

ST. LOUIS ARMY ENGINEER DISTRICT

ESPRIT

Vol. 29 No. 7

Winner 1991-92 Army Communities of Excellence Award

July 1992

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Stelbrink saves lightening victim

Saturday, the 16th of May, was just like any other Saturday when Lock and Dam Operator Leader Dick Stelbrink came on duty at Lock and Dam 24. He didn't know, at the time, that in a few minutes he would be the difference between a girl living and dying.

About 3 p.m. that Saturday twelve year old Kelly Saali was waiting out a thunderstorm on Carroll Island on the Mississippi about four miles downstream of the lock and dam. She was struck by lightning.

Dick received a radio call from the tow boat Bob Labdon within a couple of minutes of the event. He was told there was a severely injured young girl being brought to the lock and dam. He called the Pike County, Missouri, ambulance service and told them to meet him at the Clarksville Boat Club, downstream of the lock. When the boat arrived he boarded and told the operator to proceed to the boat club. Then he turned his attention to the girl.

She appeared to be dead. There was no pulse or breathing.

"I didn't think there was a ghost of a chance to save her,' Stelbrink would later say.

He began CPR. When they arrived at the boat club, Phyllis Gladney and nurse Linda Black helped him administer CPR. "It's just a miracle that she's still living," Gladney said.

By the time the ambulance departed for Pike County Memorial Hospital the girl's heart was beating. She was flown by helicopter to the University of Missouri Medical Center in critical condition. Two days later she was upgraded to serious condition. She has continued to improve.

According to everyone involved, Kelly Saali is alive today because of the quick thinking and heroic effort of Joseph R. (Dick) Stelbrink.



View from the top -



COL James D. Craig

...there will be few, if any, team members who will be forced to leave the District.

Another Engineer Picnic has come and gone, and summer is upon us. The picnic was a lot of fun, and I enjoyed talking to a lot of people. I want to thank all the members of the Civilian Activities Council and all of the volunteers who so generously donated their time and talents. Without your efforts and enthusiasm, we could never have such a successful event. THANK YOU! I noted the special enthusiasm shown by a lot of folks at the dunking booth. Who was that man with the shotgun for an arm from Office of Counsel? It did appear that the longest lines were formed at the dunking booth when an unnamed member of OD was in the booth.

The dust is about to settle on the restructuring/RIF in the District. Although there is a lot of movement going on between positions, it appears that there will be few, if any, team members who will be forced to leave the District. I know this has not been an easy procedure for any of you, but I think it will now allow us to concentrate on our customers, and provide them timely and quality products and services. I would ask each and every one of you to look at what you do, and how what you do fits into our processes to serve our customers. Are we doing something that is necessary? Are we doing it in the most efficient and time saving manner? Are we processing items strictly sequentially when some parts could be done in parallel? We all need to look at these and make/suggest changes to improve customer service. How we are viewed by potential customers will determine if they choose to use us in the future. The direction of the future is for our customers to have the option of using us, or someone else.

Congratulations to Sonny Trimble! Through his efforts, we are being named a center of expertise in curation. Thanks are also in order for all of you who have supported this effort (including those of you in CT). This is another example where teamwork, recognition of a common goal, and persistence have paid off.

We have now completed part of our Caravan visits to the lakes and field offices. I for one have found them to be helpful, and the feedback I have received on them is all positive. We will continue them on a regular basis. Enjoy your summer and THINK SAFETY!



US Army Corps of Engineers
St. Louis District

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Our "river people" come thru again

At mid-morning on Thursday, June 11, a northbound tow of 15 empty barges collided with the riverwall leaf of the upper miter gate at Lock and Dam 25 causing major damage to the structural steel. The lock had to be shut down until Corps floating plant could be mobilized and the damaged gate replaced with a spare miter gate leaf. At 6:15 p.m. Sunday evening the lock reopened. Forty-nine tows were waiting to lock through. It could have been double that if it hadn't been for the can-do attitude of our Service Base and lock personnel.

The floating crane Sewell was at Melvin Price Locks and Dam when the accident happened and was directed to head immediately to the Service Base. The boom length on

the Sewell had to be shortened to make the heavy gate lift and a spare gate had to be assembled to replace the damaged gate leaf. It took until mid-day Saturday to complete these tasks. Then the Sewell, with spare leaf, headed for Lock and Dam 25.

On Sunday the damaged gate leaf was pulled out and the spare put in its place. The damaged gate was taken to the Service Base where repairs have begun.

The backlog of tows waiting was eliminated by Wednesday, June 24th.

Long hours over the weekend by our people at the Service Base and lock kept down time to a minimum. Hats off to the people who keep our floating plant and locks going come what may.

Extra Mile Award

Congratulations to Ms. Barbara Boswell and Ms. Lucy Schulze, recipients of the PO Extra Mile Award for the second quarter, FY92.

Ms. Boswell was nominated by customers for having gone the extra mile in providing information that required many hours of her time. Ms. Schulze was nominated by several co-workers for the exceptional service she provided in the area of automated systems continuity during absences of our full-time systems manager.

The District appreciates your extra effort and commitment to customer service.

Interpreters for hearing impaired

Interpreters for the hearing impaired are now available through the CASU. Your agency may need this service for presentations and briefings, interviews, counseling, grievances, or on-the-job training.

The CASU can provide interpreters proficient in four sign languages: American Sign, Signed Exact English, Pidgen Signed English and Minimal Sign.

A two hour minimum is required with three days notice for routine requests and two days for emergencies. Call the CASU office at 539-6015 or 6016 for further information or request forms.

Senior Olympics winner

Mel Stohl, Structural Section of the Engineering Division, participated in swimming competition in the Senior Olympics at the Jewish Community Center in St. Louis in May. He won the bronze medal in the 100 yard breast stroke in his age classification. Age classifications are set up in five year groups, ie, ages 55-59, 60-65, etc.

Winning a medal makes him eligible for the Nationals in Baton Rouge, Louisiana, in 1993.

Urban rescue specialists

Vic James, CD-QM, and Tom Niedernhofer, ED-DA, were two of the 15 Corps applicants selected to participate in the first Urban Search & Rescue Structures Specialist training class. Those 15 were selected from a group of 169 who applied Corps-wide. The class was held in San Luis Obispo, California, for two weeks in June.

