OD
 Arthur Ruebenson, OD
 Zelma Scott, CD
 Michael Trimble, PD
 Richard Ubben, CD

PERFORMANCE AWARDS:

Gary Camp, RE
 Frank Catalano, RE
 James Conner, OD
 Patrick Damron, OD
 David Davis, OD
 Era Greer, OD
 Michael Houser, PM
 Gary Jacobs, RE
 Joseph Lueke, OD
 Glen McCabe, OD
 Lon Montgomery, OD
 Wilbur Moore, OD
 Michael Morgan, OD
 David Nulsen, OD
 Andrea Pickard, OD
 Billie Sanna, OD
 Richard Ubben, CD
 Garry Vetter, OD
 Harry Ward, ED
 Stanley Zurweller, CD

QUALITY STEP INCREASES:

James Gerth, LM
 Judith Griffith, LM
 Dawn Kovarik, OD

SPECIAL ACT AWARDS:

Shirley Bledsoe, PO
 William Busch, CD
 DeAnn Chambers, RM
 Marcia Gerdes, CD
 Shirley Harvey, LM
 Janine Hegger, OD
 Larry Jenneman, RE
 Deborah Kuhlmann, IM
 Robert Mesko, ED
 Dennis Morgan, ED
 Kenneth Porter, PD
 Regina Pucel, CT
 Donna Zoeller, ED



While LMO is still in the same locale, some individuals in LM-S have changed locations. Telephone numbers are as follows: Judith Griffith - 8019, Barry Lloyd - 8776, Vivian Ratliff - 8022, Sharon Ward - 8777, Debbie Pickerign - 8775, Bill Moore - 8023 and Shirley Harvey - 8020.

New GSA catalogs (published every two years) will be distributed from GSA on or about December

1993. We may get them by January-February 1994. These catalogues will feature the newest product descriptions and photographs. Each office will be distributed one copy with extra copies available.

When providing negative information concerning Carson Travel, rental car companies or hotels, please include your name and phone number. For us to take corrective action, we need to be able to contact you for detailed information.

Now that a list of our equipment to be enrolled in the Army Oil Analysis Program has been submitted to USACE, our next major effort in the maintenance arena will be the development of a District Maintenance Plan. While the main body of the plan will be

developed in LM, we will need input from all field sites and organizations having responsibility for maintaining equipment. Cindy Morales will be leading this effort and should be contacting you in the near future.

The Logistics Assistance, Inspection and Evaluation Team will begin our FY93 annual visits in the near future. The purpose of visits is to review operations, provide regulatory guidance and requirements, provide checklists and, in general, discuss logistical functions and support and what is required to comply with applicable laws and regulations.

The Supply Ordering Service (SOS) has been uploaded to the LAN. Please use the following to resolve any encountered difficulties: System: Charles Brooks - 8700. Supplies: Debbie Pickerign - 8775.



On The Soapbox

Around the District

Ron Dieckmann and Gary Dyhouse (ED-HE) were invited speakers at a recent HEC training course on Interior Flooding Hydrology held at Davis, California. Ron spoke on the hydraulic design required for gravity drains and pumping plants and also on several SLD studies involving unusual interior analyses. Gary lectured on the operational and cost characteristics of the structural solutions appropriate for interior flood control and on the SLD's Valley Park hydrologic analysis, the first Corps study to use a new interior flood hydrology computer program developed by the HEC.

Ken Koller (PM-M) spoke to a dinner meeting of the Retired Officers Association. Ken spoke to 70 members about Melvin Price Locks and Dam and Corps work on the river.

Riverlands Office

Riverlands Rangers hosted five tours of the Melvin Price Locks and

Dam in January. Tours have been affected by the weather. To compensate for the lack of tours, rangers have been giving presentations in the Visitors Orientation Facility and giving tours of the Environmental Demonstration Area (EDA) for viewing bald eagles.

Riverlands Area Office set up a bald eagle display for the Grafton City Visitors Center to show the high concentration of eagles along the Mississippi River.

Stay-in-School Park Ranger Charlie Deutch and Riverlands Associate Sherry Droste hosted a tour of the EDA and conducted a presentation in the Visitors Orientation Facility on bald eagles in the area for 60 area Cub Scouts. Sherry and Stay-in-School Ranger Rocky Horrighs did the same for 50 second graders from Blare School in East Alton, Illinois.

Wappapello Lake

Park Rangers Andrew Jefferson, Rebecca Hays, Christy Francis and Debbie Swinford did six radio

interviews on KJEZ and KLID in Poplar Bluff, KZIM in Cape Girardeau and KMPL in Sikeston. Topics were Fish Shelter Day, high water information, signs for Old Greenville National Historic Site, boat ramp renovations, picnic shelter reservations, upcoming events, safety tips and the Christmas tree lighting.

Park Ranger Timothy Bischoff took Jim Ockre, with the publication "Fishing Hot Spots" out of Wisconsin, on a tour of the lake to gather information for a future publication.