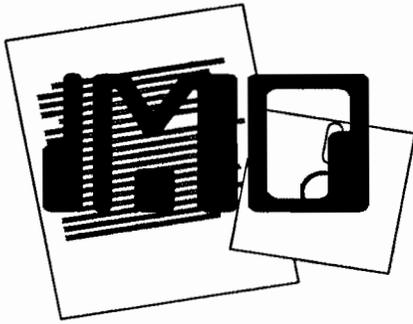
The class was physically as well as mentally demanding.

Women's Memorial closer to reality

By Evelyn D. Harris
American Forces Information Service

The National Capital Memorial Commission recently approved a revised design for a women's memorial in Arlington (Va.) National Cemetery.

Groundbreaking for the memorial is scheduled in November 1993, said Jim Weiskopf, spokesman (continued on page 8)



Right Hand Man II (new version features)

An upgraded version of Right Hand Man II was installed on the District Office files servers on July 2, 1992. Futurus Corporation has changed the e-mail system name from Right Hand Man II to Futurus Team (but it will probably always be called Right Hand Man in our District).

Following are the upgraded features for users:

1. When sending to multiple users and an error is received when trying to send to a particular user, the system will now continue sending to the rest of the list rather than aborting at that point. (this should be good news to those at the top of the alphabet who sometimes received 4 or 5 copies of the same message.)
2. Users can now create their own personal group listings.
3. Users may now attach up to 64 different files to an e-mail message: (It is doubtful that anyone will ever need the maximum capability, but we're sure someone will test its limits.)
4. Users can configure their e-mail account to have a "Trash Mailbox." This mailbox will receive all deleted e-mail messages and these messages will be held for a "user" specified number of days, after which they will be deleted by the system.
5. Users can now configure their account to capture any

printed ASCII test output, from another program, to an e-mail message.

6. Users can now attach notes to a group scheduled event.

7. Users can now move a group scheduled event from one time to another, or from one day to another. The system will send a message to all the users scheduled in that event that the event has been rescheduled.

8. Users can now delete a group scheduled event and the system will send a message to all users scheduled in that event, informing them that the event has been canceled.

9. Users can now tag multiple messages in the e-mail and phone-message-center for deletion, moving, etc.

10. The addition of Remote X.400 Users to personal or global groups now exists. (This does not help much yet because there are currently other portions of the Remote Module that still do not work.)

Microcomputer Users Group

As a result of IMO Initiative Meetings and in response of IMC and ACOE requests, the IMO is coordinating the reformation of the District's Microcomputer User's Group. The group will meet periodically to discuss various microcomputer application techniques, problems, solutions, etc.

Users can choose to attend meetings when the topic is applicable to them. For example, a WordPerfect user may choose to attend a meeting when WordPerfect will be discussed, but choose not to attend when dBase is the topic. Meeting topics and frequency will be determined by interest.

The meetings will not be rigidly structured but rather be an open forum of discussion. The IMO will always be represented, but not

necessarily conduct each meeting. This will be a good opportunity for "experts" to share their knowledge with those who may be struggling with similar problems. This will allow the District to further develop the teamwork concept at the most important level - the user level.

If you would be interested in attending a Microcomputer User's Group meeting, please send a RHM message to JONESR and state what topics you would be interested in. We will set up the first meeting in a few weeks with the topic to be determined by response received.

NOTE: Server administrator meetings will be conducted separately.

Help! I can't get into the District Office LAN

Field office personnel and portable PC users who dial into the District's Local Area Network, can occasionally run into the problem where, after dialing the proper telephone number for access, the District end just rings and rings and...

This should be a rare occurrence, but, like all IM related problems, it should be reported to the IMO Customer Support Center (CSC) at 331-8700. Please report the problem even if the suggested alternative below works for you, since it will help prevent others from being inconvenienced. (The IMO cannot fix what it does not know is broken.)

Normally, the instructions are to dial into the LAN by dialing 331-8690. This is the telephone number for the first of five (soon to be six) modem/PCs set up in a hunt group so that your call will be answered by the first available modem/PC configuration.

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Property Inventories update

We are continuing to say thanks to all of you who willingly and efficiently accommodate the Facilities and Supply Branch with your assistance in completing your property inventories.

To date, we have completed about 37 percent of all FY92 requirements. This means scanning, reconciliation, transfers and signature. We are continuing to provide assistance and advice to those who are in the reconciliation mode.

District enrolling in Oil Analysis Program

The St. Louis District is gearing fast toward enrolling various types of construction/engineer support equipment in the Army's Oil Analysis Program (AOAP). AOAP is a DoD-wide effort to detect impending equipment component failures and to determine lubricant condition through periodic analytical evaluation of oil samples. It is a mandatory

Save budget dollars

PRICES SLASHED UP TO 17 PERCENT for 9 1/2" x 11" perforated computer paper. The single largest USE item in ANY agency has been reduced in a bold marketing initiative by the FSS Office, effective April 1, 1992. The same excellent quality - 17 PERCENT CHEAPER! (9 1/2" x 11" - 1 part -2500 sheet box - \$12.94. 2,3,4 and 5 part w/carbon available at the same savings.)

Recycling

Everyday GSA and FSS (Federal Supply Schedule) Office is pursuing and negotiating with vendors to provide more and more environmentally sound products AT SUBSTANTIAL SAVINGS.

GSA and vendor sponsored trade shows and conferences are being conducted throughout the United States to heighten federal agencies awareness of GSA's responsiveness to such a sensational subject.

maintenance tool for all aeronautical and selected non-aeronautical equipment in the Army.

Some of the benefits we will receive by enrolling in the AOAP are:

- 1. Oil change intervals will be reduced.
- 2. Sampling costs compared to commercial rates are substantially lower.



Good days versus bad days

By Carol Pitzer, Chief, Information Management Office

Have you ever gotten out of bed in the morning and your body didn't seem to work right. You were uncoordinated, sluggish. Your responses were slow and you couldn't get moving at your normal speed. Your mind seemed to wander and you put your shoes outside instead of the dog. You just couldn't get yourself "together." You arrived at work and you didn't remember driving. That would have scared you, but nothing seems to concern you this morning "cause you just can't seem to get it going." What's the problem? Maybe it's your daily biological rhythms.

Most people have the same pattern of biological rhythms. If you understand these rhythms, you can help co-workers have more productive days. The morning hours are normally good for short term memory processes. If you and your co-workers need to discuss statistics, figures, columns of numbers, a morning meeting is the best time. Statistics and figures can be compared and decisions on how to improve can be effective in the early part of the day.

Late morning is the best time for complex thinking, creative decisions and organizational skills. Complicated problems can be analyzed, procedural problems

(Continued on page 6)



On The Soapbox

Around the District

Mike Kruckeberg, OD-N, spoke to members of the Normandy Kiwanis Club at Norwood Hills Country Club about the Corps' role in maintaining navigation on the Mississippi River and about the construction of Melvin Price Locks and Dam.

Riverlands Office

Park Ranger Julie Ziino spoke to a summer reading class at the Wood River Public Library on the importance of wetlands and the Corps' role in preserving wetlands at the Riverlands Area. She also gave a presentation at the Visitor Orientation Facility and a tour of the Environmental Demonstration Area to Boy Scouts and Mike Roberts, KMOV Channel 4 meteorologist, who was visiting with his son's troupe.

Wappapelo Lake

Park Ranger Andrew Jefferson, Sr., did three live radio interviews with KJEZ of Poplar Bluff to promote water safety, Armed Forces Day and to update the public on camping availability. Park Ranger Penny Ridenour did an interview with KGMO, Sikeston, for the same purpose.

Park Ranger Doug Nichols did a television interview with KFVS-TV 12 from Cape Girardeau on the recent rash of vandalism on public lands. He requested public support in identifying vandals.

Park Ranger Andrew Jefferson, Sr., was interviewed by the Daily American Republic in Poplar Bluff about scheduled activities for Armed Forces Day.

Rend Lake

Park Rangers Pam Robinson and David Smothers entertained and informed the crowd at Kiwanis Fun Day with wildlife and reptile programs. There were clowns, live music, games and more to make this day special for the adults and children with special needs who attended.

Park rangers welcomed more than 750 people to North Marcum Recreation area where they took part in the annual picnic for Illinois Secretary of State George Ryan. The rangers presented programs on snakes and wildlife.

Carlyle Lake

Park Rangers gave 20 people from the Information Management Office a tour of the lake. They spoke about recreational safety and the ecology of the lake.

Park Ranger Joe Smothers in conjunction with the Illinois Department of Conservation offered a boating safety course. The eight hour course provided instruction in rules of water safety, Illinois boating laws, first aid afloat and other topics.

Lake Shelbyville

During the past month, besides regularly scheduled programs, Interpretive Rangers gave nine special request programs to a total of 356 students.

Mark Twain Lake

Park Rangers Randy Doman and Mike McAfee attended a Boy Scout Jamboree where they spoke on wetlands to a group of 200 Boy Scouts.

Days (continued)

worked out with less time and confusion. Most people will become more alert during the noon day, so if the meeting extends into lunch, you may be able to clean up complex issues.

Most people are in the best mood in the morning. No one understands why, other than the boss hasn't gotten to you or the news that you have to rewrite that report hasn't reached your desk yet. Since the early morning is the best overall mood for the day, this is a good time to handle unpleasant tasks, such as a bad performance discussion.

Most people will tell you "they go brain dead" in the afternoon. That's not true for the majority. People should avoid problems that require high levels of concentration. But we seem to get our second wind and can be very productive in late afternoon. Long term memory is best in the afternoon. If you have something you want people to remember, schedule the meeting in the afternoon. Training sessions late in the afternoon are a good idea.

We all have variations on biological rhythms, but the behavior just discussed seems to be the norm. Not everyone fits into this pattern. Everyone has that day "when they just can't get organized." Try to schedule your work around some of the biological rhythms and your work could improve. But you'll still have those days where nothing goes right.



News Briefs

Kreutzer baby

Carol Kreutzer, ED-DW, is a mommy. She gave birth to 8 lb., 5 oz. Andrew Edward on Saturday morning, May 30th.

BG Stevens promoted

BG Pat Stevens, Commander of the Lower Mississippi Valley Division, has been nominated for promotion to major general and been made acting Director of Military Programs in USACE until further notice.

Duck Race

The Visiting Nurses Association and the Sunrise Regional Hospice will benefit from the Great Kaskaskia Duck Race which took place at Carlyle Lake on Sunday, June 21st. For \$5 you could adopt a duck. Almost 3,000 people watched 13,000 rubber ducks fall from the top of the dam. The adoptive parent of the winning duck won \$5,000.

Riverlands Today

The first edition of "Riverlands Today" is being distributed along the Mississippi and throughout the District. The tabloid size newspaper, made possible by the Riverlands Association, is printed by the St. Louis Business Journal at no cost to the government. The paper will be published twice a year.

Talks at L&D 24

Talks hosted by rangers at Lock and Dam 24 began Sunday, June 28 at 1:30 p.m. and run through the summer. Stay-in-school Ranger Michelle Carr will present "Open-

ing the Waterways" at the Clarksville Visitor Center followed by a talk at the lock and dam overlook.

Lookofsky to D.C.

Lake Shelbyville Park Ranger Al Lookofsky has been selected for a two-month assignment in Washington, D.C. He will be working in the Natural Resources Section of the Natural Resources Management Branch.

Golden Tee Award

The Inn at Eagle Creek Resort at Lake Shelbyville recently won Meetings and Convention Magazine's 1992 Gold Tee Award. The Inn's golf course was chosen by a panel of PGA professionals. Seventy-five percent of the judging was based on the golf facility itself including conditioning, playability, esthetics, quality and cooperation of the staff.

Shafer into PR

Maria Shafer from Lake Shelbyville has been logging miles in the public relations field. Besides being the lake's representative on the Central Illinois Tourism Council, she also participates in the Shelby County Office of Tourism and the Sullivan Chamber of Commerce meetings.

Science Series

The Environmental Science Series, held at the Rend Lake Visitor Center on Saturdays, has been a success. So far programs on birds of prey and wolves have been held. Future programs include archeology, crappie and hybrid striper fishing and shorebird migration among others.

Water Ski Festival

As many as 18,000 people watched the first Rend Lake Water Ski Festival. More than 3,000 attended both the Armed Forces Day and the Summer Daze Festival. About 1,500 people have attended special request programs in June. Special events have been popular to say the least.

Grandpa Jenkins

Rend Lake Park Manager Phil Jenkins is a grandpa. His grandson, David Jenkins, was born May 19th and weighed in at 6 lbs. 10 oz.

Rend wetland

Rend Lake Ranger Lowell Summers is in the planning stage of creating a high quality, shallow water wetland. The project will take advantage of an area that has subsided because of longwall mining operations in the Ward Branch area of the lake.