Lake Shelbyville

Leanne Crouch, Jeff Endsley and Terri Morris assisted the Shelby County Historical Society in giving tours of the former Shelby County jail and sheriff's residence. The jail, which was built in 1893 for \$12,000, is now headquarters for the Historical Society. The tours were part of the 100th anniversary celebration of the building.



In 1987, Richard R. Sovar submitted a Value Engineering proposal through the suggestion program that recommended using sheet piling from the Second Stage Cofferdam cells for the Auxiliary Lock at the Melvin Price Locks and

Dam. The savings were computed at \$3,800,000. A Value Engineer team reviewed the proposal and increased the benefits to \$4,700,000, for which Mr. Sovar received a District award of \$5,000.

It was forwarded to higher headquarters for their consideration and after extensive correspondence and telephone calls, CELMV recomputed and increased the tangible benefits to \$5,313,846. The suggestion was approved and an additional award of \$3,000 is being processed.

The proposal is now in HQUSACE for DA approval, which will result in an additional award of \$2,000.

The tangible benefits of \$5,313,846 equate to an award of \$29,769. With each approval, each level will present its own award until the total is reached (amounts are inclusive of awards approved by each commander).

Our heartiest congratulations goes to Rich Sovar. It's taken a long time, but, hopefully, well worth the wait.



News Briefs

Tree of lights

The Civilian Activities Council at Wappapello Lake donated 450 feet of bright Christmas lights to light a 30 foot cedar tree in front of the Gatehouse. Council members volunteered their own time and money to work on this project. Ozark Border Electric Cooperative decorated the tree, which was lighted from 4:30 p.m. to 1 a.m. during the holidays.

Acorn planting

About 100 acres of nuttall, white oak and cherry bark acorns are being planted around Wappapello Lake. The U.S. Fish and Wildlife Service at Mingo has donated the use of their acorn planter.

Fish shelter Day

Wappapello Lake held its 11th Annual Fish Shelter Day on January 16. About 1000 Christmas trees were submerged at spots around the lake.

Bald eagles

The Riverlands Visitors Orientation Facility had about 900 visitors during January. Most came to view the many bald eagles in the area. The top bald eagle count for a day in January was 193, counted from Highway 367 to the Melvin Price Locks and Dam. The county was done by the Riverlands

Corps volunteer Roman Stolcis. Rangers have also spotted many bald eagles below the locks and dam along Maple Island.

Recycling

The staff at the Rend Lake Management Office contributed more than 50 telephone books to be recycled by GTE. In another recycling effort more than 40 tires were collected from lake areas and taken to be recycled.

Habitat at Rend

About 600 Christmas trees have been collected by rangers at Rend Lake and will be placed in the lake in February for fish habitat by the Corps, Illinois Department of Conservation and local volunteers.

Fish habitat program

A total of 946 Christmas trees were collected from Shelbyville and Sullivan for the Lake Shelbyville Fish Habitat Program. In February, 20 volunteers will assist park rangers in placing the trees in two coves to provide habitat.

Gidcomb is back

Bill Gidcomb is back to Lake Shelbyville from 135 days in Southern Florida assisting with Hurricane Andrew Disaster Recovery. Welcome back Bill.

Quick honored

George Quick retired from Lake Shelbyville after 25 years as engineer equipment operator. He and Mike Delaux, who accepted a position with the Bureau of Reclamation in Nebraska, were honored at the lake's annual Christmas luncheon. Colonel Craig and his daughter joined more than 60 employees and retirees in honoring George.

Crappie limit

A new limit on crappie has been set for Lake Shelbyville by the Illinois Department of Conservation. To provide a more fishable population the new limit for keepers is 10 inches and 10 fish.

Volunteers needed

Carlyle Lake is looking for volunteers, with or without boats, to assist in this year's lakeshore cleanup and park beautification. For more information call the lake management office at 618-594-2484. Cleanup is scheduled for Saturday, April 24. It's part of the Earth Day celebration. There will be many educational programs to participate in during the day, including the Wolf Sanctuary and Ronald McDonald's ecology program.

Thank you

Thank you for your kind words and thoughts since my mother's death on Christmas Eve. I have appreciated your sympathy.

Peggy J. Gravot

Restful plants

A poll by the Gallup Organization shows that just being around plants has a positive effect on the overall well-being of 40 percent of the general population and 49

percent of those who are age 55 and over.

"A billion here, a billion there - pretty soon it adds up to real money."

Everett Dirksen



Black History Month

Black Swallow of Death

By F. Peter Wigginton
American Forces Information Service

America's and the world's first black combat pilot never flew for the United States. He was never treated to hometown homage or a White House visit. Yet he earned 15 military medals and decorations, including the French Legion of Honor.

Eugene Jacques Bullard wanted to fly for his country, but many people in the aviation community believed blacks lacked the aptitude to fly. Thus they were excluded from flight instruction. In fact, the U.S. Army Air Corps did not commission a black flying officer until 1943.

Bullard, grandson of a slave, joined the French Foreign Legion in 1914. He fought in the murderous battle of Artois Ridge, where 175,000 Frenchmen were killed, wounded or missing. After the Germans nearly decimated the Legion, Bullard transferred to the crack French 170th Infantry Regiment.