The wetland creation project will benefit migratory birds. Consolidation Coal Company and the Big Muddy Chapter of Waterfowl USA will provide contract work and materials to finish the habitat enhancement project.

Fishing Derby

Local bait and tackle shops gave away prizes at the first Rend Lake Family Fishing Derby held at the Rend Lake Visitor Center on June 6th. The contest coincided with the Illinois Free Fishing Days and National Fishing Week. The event was held to promote family recreation and to educate the public about fishing skills and the need for clean water to support healthy fish populations.

(continued on page 10)



\$ - Promotions & Incentive Awards - \$

PROMOTIONS:

Pam Reed, CD
 Deborah Krems, CT
 Carmen Franke, LM
 Richard Chenoweth, OD
 Karen Watwood, OD
 Ajnine Hegger, OD
 Allen Mehrer, OD
 Peggy Gravot, OD
 Mary Diane Hellhake, OD
 Jerry Stroud, OD
 Arlyn Culver, OD
 Marian Reitz, OD
 Kathleen Kornberger, PM
 Lucille Schulze, PO

EXCEPTIONAL RATINGS:

Marcia Gerdes, CD
 Gary Webb, CD
 Patricia Hosford, CD
 Robert Mesko, ED
 Dennis Morgan, ED
 Vivian Arthur, IM

Kevin Long, OD
 William Jones, OD
 Garry Krutsinger, OD
 Gordon Holzem, OD
 Louella Fouts, OD
 Charles Dees, OD
 David Allen, OD
 Charles Johnson, OD

PERFORMANCE AWARDS:

Marcia Gerdes, CD
 Paul Roberts, ED
 Virginia Mueller, IM
 Mary Whitley, OD
 Roger Hayes, OD
 William Wadkins, OD
 Dennis Williams, OD
 Gary White, OD
 Louis Hurd, OD
 Norris Davis, PM
 Jo Ann Gray, PM
 Jane Collins, PM
 Barbara Boswell, PO
 William Nettles, RE
 Harry Hamell, RE

QUALITY STEP INCREASES:

Donald Coleman, ED
 Paul Olson, ED
 John Mabery, OD
 David Gates, PD

SPECIAL ACT AWARDS:

Darnell Fountain, CASU
 Gary Webb, CD
 Cynthia Ward, CT
 Robert Davinroy, ED
 Morris Dimberger, ED
 Eugene Degenhardt, ED
 Stephen Farkas, ED
 Claude Strauser, ED
 Roy Brandhorst, ED
 Michael Sommars, ED
 John Naeger, ED
 Walter Wagner, ED
 Katharine Hayes, IM
 Daniel Camden, OD
 Jackie Brachear, OD
 Keith McMullen, RD

Memorial (cont.)

man for the Women in Military Service for America Memorial Foundation. The memorial will be built at Arlington's gateway entrance, across the Potomac River from the Lincoln Memorial in Washington, D.C.

The design incorporates an existing half-ring-shaped building called the Hemicycle, a registered historic landmark built in 1932. The revision eliminates 10 tall glass spires that spaced across the building's roof and lit from inside. The commission was concerned that the spires conflicted with the Hemicycle's neoclassical design. Instead, inclined glass panels will be inscribed with quotations from women who served their country throughout our nation's history.

Weiskopf said the panels will serve as skylights for the memorial's visitors center below. The panels are positioned so the shadows from the inscribed quotes appear on the visitors center wall, he added.

A thin sheet of water will flow over the panels, adding a shimmering effect. The water will collect at the base of the panels and cascade to a central reflecting pool in the Court of Honor. The memorial's designers said the water represents a "chorus of voices" from the women who served.

The visitor center will house a theater, a Hall of Valor and a computerized data base where the public can access the photos, military history and individual stories of women who served.

In 1986, Congress authorized the foundation to create a memorial to honor the women - past, present and future - who served in the U.S. military. Privately raised funds must cover the cost of the memorial, an estimated \$14 million. So far, the foundation has raised \$4.5 million.

The foundation's president, retired Air Force Brig. Gen. Wilma Vaught, said, "The critical path still lies before us - raising the money. A bright light is that we're getting increased support from active duty, Guard and Reserve women."

The foundation requests a minimum \$25 donation to register in the computer.

For more information or to register a service woman or veteran, call 1-800-472-5883.



Fifty years after World War II

by Richard Fulton, Public Affairs, North Central Division

This year, on December 7, our Nation observes the 50th Anniversary of America's official involvement in the Second World War. Department of Defense is actively encouraging all its organizations to be part of this observance. The following summary and chronology was compiled by the North Central Division Public Affairs Office for information for all NCD Members.

World War II was a global conflict lasting from 1939 - 1945 which involved every major power. On one side were the Allies (chiefly Great Britain, France, the USSR, China, and the United States) and on the other side was the Axis (Germany, Japan, and Italy). The conflict resulted from the rise of totalitarianism. Partly responsible were humiliating peace treaties forced on Germany at the conclusion of World War I and the Great Depression of the 1930s. Though there were many different kinds of confrontations taking place throughout the 1930s, the actual start of the war was the German Invasion of Poland on September 1, 1939. On June 22, 1940, France surrendered, though a Free-French Force continued to wage war from bases in Africa and England. The aerial Battle of Britain took place August and October 1940, but the German Air Force was unable to force a British surrender. Germany attacked the Soviet Union on June 22, 1941. America entered the war following the surprise attack against Pearl Harbor on December 7, 1941.

CHRONOLOGY OF UNITED STATES INVOLVEMENT

1941 - WAR COMES TO THE U.S.

December 7 - Japan attacks U.S. fleet anchored in Pearl Harbor, Hawaii, as well as various other military facilities and bases in Hawaii; Japanese surface force raids Midway Island.

December 8 - First Japanese air attacks against Wake, Guam, Philippines, and Hong Kong. Thailand surrenders. U.S. and Great Britain declare war against Japan.

December 10 - Guam invaded by Japanese and taken.

December 11 - Germany and Italy declare war against the United States. United States reciprocates. Japan lands forces in the Philippines.

December 23 - Wake Island falls to Japan.
December 25 - Hong Kong surrenders.

1942 - HIGH POINT OF AXIS

January 1 - Declaration of United Nations signed by 26 nations in Washington.

January 23 - Japan invades New Britain, New Ireland, Solomons.

January 26 - First U.S. troops reach Northern Ireland.

February 16 - Singapore falls to Japan.

March 4 - Two Japanese planes drop four bombs on Punchbowl in Hawaii.

March 8 - Japanese invade New Guinea.

March 11 - General MacArthur leaves Corregidor Island in the Philippines on a PT Boat; arrives in Darwin, Australia, March 17, and assumes command of all U.S. forces regrouping there.

April 9 - Bataan Peninsula in Philippines falls to the Japanese. During fighting on the peninsula, the U.S. Army made its last mounted cavalry attack. Following the successful action, the remaining horses were shot for food. Bataan fell, not because of a lack of valor, but because its supplies were cut off.

April 19 - Doolittle Raid against Tokyo (16 B-25s launched from USS HORNET).

May 4 - 8 - Battle of Coral Sea saves Australia from direct attack and possible invasion.

May 7 - Corregidor Island attacked and falls to Japanese. Most U.S. Forces in the Philippines are now captive, though scattered resistance and guerrilla activity continues.

May 8 - U.S. Aircraft Carrier USS LEXINGTON sunk by the Japanese.

June 3 - Dutch Harbor bombed, and Japanese forces land on Kiska and Attu Islands in Alaska; Battle of Midway takes place. Four Japanese carriers are sunk.

June 14 - 1st Marine Division lands on New Zealand to begin training.

June 22 - Fort Stevens, Oregon, shelled by Japanese submarine.

August 7 - First Marine Division attacks Guadalcanal. Island secured, February 9, 1943.

August 18 - Canadian/British/U.S. Army Ranger raid against Dieppe, France.

September 14 - Siege of Stalingrad begins in USSR.

October 24 - British General Montgomery's forces begin El Alamein drive to the west towards the Libyan border, Germans begin retreat to Tunisia.

November 8 - Operation TORCH, the allied amphibious invasion of North Africa's west coast, begins. General Eisenhower is in overall command. General Patton Lands in Morocco. The British hit Algeria. The drive east is then stopped by rain.

November 12 - 15 - Naval Battle of Guadalcanal. Heavy losses are sustained by both Japanese Navy and U.S. Navy.

1943 - THE LONG ROAD BACK

January 23 - Tripoli, Libya, falls, and Germans are bottled up in Tunisia; U.S. and Australian forces defeat the Japanese in Buna Sanananda area of New Guinea.

February 15 - Battle of Kasserine Pass in Tunisia. U.S. Army sustains serious defeat.

March 9 - 11 - Rommel returns to Germany; Allies mass forces. They have 300,000 men and 1,400 tanks ready to fight a combined German/Italian force of 60,000 men and 100 tanks.

May 11 - German resistance in North Africa broken.

July 9 - Allied forces lands in Sicily during Operation HUSKY. General Patton attacks Messina. Island is secured August 17, and Italy is invaded.

September 3 - Italy surrenders, but German military forces keep fighting.

September 9 - Salerno Landing is made in Italy.

November 1 - Marines start Bougainville Campaign against the Japanese.

November 5 - U.S. aircraft carrier strike made against large Japanese installation on island of Rabaul.

November 20 - Tarawa invaded by Marines. Fierce opposition results in many casualties on both sides. Central Pacific Atoll is secured November 23.

December 26 - Marines assault Cape Gloucester and secure airfield objective on January 15, 1944.

1944 - THE AXIS FALLS APART

January 27 - Anzio Beachhead made just south of Rome.

February 21 - Siege of Leningrad, USSR lifted.

June 4 - Allied forces liberate Rome.

June 6 - Operation OVERLORD commences, the primary allied amphibious invasion of Europe. Troops storm five Normandy beaches (Omaha, Utah, Sword, Gold, and Juno). Operation is best known in History as D-Day. General Eisenhower is in overall command, but General Omar N. Bradley actually commands the landing.

June 14 - Saipan Invasion begins. Japanese are defeated July 9.

July 21 - Marines land on Guam and secure it, August 10.

July 31 - Breakthrough in Normandy; drive for Paris is on. Paris is liberated August 25. Operation is called COBRA.

August 15 - Allies land in force in Southern France.

October 20 - U.S. Forces land on Leyte, and war returns to the Philippines.

(continued on page 14)



Coming Events at the lakes

MARK TWAIN LAKE

- July 19 Gospel Music Concert, Visitor Center
- July 25-26 Indian Artifacts Exhibit, Visitor Center
- Aug. 1 Mark Twain Photo Contest, Visitor Center
- Aug. 8-9 Indian Pow Wow, Visitor Center
- Aug. 15-16 Salt River Folklife Festival, Florida, Mo.
- Aug. 22-23 Rock and Mineral Show, Visitor Center
- Sept. 6 Gospel Music Concert, Visitor Center
- Sept. 26 Fall Festival, South Spillway

REND LAKE

- July 11-12 Rend Lake Arts & Crafts Fair, Wayne Fitzgerald State Recreation area
- Sept. 12 Take Pride in America Lake Cleanup

Rend Lake Live: Saturday Night programs May 30 to Sept. 5, 7:30 p.m., Visitor Center

Environmental Science Series Workshops and Outdoor Skills Clinics, Saturdays 10 a.m. to 4 p.m., Visitor Center

WAPPAPELLO LAKE

- Sept. 5 Dedication Historic Walk "Memory Lane"
- Sept. 19 2nd Annual Handicapped Fishing Day

CARLYLE LAKE

- Sept. 26 National Hunting & Fishing Day

LAKE SHELBYVILLE

- July 18-19 Lithia Springs Chautauqua Living History Tours
- July 24-26 Water Follies
- Aug. 15 6th Annual Okaw Indian Festival
- Sept. 1 Dove Hunt
- Oct. 1 16th Annual Eco-Meet
- Oct. 24 (tent.) Lake Shelbyville Photography Contest
- Nov. 20-22 Physically Challenged Deer Hunt

Dialing in (continued)

Occasionally, a modem will "hang" and cause the above problem. In such case, try directly dialing numbers 331-8694, 8693, 8692, 8691. One of these numbers will probably provide a good connection.

Please remember to notify the CSC at 331-8700 even if you are successful.

Also, please remember to use the pcANYWHERE menu to properly disconnect from the LAN - this will eliminate many of the problems encountered.

News Briefs (cont.)

Armed Forces Day

Wappapello Lake celebrated its 14th Annual Armed Forces Day on Saturday, June 13th. Despite the rain in the early afternoon, there were about 1,700 visitors. The event was highlighted by medical helicopters, a hot air balloon, a Flying Rifle Drill Team, flag raising ceremony, a 5K run and booths and displays.