Bullard was badly injured at the battle of Verdun. While recovering from the first of four wounds, he

volunteered for, and was permitted to transfer to, the renowned French Flying School. This was followed by assignment to a squadron of the famed Lafayette Flying Corps.

He piloted a blue Spad fighter at the front and was credited with 75 flying hours over enemy territory. His flying skills were well-documented. He was nicknamed the "Black Swallow of Death."

When the U.S. entered WWI, American pilots were permitted to transfer from the French flying service to the U.S. Army. Though other Americans were accepted and he passed the physical, Bullard was not selected.

Later, the Croix de Guerre hero was permanently grounded on charges of insubordination because of an altercation with a French colonel. He was demoted and served the remainder of his time as a motorcycle dispatch rider, victim of the prejudice he had attempted to flee, according to historians.

Following the war, Bullard worked as a drummer in a nightclub, then a band leader. He operated several nightclubs of his own and became friends with many important entertainers and writers.

Between the major wars, Bullard joined the French underground and worked as a spy. At age 45 he fled Paris and joined the infantry regiment he had served with in WWI. He was wounded and was issued a safe conduct pass to escape the country. He was granted passport to New York by the American ambassador to Spain.

He lived his last years in a Harlem apartment and worked as an elevator operator at Rockefeller Plaza. He died of stomach cancer at age 67 in 1961. He was buried in the French war veteran's cemetery in Flushing, N.Y. The tricolor of France was draped across his brass coffin.

Black armor unit liberated death camps

By Rudi Williams
American Forces Information Service

During World War II, African-Americans, were the liberators of two notorious Nazi concentration camps.

The men of the 761st Tank Battalion were part of George Patton's Third Army in France. "We were an experiment to see if African-Americans could operate tanks and fight," said former tanker Preston McNeil.

The 761st fought well as the unit's tanks rumbled across six countries. Now, nearly 50 years later, it's being hailed as the first American unit to liberate two of the Nazi's concentration camps - Buchenwald and Dachau - freeing thousands of Jews and other prisoners from the death camps.

The 761st stumbled upon Dachau, and later, Buchenwald, while searching for German tanks in advance of the infantry outfits. After silencing the Nazi SS guards' machine gun fire at Dachau, William McBurney's tank was the first to break through the gates, said fellow tanker Leonard Smith. "McBurney said, 'I'm going to knock the gate down.' We said, 'Ok, we'll cover you.'"

"When we got inside, these poor human beings, just skin and bone, started running out of the buildings waving their arms," Smith painfully recalls. "We were there maybe 10-15 minutes before we got orders to move out," he said. "But those people were branded into my memory forever."

Holocaust survivor Abe



Storytelling, ancient African art lives today

Chapnick, a Polish-Jew freed by the 761st from Buchenwald, said, "I'd never seen a black person before. It was like someone came from the outer limits and would want to save us. They were like angels to us."

David Yeager, another Buchenwald survivor, said, "These are unbelievable stories. The only ones who would really understand is the 761st Tank Battalion and us - the survivors. These black soldiers - the 761st - who liberated me are my friends," said Yeager. "They're not acquaintances, they're friends because they put their lives on the line to liberate me and many more like me."

The only national recognition they received was a 1978 Presidential Unit Citation awarded the unit by then-President Jimmy Carter. Their exploits were ignored in most accounts of WWII, including the Academy Award-winning film "Patton."

Their deeds in defense of the nation caught the attention of documentary filmmakers. It took the filmmakers 10 years to piece together their final product - "Liberators: Fighting on Two Fronts."

In 1991, veterans of the 761st returned to Buchenwald and Dachau along with several Holocaust survivors to participate in the production of "Liberators." Academy Award-winning actors Lou Gossett and Denzel Washington narrated "Liberators."

"These gentlemen have some incredible stories," Gossett said. "So, if I can't do anything else, I'm going to make sure their stories are told because it's an important part of history."

By Evelyn D. Harris
American Forces Information Service

In Africa, a griot is someone who "keeps the people's history, sings the praise songs, tells the stories and shares everything that is good," according to Mary Carter Smith.

Smith, the official griot of Baltimore and Linda Goss, Philadelphia's official griot, started the National Association of Black Storytellers 10 years ago so African-American griots could get together and share with each other.

Last year's festival - storytellers would never hold something so mundane as a convention - was held in Baltimore. It was called the "10th Annual National Black Storytelling Festival - Still Talkin' That Talk."

Fellisco Keeling, a majestic presence in a magenta turban and blouse and flowing African skirt, summed it up: "Storytelling is important to help keep our families strong. We're all so scattered so much. We have to get these stories to our children."

Keeling, a Baltimore librarian, storyteller and festival organizer, joined storytellers from all over the country. The black storyteller community is like a family, she said, and she always looks forward to seeing fellow storytellers from all over.

For potential members of the family she has some advice. "Make sure you're well dressed right down to your toes. Talk to the back row of the audience, then everyone will be included in your canopy of energy. If you make a mistake, just go on. Audiences are very forgiving."

She also suggests being adaptable. She had brought handouts of a wonderfully complicated shaggy dog story, but when she got in front of the group, she opted for a much simpler one.

The 1993 festival will be in Milwaukee, Nov. 12-14, coordinated by Teju Ologboni, a professor and percussionist as well as a storyteller. Teju appeared on the "Tonight Show." The festival will feature a "liars" contest, storytelling and workshops. For more information, call 1-414-873-6656 or write to: NFBS, P.O. Box 16706, Milwaukee, WI 53216.

Most members of the National Association of Black Storytellers tell stories in schools and libraries, at folk festivals and on public television and radio stations. But as corporations and government organizations develop more of an appreciation for multiculturalism, more members are telling stories in board rooms and other unusual locations.

Thomas Watson is a certified public accountant, storyteller and motivational speaker. He accompanied U.S. trade negotiators to Mexico for work on the North American Free Trade Agreement and to Europe for General Agreement of Tariffs and Trade talks.

Watson said African-Americans, Hispanics and others have an attitude of cultural flexibility helpful in discussions with foreign leaders. "For survival, we've developed cultural flexibility," he said. "By that, I mean we approach people of differing cultures, appearance, language and so on with humility and respect. Unfortunately, not all Americans have always approached others this way."

Retirement

ALBAN L. LEGRAND
LAKE MANAGER AT CARLYLE LAKE
WILL RETIRE TO THE GOOD LIFE.
A PARTY IS PLANNED.

DATE: March 19, 1993

PLACE: Knights of Columbus Hall
1471 Fairfax St
Carlyle, Il.

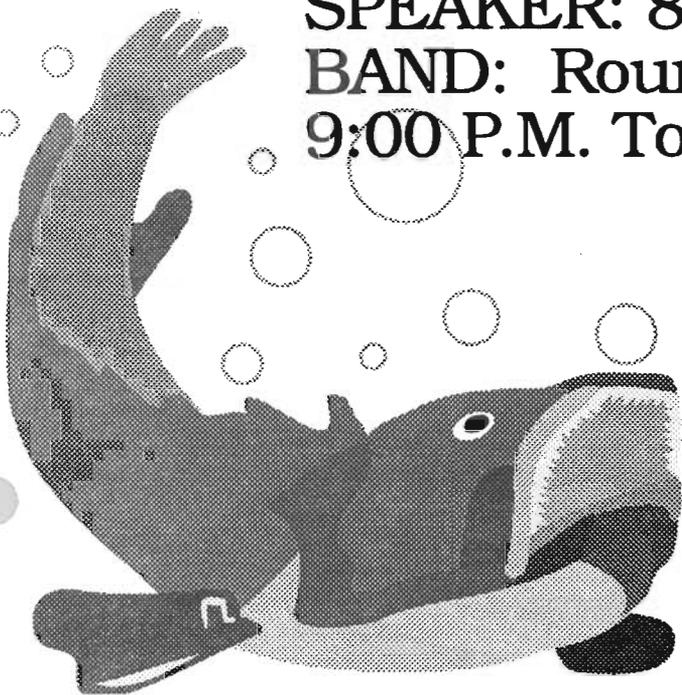
TIME: 6:00 P.M. Social Hour

DINNER: 7:00 P.M.

SPEAKER: 8:00 P.M.

BAND: Round Two

9:00 P.M. To 12:00 Midnight



(OVER)

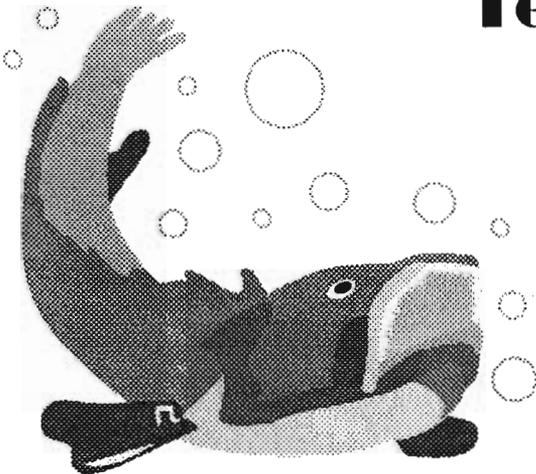


MENU

White Alaskan Fish
Chicken
Roast Beef
Mashed Potatoes & Gravy
Slaw
Green Beans
Corn
Bread & Butter
Tea or Coffee

Price is \$10.00 per person
(this includes a gift)
Make checks payable to:

C.A.C.
Carlyle Lake Management Office
801 Lake Road
Carlyle, IL. 62231-9703



Return bottom portion with check by March 10, 1993

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Section: _____ Phone: _____ Number of tickets: _____



The "A" list update

Priority list update. We have been making good progress on the "A list" items. Three "deliverables" were completed on schedule since the list was published in the December Esprit.