Puppet stage

Thanks to a volunteer at Mark Twain Lake it's much easier for our interpretive rangers there to "go on

the road" with water safety shows. Ted Hinton built a new lightweight portable puppet stage for the lake staff. It was used twice last month at the Mexico, Missouri, Safety Town events.

Scout services

One of the local Boy Scout troops revamped the Visitor Center trail at Mark Twain Lake by building two bridges to provide safe footing for trail hikers this summer. This is just one of the many community services the Boy Scouts provide for the lake during the year.



Crime Avoidance Program



The St. Louis District Crime Prevention Council and Citizens Against Crime are presenting a Crime Avoidance Program. The program will be held in the 2nd Floor Auditorium on Thursday, July 23 from 0930 to 1030.

This program will cover the serious topics of rape, robbery, burglary and assault in an entertaining way. At the conclusion of the program, various items will be available for purchase.

Please make plans to join us on the 23rd and bring a friend.

Vietnam Wall experience

Realizing many people will never have the chance to visit the Vietnam Veterans Memorial in Washington, D.C., Service Corporation International is bringing the Vietnam Wall Exhibit to more than 100 cities throughout the United States. The Vietnam Wall Exhibit, a world class 240 foot replica of the Vietnam Veterans Memorial, will be in St. Louis at the Soldier's Memorial July 17, 18 and 19.

The "Wall" will be situated in Kaufmann Park just east of the Soldier's Memorial. All Corps employees are invited to visit the wall commemorating the lives lost during the Vietnam War.

How to protect yourself and home from crime

Just staying at home won't protect you from criminals. Increasingly, robbery and assaults are taking place right inside people's houses. To confront this situation, Citizens Against Crime suggests:

- * Make the home appear to be occupied at all times. Noise and lights discourage criminals from breaking into a home.

- * It's wise to own dogs, even a small one helps. Criminals are afraid a dog will bark and attract attention. Even if you don't have a dog, you can make burglars think you do. Buy a big dog food dish. Stick some fierce dog name on it and place it outside the front door.

- * Alarm systems are helpful but expensive. Motor-detecting lights don't cost very much, and having one go on as he approaches the door will often convince a burglar that the house is occupied. Win-

dow stickers warning of an alarm system may discourage a burglar from testing to see if there really is one.

- * If someone does get into the house, the most important thing for the occupant to do is get out! Most rapes begin as break-ins. Analyze your home to see where you could make a fast exit from various rooms.

- * A gun in the home is not recommended. Tear gas is a better alternative. (If your child is shot with the tear gas, the effects will wear off. If shot with a gun, the child may be lost forever.) And the burglar may wrestle the gun away from you and shoot you.

- * If you are surprised by a burglar with no way to escape, follow the thief's instructions. Nothing you have is worth dying for.

Traveling anti-smoking exhibit

A giant "ashtray" stands in front of the entrance to the Pentagon cafeteria.

The prop is part of a multimedia health promotion. The exhibit includes an interactive video screen allowing passers-by to choose programs that interest them, a laser disc display showing short videos on smoking and life-size photos of former DoD smokers. It also holds racks of literature on smoking-related topics, such as how to avoid gaining weight after quitting. At one end of the exhibit, a candy machine dispenses small, low-calorie mints..

Project manager for the exhibit is James Damato, executive administrator of National Museum of Health and Medicine of the Armed Forces Institute of Pathology. Damato said the exhibit will move to other installations in the Washington, D.C., area and may be "cloned" for other DoD locations.



To your health

Skin cancer death rate higher among white men, CDC says

By Rudi Williams
American Forces Information
Service

Skin cancer is on the rise among all Americans, but it's hitting white men harder than any other group, according to the national Centers for Disease Control in Atlanta.

The most serious skin cancer is malignant melanoma, which doctors will diagnose in about 32,000 persons in 1992, according to the American Cancer Society. Since 1973, when the National Cancer Institute started tracking skin cancer cases, the new cases of melanoma have increased more than 4 percent per year.

The society predicts 8,800 deaths from skin cancer this year -- more than 6,700 from malignant melanoma and 2,100 due to other skin cancers. Hundreds of people each year could save their own lives if they paid more attention to unusual growths on their bodies.

"Once diagnosed, the number of people who survive five years is quite high -- well over 80 percent," said Dr. Brenda K. Edwards. She is associate director of the institute's surveillance program, Division of Cancer Prevention and Control, National Cancer Institute, in Bethesda, MD. That rate primarily pertains to cases where the cancer hasn't spread to other tissues.

The disease is mainly a "white thing," according to researchers. "Malignant melanoma is rare among dark-skinned people," said

Dr. Stephen I. Katz, chief of the institute's Dermatology Branch. "In African-Americans, for example, it's an uncommon tumor because their heavy skin pigmentation protects them from the sun's ultraviolet rays. It occurs in Japanese people more than in African-Americans.

African-Americans who do get melanoma tend to get it on the palms of their hands and soles of their feet, Katz said.

Edwards noted, "This isn't a recent finding; we've been tracing the incidence and death of all major cancer sites, with the exception of lung cancer in women, since we started reporting death rates in 1973."

Edwards was commenting on results published by researchers from Boston University School of Medicine, Public Health Service and the CDC who are searching for an answer. The report summarizes patterns of malignant melanoma among whites in the United States and suggests possible causes for these patterns.

The data indicate during the 16-year period, the overall increase in the death rate from the disease was 41 percent for men. This compares with a 19 percent increase in the death rate from the disease for women. The greatest rise in melanoma mortality occurred among men aged 50 and above.

The number of melanoma cases was nearly equal for white men and women aged 40 to 44. But the rate was higher for men aged 50 to 54

than for women of the same age. It more than doubled for men aged 65 to 69 years than for women in the same age group, according to the survey.

In addition, for cases diagnosed from 1981 through 1987, the five-year survival rates were poorer for men than women -- 77 percent vs. 87 percent, respectively, the report said.

"We're not sure why more men die of melanoma than women," said Edwards.

Katz said men tend to get more lesions on their backs, where they're difficult to see by self-inspection. Women get them on their legs and arms, where they're easier to see. Another factor may be men don't pay attention to the lesions or seek medical help until it's too late, he said.

"We're still looking for reasons for this increase in cases of melanoma," Edwards said. "Epidemiologists think ultraviolet radiation from the sun may be responsible for the increase. It may also be related to having received a serious sunburn in early life.