1. St. Peters draft DPR was submitted to LMVD (12/31/92).
2. EMP Stump Lake (Item 1) P&S went to CT (11/30/92).
3. East St. Louis Gambling Boat permit was issued (12/14/92).
4. Carlyle Visitor Center Construction Contract awarded (1/6/93).

A special thanks to all who participated in meeting these deadlines.

The following is an update of the priority list as of 15 January:

a. Specific Items.

ITEM	DELIVERABLE	MILESTONE
Bois Brule	Draft Feasibility Report	3/94
Cape Girardeau, Walker Branch #1	P&S to CT	2/22/93
East St. Louis, Cahokia Low Dam	P&S to Tech. Review	4/15/93
East St. Louis, North & Venice Pump Station	Award Contract	4/30/93
EMP, Stump Lake (Item 1)	Award Contract	5/31/93
EMP, Swan Lake	P&S to CT	6/93
Kaskaskia Basin	Draft Recon Report	1/31/93
L&D 24	Rehab Report to Tech. Rev.	2/15/93
Locks 27 lift gate	P&S to Tech. Rev.	3/15/93
Mel Price, Admin Maint. Bldg	P&S to Tech. Rev.	7/93
Riverlands	Draft Master Plan to Tech. Rev.	9/93
Shelbyville, Opossum Creek Land Treatment	Award Contract	1/15/93
St. Peters Cont. Auth.	DPR	3/31/93
Upper Miss. Illinois River Nav. Study	Draft Feasibility Report /EIS	1997
Valley Park	DM	1/93
Wapappello Roads	FDM	9/30/93
Rend Lake	Vegetative Control (Mowing) Contract	5/12/93
Rend Lake	Refuse Removal (Trash) Contract	4/30/93
All Lakes	Fee Collection (34*) Contracts	2/15/93

b. Processes.

- Budget
- COB
- DAWIA Implementation
- IRM
- Legacy
- Maintenance Management Program
- OEW Program
- Property Accountability
- Regulatory

* Need to complete orientation prior to campgrounds opening.

The list is being reviewed at the monthly Project Review Board (PRB) meetings. New items will be added to the list subject to the DE's approval. At the January PRB it was decided to add the key A-E contracts (award of a new contract or an important work order) and key service contracts at our projects.



It's tax time again!

Electronic tax filing speeds refunds

Computer-assisted tax filing takes weeks out of waiting for the federal refund check, said Internal Revenue Service Officials.

It usually takes about eight weeks to receive a refund check when you file your tax return through the mail. However, electronic filing speeds the process. It eliminates the hand processing of tax returns and does away with missing schedules and math errors.

For the taxpayer, this means a refund check could be in hand in about three weeks. Or, said IRS officials, if the check is to go to a checking or savings account, it could be deposited within two weeks.

If you owe additional taxes, you can file electronically now, but you don't have to pay until April 15, said IRS officials. Filing ahead of time gives you IRS confirmation and the benefit of knowing that your tax return has been received.

In 1986, only 25,000 federal tax returns were filed electronically. In

1992, the number jumped to 10.9 million.

If you decide to file your tax return electronically or have a tax preparer compile your taxes for you, the IRS suggests you:

- * Choose a preparer who will be available to answer questions concerning the return months after it has been filed.

- * Don't hire an individual who promises a larger tax refund than other tax preparers can get or one who bases his fee on a percentage of your refund.

- * Consider hiring a certified public accountant if your taxes are complex.

- * Never sign a blank tax form.

- * Make sure you get a copy of every form sent in as part of your tax package.

- * Remember, you are responsible for everything in the tax return, whether you filled it out or not.

The IRS is looking at several other alternative methods of filing

federal tax returns. These include a computer program that prints out only the tax lines needed and can be used on your home computer, and TeleFile, which is being tested in Ohio.

The IRS is working with several computer software producers on a tax package that can be used at home and is easily available. According to IRS officials, this package will print only those line entries needed.

For the second year, the IRS is testing TeleFile. Under this system, about a million single residents in Ohio who receive the short form, Form 1040EZ, and have no changes to the tax label, can call a toll-free telephone number. Using a touch-tone telephone, they can enter their wages, interest and the tax withheld. The IRS figures the adjusted gross income and any tax refund or tax due while the individual remains on the telephone line.

Top IRS pub

The Internal Revenue Service's "best-selling" free publication every year is "Guide to Free Tax Services." The pamphlet lists all the free IRS services, ranging from toll free telephone numbers and publications to tax counseling and overseas assistance. In addition, it lists every IRS form and publication available. For your free copy of Publication 910, call toll free 1-800-829-3676 or write to:

Internal Revenue Service
Forms Distribution Center
P.O. Box 25866
Richmond, VA 23289.

Tax return copies

The IRS can provide copies of past federal tax returns at \$4.25 each. Call toll free 1-800-829-3676 and request a copy of IRS Form 4506, "Request for Copy of Tax Form." Send the completed form and payment to the IRS center where the tax return was originally filed. Allow about six weeks for processing.

Refund status

If you expect a tax refund and more than eight weeks have passed since you filed your federal tax

return, the Internal Revenue Service will check on the status of the refund. Call the Tele-Tax Refund Status Information System, updated once a week, toll free at 1-800-829-4477, and the IRS will track refund status down for you.

You'll need to provide your Social Security number, filing status and the exact amount of the refund expected. Touch-tone telephone users can call Monday through Friday, 7 a.m. to 11:30 p.m. EST; rotary dial, Monday through Friday 9 a.m. through 5 p.m. Best time to call, said the IRS, is Wednesday morning.



IRS watches out for taxpayer rights

Tax problems never seem to end? Don't feel you have any rights when it comes to paying your federal income tax?

The Taxpayer's Bill of Rights and the Internal Revenue Service's Problem Resolution Office may be just the help you need.

Enacted by Congress and signed into law in 1988, the Taxpayer's Bill of Rights says the IRS has to explain in easy-to-understand language what action it is taking against you. In addition, it guarantees:

- * Personal and financial information will be kept confidential;

- * Interest will be paid on delayed refunds;

- * The right to appeal examiner's audit findings; and

- * Free assistance in preparing tax returns by providing publications, and walk-in and telephone service.

The law also discusses property seizures, tax bill payments by installment and possible court

action against the U.S. government.

IRS Publication 1, "Your Rights as a Taxpayer," discusses the subject in depth. For a copy of the free publication, call toll free 1-800-829-3676 or write to:

Internal Revenue Service
Forms Distribution Center
P.O. Box 25866
Richmond, VA 23289

The Problem Resolution Office assigns tax specialists who try to wrap up cases within 30 days. These problem solvers are used to dealing with complex issues ranging from misplaced deposits to miscommunication and more.

Areas they handle include:

- * Tax assistance and information, if 45 days have passed since you originally asked for help;

- * Incorrect IRS actions;

- * Notices from the IRS that you have responded to and have now received a third notice;

- * Suspension of agency actions under certain circumstances;

- * Your refund status, if more than 90 days have passed since you filed your return and you had previously contacted the IRS; and

- * Problems remain after discussing an IRS employee's recommendations or actions with his supervisor.

The resolution office can't handle every problem, though, IRS officials noted. Cases outside the office charter include Freedom of Information and Privacy Act requests, criminal investigations, appeals of technical determinations in audits and employee misconduct.

For more information about problem resolution and assistance, contact the local IRS office. Hearing-impaired individuals with access to a telecommunications device for the deaf should call toll free 1-800-829-4059.

IRS offers tax forms for every situation

If you sold a house, moved, started a business or were robbed during 1992, don't worry. The Internal Revenue Service has numerous tax forms and schedules to help make your federal tax filing easier.

These are just a few of the many subjects the IRS's forms and schedules cover. Ones you may need include those that deal with child care, earned income credit and interest income.

Make sure you have all the forms and schedules you need before beginning to fill out the tax return. In addition to cutting down on the time required to fill

Status changes federal tax withholding

How much of your paycheck is withheld for federal taxes depends on the IRS Form W-4 you filed with your employer.

One thing the "Employee's Withholding Allowance Certificate" does is affect the size of your tax refund - or bill - at the end of the tax year. A change in your personal or financial situation may affect the accuracy of your withholding, and you may need to have more or less taken out to compensate, said IRS officials.

The IRS said if you answer yes

to any of the following questions, you may need to fill out a new Form W-4 for the 1993 tax year:

- * Did you marry or divorce?

- * Did you gain or lose a dependent?

- * Did you have a change in family wage income or nonwage income?

- * Did you have to pay more taxes when you filed the 1992 tax return than for the 1991 return?

For more information on withholding, request a free copy of Publication 919, "Is My Withholding Correct?," from the IRS.



Out the tax package, it also simplifies the process. Last year's tax return may give an idea of what forms and schedules you need if your tax situation hasn't changed.

Some of the most widely used federal tax forms include:

- * Form 1040X, "Amended U.S. Individual Income Tax Return";
- * Form 1099-MISC, "Miscellaneous Income";
- * Form 2119, "Sale of Your Home";
- * Form 2441, "Child and Dependent Care Expenses";
- * Form 2848, "Power of Attorney and Declaration of Representative";
- * Form 4506, "Request for Copy of Tax Form";
- * Form 4684, "Casualties and Thefts";
- * Form 4868, "Application for Automatic Extension of Time to File U.S. Individual Income Tax Return";
- * Form 8815, "Exclusion of Interest from Series EE U.S. Savings Bonds Issued After 1989";
- * Form 8822, "Change of Address";
- * Form 8829, "Expenses for Business Use of Your Home";
- * Schedule A, "Itemized Deductions";
- * Schedule C, "Profit or Loss from Business";
- * Schedule C-EZ, "Net Profit from Business"; and
- * Schedule Earned Income Credit."

To request IRS forms or other IRS publications, call toll free 1-800-829-3676 or write to:

Internal Revenue Service
Forms Distribution Center
P.O. Box 25866
Richmond, Virginia 23289.