"If this is found to be true, people should try to avoid sun exposure, particularly during mid-day. The sun's ultraviolet rays are strongest between 10 a.m. and 2 p.m.," Edwards continued. "Protective clothing should be worn during these times -- long sleeved shirts, long pants and a hat."

She said sun exposure during recreational activities should be limited -- whether it's on the golf



course or tennis court. "This applies to sailors aboard Navy ships that are in tropical zones," Edwards added. "They should keep their shirts on and wear sunscreen lotions when they're on deck."

Sunbathers should also use sunscreen to protect themselves against bad sunburns, she added. Sunscreen lotions come in various strengths, ranging from those that allow gradual tanning to those that allow practically no tanning, Edwards said.

"People should avoid using artificial tanning lights," she emphasized.

Because of the possible link between severe sunburns in childhood and greatly increased risk of melanoma in later life, she said children and youths should avoid traumatic sunburns.

Occupational exposure to coal tar, pitch, creosotes, arsenic compounds or radium could contribute to skin cancer, according to the report. Factors that may contribute

to the higher mortality among white men 50 years of age than among women include biological features, such as a possible predisposition toward a more aggressive form of the disease.

Because skin cancer is external and visible, efforts to increase public and professional education about the early detection of melanomas may help to reduce mortality among groups at highest risk, the report said.

Researchers suggest physicians and other health care providers examine the back and other anatomic sites that are difficult for patients to self-inspect for pigmented lesions. Also, physicians should indicate on patients' medical records an assessment of factors such as "changing moles," "higher than average number of moles" and "family history of melanoma" as a cue for rapid, noninvasive visual examinations for skin cancer.

Katz said the best protection against malignant melanoma is to immediately report any suspicious

lesions to a doctor. "If there's any change in the skin's pigment, get it checked out -- immediately," he warns.

Warning signals for skin cancer are any unusual skin condition, especially a change in the size or color of a mole or other darkly pigmented growth or spot. Scaliness, oozing, bleeding or change in the appearance of a bump or nodule, the spread of pigmentation beyond its border, a change in sensation, itchiness, tenderness or pain are all warning signs.

Early detection is critical, Katz emphasized. Adults should practice skin self-examination once a month, and suspicious lesions should be evaluated promptly by a physician. Basal and squamous cell skin cancers often take the form of a pale, wax like, pearly nodule, or a red, scaly, sharply outlined patch.

If treated early, the growth can be surgically removed, normally with no further complications.

Early diagnosis vital for arthritis control

Chances are that you or someone you know has arthritis. It affects one in every seven people, one in every three families.

The Arthritis Foundation says there are over 100 forms of this disease. They are chronic, which means they last a lifetime. An early diagnosis is important. There are different types of treatment for different forms of arthritis. With a correct diagnosis, your doctor can determine what treatment plan is needed to control the disease.

The warning signs of arthritis are:

- * Swelling in one or more joints.
- * Early morning stiffness.
- * Inability to move a joint easily.
- * Redness and warmth in a joint.
- * Unexplained weight loss, fever, or weakness combined with joint pain.

If such symptoms last for more than two weeks, you should see your doctor as soon as possible.

For those who know they have arthritis, following prescribed

treatment may keep the disease from getting worse for a longer period of time, and in many cases there is an improvement.

Regular exercise is extremely important in controlling symptoms. Exercises help keep joints flexible, build and preserve muscle strength, and help protect joints from further stresses. Improvement in stiff joints or weak muscles may be slow, but those who follow a daily exercise program closely are rewarded with easier movement.



Keeping cool when the heat is on

By Eva Frazer, M.D., BarnesCare internist

Summers in St. Louis are hot and humid. They can also be dangerous - and even deadly. In fact, St. Louis has one of the highest per capita percentages in the country of heat-related injuries. Here, I've answered some common questions that may help you learn how to identify and avoid problems that high heat and humidity can cause.

ARE CERTAIN PEOPLE MORE AT RISK FOR HEAT-RELATED INJURIES?

During the summer, the very young, the elderly, heavy laborers and athletes are especially at risk for suffering a heat-related injury. These are people who are either themselves unable to take proper precautions during prolonged exposure to heat, or who are involved in strenuous physical activities in a hot environment.

WHAT ARE THE WARNING SIGNS OF HEAT INJURIES?

First on the list of warning signs are heat cramps. These are a minor injury, usually triggered by the body's loss of salt and water after prolonged or excessive exercise in high heat. Heat cramps are easily treated by discontinuing exercise and replacing lost water and salt.

More serious is heat exhaustion, caused by prolonged exposure to extreme heat. Warning signs include nausea and vomiting, headache, fatigue and weakness. Victims should be promptly taken to a hospital for cooling treatments.

WHAT IS THE DIFFERENCE

BETWEEN HEAT EXHAUSTION AND HEAT STROKE?

Heat stroke is the most serious heat injury, responsible for some 4,000 deaths nationwide each year. Causes include prolonged exposure or strenuous activity in a hot environment, often combined with a condition such as obesity or cardiac disease. Heat stroke usually occurs when high temperature and humidity overwhelms the body's ability to cool itself. As a result, victims often have a body temperature of 106 degrees or higher. Victims should be moved to a cool place, doused with any available liquid and taken at once to an emergency room.

HOW CAN HEAT INJURIES BE PREVENTED?

First of all, if you must be out in the heat, try to schedule strenuous work for the cooler hours, before 10 a.m. or after 3 p.m. People whose job requires them to work outdoors during peak hours should dress in light clothes, have access to a cool area and drink plenty of fluids throughout the day.

As for exercise, don't overdo it, and postpone long-distance running and hiking until cooler weather.

Lastly, watch for symptoms of heat exhaustion or heat stroke. These include light-headedness, weakness, nausea and lack of sweating. If any of these symptoms are present, it's time to get out of the heat and drink plenty of fluids, including electrolyte balanced fluids such as Gatorade. If symptoms persist or worsen, seek prompt medical attention.

WWII (continued)

October 21 -- Aachen, first city inside German borders, falls to U.S. forces.

November 24 -- First B-29 Raid on Tokyo.

December 16 - 30 -- Battle of the Bulge.

1945 - VICTORY

January 9 -- Luzon in Philippines invaded by U.S. Forces; U.S. Army drives for Manila.

January 17 -- Russians capture Warsaw, Poland.

February 16 - 17 -- First U.S. carrier raids made against Tokyo Bay.

February 19 -- Marines storm Iwo Jima. It falls March 26.