"I'm proud to be paying taxes in the United States. The only thing is - I could be just as proud for half the money.

Arthur Godfrey

World's largest consumer needs to go green

In 1976, Congress enacted the Resource Conservation and Recovery Act (RCRA), which mandated agency recycling whenever practical. In response to the lack of progress, then President George Bush, in October 1991, issued Executive Order 12780, restating RCRA's directive. Most agencies now have programs which are half of the symbolic loop that signifies recycling - collection of used materials. But when it comes to its equally important counterpart - buying products made with recycled content - the world's largest single consumer, the federal government, is a near total failure.

Most agencies collect paper, newspaper, glass and aluminum. Some collect other materials, such as waste oil, solvents, lead acid batteries, plastic, tires, wood, compost, Freon and brass casings. Environmentalists are now seeking to stimulate demand for recycled-content ("green") goods, and since the federal government accounts for about 12 percent of our nation's gross domestic product, an estimated \$200 billion of which is spent on consumer goods and services, who better to create demand for green goods?

RCRA requires agencies to have an affirmative procurement pro-

gram for buying green. However, most agencies are unaware of their obligations and few have a program. One problem with buying green is that recycled products often cost more. Environmentalists believe agencies should be required to buy recycled-content products even when they cost more, which is a touchy issue for procurement officials in these budget-cutting times. Habit is another impediment. Another problem is the perception that green products are lower quality. Two decades ago, they were, but since then they have improved. Finally, the bureaucracy inherent in selling to the federal government intimidates many new companies that market recycled content products.

Last June, more than 200 vendors and 1,000 government officials came to the Government Buy Recycled Trade Fair in Washington. High level support is badly needed and the pressure is not going to be let up. The Environmental Protection Agency is committed to getting the feds in the movement.

(The above was condensed from an article by Thomas Hixson, Closing the Recycling Loop, published in the October 1992 issue of Government Executive.)

Women experience economic loss in divorce

A large study by Louisiana State University shows that women divorcing today suffer just as much economic loss as those divorcing in 1960 or 1970.

White women had a 43 percent drop in income after divorce in the 1990s, and a 46 percent drop in 1960. For black women, the decline

was 45 percent in the 1990s, compared with a 51 percent drop in income suffered in 1960.

Divorcing white men averaged a 7 percent increase in income, while black men suffered some decline in income, but substantially less than black women.



To your health

'Guaranteed' weight control plan

Nutritionists at the Pritikin Longevity Center in Santa Monica, Calif., say there is an eating plan that eliminates counting calories and is guaranteed to whittle away excess weight. It's a safe plan that provides for slow, lasting weight loss of one to three pounds per week:

Cut out fat: All fats count, not just those that have cholesterol. Fats contain more than twice the calories of carbohydrates. Worse, fat calories convert to body fat easily. Limit meats to 3 1/3 oz. of the leanest kinds like skinless chicken, turkey breast or fish if you are really serious.

Gorge on vegetables. It's unlikely that you could eat enough vegetables to gain weight. Eat soup-and-salad lunches. For a more filling meal, add beans and pasta.

Eat whole foods and fiber. A whole orange is a better choice than orange juice. A whole apple or a whole potato would be better than one without the skin because it contains more fiber. Fiber found in fruits, beans, oats, lentils and many vegetables can aid in weight loss.

Eat half as much twice as often: Cut your three meals into six and spread them out over the day. Large meals increase insulin production, which stimulates

appetite and promotes fat storage. **Burn fat with aerobic exercise.** Work up a sweat by brisk walking or cycling for 20 to 30 minutes several times per week to put your fat-burning capacity into high gear. Done regularly, the fat-burning mechanism becomes more efficient.

Take a long walk: Burn calories with a 45 minute walk at a comfortable pace six times per week. The longer you walk, the more calories you will burn. This is especially effective if you also do the aerobics.

Exercise before breakfast: It's not only a habit that's easier to keep, but exercising on an empty stomach makes it more likely your body will burn fat.

Bread: Still the staff of life

Once the basis of human diet in many cultures, bread lost favor in the Western world for some 50 years. Bread was out of style because diet "experts" said it was fattening. They wanted weight-conscious people to eat lean meat and cottage cheese instead.

Now, limiting animal protein, cutting back on fat and increasing consumption of fiber-rich starches is the order of the day. Bread has come back, which is not surprising. Human beings are naturally drawn to grain foods. Pasta, rice, corn and some types of bread are staples in almost every culture.

It is ironic that the breads dieters craved all along have

become the most acceptable food to eat. Even more important, the newest research shows that what we eat is more important than how much we eat.

The body resists storing carbohydrates, such as those we get from bread, while it easily stores fats. Hearty, wholesome bread, one of the most respected members of the carbohydrate family, turns out to be a food we can freely enjoy without guilt.

The wonderful fact is that whole grain bread is a perfect diet food. Research shows it eliminates that deprived feeling that is the downfall of long-term weight control. It may seem downright

sinful to eat your fill of wonderful chewy bread, but it isn't. Nutrient-packed whole grain bread features fiber that also absorbs water, helping to maintain the health of the digestive system.

What you put on your bread, however, is what may add many calories. Top it with a mound of butter, margarine, cheese, mayonnaise and fatty cold cuts, and you will be giving your body a mountain of fat to store - in places you can see, and places you can't see, like inside your blood vessels.

Pair your bread with vegetables or a marinara sauce, or soup, and partake in bread as the symbol of plenty.



Retiree Review

By the Retiree Correspondant

On January 21st, 39 brave souls appeared at the Salad Bowl for a delightful luncheon, reminiscing, eating and all those good things. Our storytellers had run dry - stories were scarce except for Loren Ligon, who had a few.

Gordon and Elaine Davis set a new record by attending two consecutive luncheons. Bravo! Lee Briece and Mary Teiber were also seconds.

Lou Scheurmann reported that Lee Robinson, a former employee who moved to greener pastures, had bypass surgery about a week before and is doing great. Keep it up Lee. Carl Baron had two short stays in a hospital since last meeting, but is home and sounded "rite perky" except weak. Richard Walls is still in a nursing home - slowly improving with therapy. Homer Duff was absent - his wife, Letty, had injured her leg and Homer takes her to therapy daily. She's improving nicely. A current employee, who we all know, Walter Wayne, had triple bypass a few days ago and is doing nicely. Neva Dickmann called Kate Stiles during the meeting and left a message that Rose Duda had a fall during Christmas week, dislocating a shoulder and breaking an arm. Now she's home from

the hospital and recovering nicely. Good luck, Rose! Sympathy is extended to the John Hynek family. John passed away December 30. Mike Cullen reported that he had attended the mass for John at St. Francis Assissi Church. John donated his remains to St. Louis University.

Howard Beinke, who retired in 1965, was the oldest retiree. I'm sorry I failed to note in the last review that Bob Maxwell had that honor at the Christmas meeting. Sorry, Bob.

Jack Niemi of the District Office made a report on proceedings at the office. Construction and Operations are again Con-Ops. They are in the process of reorganizing the offices and moving. The reorganization seems to be status quo for the Corps in general.

We want to invite and encourage the recent retirees (and all who have not attended since retirement) to come join us - and all those who only attend once in a while to become regular attendees. You're missing a very enjoyable time. I'd like to have our attendance so large we'd have to have Salons I, II and III.

Remember the February 18, 1993, meeting at the Salad Bowl. Mark your calendar and attend - Salad Bowl - about 11:30 - February 18. Make this year's attendance better with each meeting.

Condolences

Huel B. Smith, who retired from the Engineering Division in 1978, passed away in Jerusalem, Israel, December 22, 1992. He was buried there as he requested.

Wallace M. "Pat" Grimaud passed away on January 20 at the age of 85. Pat retired from the Corps in 1972.

Retirees...

Fred McLard retired from the Hydraulics Branch January 3rd after 33 years of federal service, all with the St. Louis District.

John Miller retired from the Upper Mississippi Resident Office February 3rd after more than 33 years of federal service, 22 years with the St. Louis District.

Learn the early warning signs of gum disease

A recent survey conducted by the American Dental Association (ADA) shows that only four percent of adults believe they have the gum disease gingivitis, even though an estimated 75 percent have been shown to have the disease in at least a minor form.

Left undetected and untreated, gum disease can result in tooth loss.

Early warning signs are red, swollen and bleeding gums. The study found that about half of respondents thought gums that bleed during tooth brushing were normal.

The ADA recommends a three step tooth cleaning procedure to prevent gum disease: Brushing, flossing and rinsing with an

antimicrobial mouth rinse twice daily to enhance prevention efforts.

Cleanings by a dentist or dental hygienist are the basis for an effective program. The sharp edges of plaque buildup at the gum line cause small wounds, resulting in bleeding and a path of entry for gum disease germs.

District Staff Creed

Preamble

The St. Louis District is its people. Its people provide the nation public service and public works. We the District Staff leadership are committed to our people and our mission.

Statement of Commitment

We, the District Staff, will act with unity. We will work together, include each other and rely on each other to promote understanding and consensus. We each commit ourselves, personally and professionally, to respect one another, support one another and respond to one another's needs with courage, candor and conviction. We will make decisions built on fairness, honesty and integrity. Through these actions we will build a reputation for trust among ourselves and with the people who make this District work. We take responsibility, individually and as a group, for this commitment and ask those who we work with to help us and challenge us to succeed in making ourselves better people and a better District.

Karen Baum *Louis J. Chodura*
Michael A. Draper *Gene Reznick*
Carol Pitzer *Tom Kelly*
Sally Greenbarr *Barbara Galtgen*
W. R. Smith *Bill Hart*
Maggie J. Callerson *Ruthy J. Tolber*
Walter C. Feld *Michael D. Banning*
D. E. Mitchell *Gickel Schramberg*
Malin W. Baldus *Will R. Hetter*
Arthur Glusa *Terry Lams*
 Owen Orstedt