February 24 -- Manila is freed.

March 7 -- U.S. Soldiers capture Remagen Bridge across Rhine River and surge into Germany.

April 1 -- U.S. Forces invade Okinawa. Japanese are defeated, and island secured on June 22.

April 28 -- Mussolini killed by partisans.

May 1 -- Hitler commits suicide.

May 2 -- Fighting ends in Italy.

May 7 -- Germany surrenders.

July 14 -- U.S. surface fleet hits Japanese home islands.

July 30 -- Potsdam Ultimatum refused by Japanese.

August 6 -- President Truman makes decision, and on this date, orders the first atomic bomb used in the history of warfare to be dropped on Hiroshima, killing an estimated 71,000 Japanese.

August 8 -- USSR declares war against Japanese.

August 9 -- Second atomic bomb dropped; this time on city of Nagasaki. More than 80,000 are believed to have died.

August 14 -- Japanese accept surrender terms.

September 2 -- Formal surrender of Japan takes place aboard the U.S. Navy Battleship USS MISSOURI, at anchor in Tokyo Bay.



Retiree Review

By the Retiree Correspondent

Our June Retiree's lunch and meeting was a great success with a total attendance of 50 wonderful people. The consecutive records in my possession go back to November 1989 and indicate the only time we had 50 or more was in Dec. 1990 - 58 and Dec. - '91 - 68. It was most heartening to have such a great turnout, especially the Al Wurst family, Mrs. Genevieve Wurst and two daughters. The Huizenga's also had two guests, their grandsons Tom and Rusty Walter.

The District was again ably represented by two competent individuals, Jean Lindhorst and Gene Degenhardt. Gene started his presentation by displaying a huge W. He then explained that the W was meant for all District retirees and stood for the word Welcome to the retiree's open house to be held on Thursday, July 16. All retirees should have received a flyer announcing the open house. It will be held immediately following the retirees lunch, but not later than 1 p.m. Bus transportation will be provided from the Salad Bowl to the District Office. There will be a briefing by Colonel Craig and a tour of the Office. Then return to the Salad Bowl not later than 3:30 p.m. With a program like this the July meeting should set a new record for attendance. We all thank, in advance, the District Engineer, Col. Craig, and all the District personnel involved in arranging this visit.

Let me mention one note of discord. In the past three months we have awarded a total of 55 ATTA BOYS to the DE and 45 to PA for having received the ESPRIT prior to our monthly meeting. For June our meeting date arrives and no one had received the ESPRIT. Here we had the best attendance in along time and had 50 ATTA BOYS to award. We were all set to hold back all 50 when Jean Lindhorst announced she had brought 55 ESPRITs and they were on the back table. After very serious discussion it was decided we would award Col. Craig 20 ATTA BOYS, but we would have to withhold the balance of 30. Sorry PA. You get zero ATTA BOYS.

Now comes the most important part of our June meeting. It was announced that Homer Duff, former District Comptroller, Elmer Huizenga, former Chief of Real Estate Division, and John Gurley (deceased), former Chief of Operations, had been selected to the Gallery of Distinguished Civilian Employees. This is the highest award the District can grant and, without question, the District selected three outstanding, highly respected and most deserving individuals. We

all congratulate you Homer, Elmer and John on your selection. Note: Hope all retirees saw the notice in the June ESPRIT.

As the saying goes, "All records are made to be broken" and Bob and Barb Lutz have definitely set a new record in the Perfect attendance area for not having missed a single meeting since Bob retired. Howard Beinke was the longest retired present. Jim Butery was again with us, and since we have all been most concerned about Jim reaching his two goals in life, believe everyone should be brought up to date. (In case you have forgotten, his goals were 1 - Retire, 2 - Get married.) He made the first goal, but has reported all kinds of problems in reaching the second. He said he thought he would be able to report at this meeting that he had reached his second goal. No such luck. He reported that the young lady he had selected lived up in Minnesota and, when he got up there to get her, he found out she had run off with some younger fellow. Jim said he had given up and has selected a new goal. Goal two now is to beat Elmer at golf. Jim says that is a sure thing, and with only a couple of practice sessions he will succeed. Go to it, Jim. Wonder how many awards our illustrious golfers will bring back from the Division golf tournament?

We had some extra good jokes this time. Instead of picking on golfers, the jokes seemed to poke fun at the lawyers this time. Trouble is though they were supposed to be jokes about lawyers, but believe they were TRUTHS about lawyers. Thanks Elmer and Loren Ligon for the facts about lawyers - even though they were funny facts.

Sad news - since our meeting in May we lost two retirees, Joe Nichols and Ray Rinkel. They will be missed.

Retirees...

Richard Grieshaber retired on June 28 from Melvin Price Locks and Dam Resident Office after almost 32 years of federal service, 30 years of which were with the St. Louis District.

Condolences

Joe Nichols, who retired from the Engineering Division in 1981, passed away on June 11. Joe was a federal employee for 39 years.

Raymond Rinkel, who retired from the Personnel Office in 1969, passed away on June 15.



AXIS SYMBOLS WERE BOLD, BUT...

'V' GAVE HOPE TO ALLIES

Sometimes World War II seemed to be a war of symbols. Nazi Germany displayed the hakenkreuz—the swastika. The rising sun was a powerful symbol for Japan.

For the allies, the simple V for victory became a symbol of perseverance and hope.

Great Britain's Prime Minister Winston S. Churchill will forever be associated with the gesture. He started displaying the symbol during the dark days of World War II, when England stood alone. It was a gesture signifying his indomitable spirit and unfailing confidence.

While the V became Churchill's trademark, it also became a symbol of eventual liberation to European countries under Nazi domination. According to historian William Manchester, a Belgian refugee in England suggested his countrymen chalk the letter V for *victoire* in public places. Vs started showing up all over conquered Europe. These small acts of

defiance showed the Nazis the conquered people had confidence in the ultimate allied victory.

V translated into many different languages. In Serbian, it stood for *vitestvo*—heroism. In Dutch, it stood for *vryheid*—freedom—and in Czech, *vitzstvi*—victory. The British Broadcasting Corporation took V a step further. It introduced

its broadcasts to Europe with the first four notes of Beethoven's Fifth Symphony. The "dit, dit, dit, dah" is the Morse code symbol for V.

The Nazis tried to steal the symbol. Propaganda Minister Joseph Goebbels said V stood for *Viktoria*—the complete triumph of Hitler. No one believed him.

—American Forces Information Service



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