

**ST. LOUIS ARMY ENGINEER DISTRICT**

# **ESPRIT**

Vol. 28 No. 10

October 1991

## ***In this issue...***

**MS-150 bike tour**  
... page 3

**Christmas Dance**  
... page 3

**Golf season**  
... page 4

**Niemi/Strauser paper**  
... page 4

**Federal Women's  
Program**  
... page 11

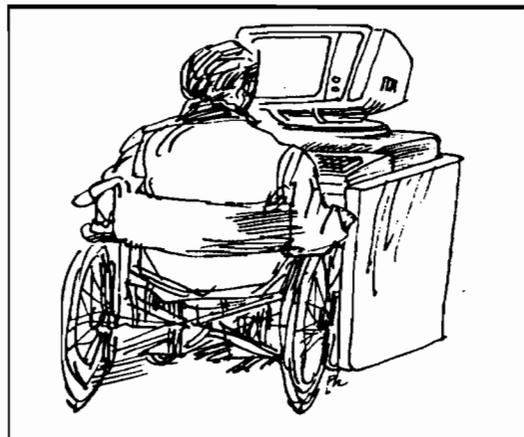
**(IMO) CETAL saga**  
... page 13

## **Hispanic Heritage Month**



**Pages  
8 & 9**

## **Disability Awareness**



**page 3**



# View from the top



**COL James D. Craig**

**... it is obvious that this will not be a year of plenty.**

Time flies!! I have now been here for over a month, but it only seems like a few days. I have not had a chance to meet everyone in the District, but I have had the opportunity to meet many of you and visit many of the field sites. My impression is that you are a very proud, professional group of people who are doing a great job. Keep up the good work!

The information on reorganization is brief - I do not yet know what will happen. As time progresses, I will keep you informed.

An item of interest to many people right now is the FY92 budget. I have not yet been brought up to speed on the details of the budget, but it is obvious that this will not be a year of plenty. I cannot promise that I will find more money for this year. What I will promise is that we will corporately come to an understanding of where the money will be spent. It will, fiscally speaking, be a difficult year. I would ask this of each and everyone of you, when you have a decision to make concerning District funds, make sure the money needs to be spent on that particular activity. Together we will make it through the year.

On 28 September, I attended the retirement dinner for Jim Petersen. Jack Hill from LMVD, as well as many retirees attended and made it a full house. Quite a tribute to a man who has given so much of his life to the District, and made such a great contribution to his country. Thanks, Jim, for a job well done!

Enough of my philosophizing. Have a great month, and thanks for all your support.



**US Army Corps of Engineers**  
St. Louis District

ESPRIT is an unofficial publication authorized under the provisions of AR 360-81. It is published monthly, by contract, in 1450 copies, by the Public Affairs Office, U.S. Army Engineer District, St. Louis. Views and opinions expressed in this publication are not necessarily those of the Department of the Army.

District Commander.....James D. Craig

Chief, Public Affairs.....Chuck Franco

Editor, Design, LayOut.....Ken Kruchowski

Assistant Editor.....Mary Lou Lawson

Address mail to: U.S. Army Engineer District, St. Louis, ATTN: CELMS - PA, 1222 Spruce, St. Louis, MO 63103-2833. Phone: (314) 331-8000.



## MS-150 Bike Tour

The District's bike team raised \$805 this year for the Gateway Area Chapter of the Multiple Sclerosis Society. About 75 percent of it came from the District.

The ride was held on September 7 and 8. Stan Ebersohl (OD-R), Stan's son Michael, Sig Groetsch (RO-L) and Tim George (PD-A) each rode the 150 mile route. The weather was variable - hot and sunny on Saturday, cool and rainy on Sunday. Stan had a mishap and hurt his shoulder. He didn't find out until after the ride that his collarbone was broken.

The team would like to thank those who made pledges which enabled them to enter the event and ride as a District team.

## Christmas Dinner Dance

It's time to start thinking about the Annual District Christmas Dinner Dance. It'll be here before you know it.

This year's event will be held on Saturday, December 7, at Waltons (the old Augustines) in Belleville, Illinois.

It will go from 6 p.m. to midnight. There will be a buffet dinner, open bar and dancing to the music of Sam-A-Rama. Cost will be \$15 per person.

Attendance prizes this year will be four bed & breakfast gift certificates.

Tickets will be on sale from Nov. 1 to Nov. 30. For more information call Mary Ann in OD-E at 331-8567.

Retirees always welcome.

# Disability Awareness

By Lawrence E. Hamilton, PE  
Chairperson, Handicapped  
Individuals Program Committee

October is the month during which we pay special attention to problems related to employment of people with disabilities. The observance became increasingly important last year when the Americans with Disabilities Act (ADA) was passed by Congress and signed by President Bush. Employment is one of the issues addressed by the ADA. Employment is a major concern for Americans with disabilities.

Employment should be a major concern for Americans with or without disabilities. A shocking two thirds of Americans with disabilities are unemployed. Many of our lawmakers believe that the published figure (about 7 percent unemployment) is unacceptable. But if you add that 7 percent to the number of Americans with disabilities who are unemployed, you will see the real unemployment figure is about 17 percent.

Most people with disabilities who are unemployed, as well as many other unemployed Americans, are not counted in the published unemployment figures. If 7 percent is unacceptable, then 17 percent is deplorable. This country cannot afford this kind of unemployment rate, especially when many unemployed people with disabilities have employable skills and most are at least trainable.

But we are doing better now. You see more wheel chairs, more people conversing in sign language, more white canes and

seeing eye dogs in the workplace today. Accessibility is improving. Many of the RAY Building agencies are providing handicapped parking for those who need it. There are new automatic doors in the building. On television you sometimes see commercials showing a person with a disability. There is closed captioned TV for the hearing impaired. But what you see here is not enough.

So, what can we do? We can patronize businesses who hire the disabled. Managers can look beyond disabilities to abilities. Businesses and agencies can employ the best qualified people whether or not they're disabled, and make changes to accommodate those employees who are. When you match a person's abilities with the right job you have created more than an opportunity. If it is a person with a disability you have created renewed self-esteem and, in some instances, a new way of life.

To highlight National Disability Awareness Month, the District's Handicapped Individuals Program Committee is holding its annual observance at 10 a.m. on October 17th in the second floor auditorium. This year's program will focus on the District's efforts to make recreation opportunities accessible to people with disabilities. Rachel Garren, OD-R, will be the featured speaker. Colonel Craig will present the Handicapped Employee of the Year Award. There will be several other awards presented.



# District golf season

# Not going? Cancel those reservations

The District golf season is history, as is the annual District fall golf tournament. For all you golfers, who understand what the numbers mean, here are the results of both the tournament and the season.

## FALL TOURNAMENT RESULTS:

Championship Flight - 1st place team: Johnson and Phillips (60). 2nd place team: Sweeney and Harley (63). 3rd place team: Baldus and Baker (67). Closest to hole #5: Gilmore. Closest to hole #15: Sutton. Longest drive, hole #4: Sweeney. Least putts: Johnson (28). Low gross: Baldus (74). Low net: Harley (67).

A Flight - 1st place team: Dierker and Huizenga (62). 2nd place team: Scheuermann and Kirk (65). 3rd place team: Furdek and Parkes (65). Closest to hole #5: Nierman. Closest to hole #15: Carter. Longest drive, hole #4: . Least putts: Mills (30). Low gross: Dierker (89). Low net: Dierker (70).

AA Flight - 1st place team: Kozeny and Sherbine (52). 2nd place team: Maxwell and Kreutzer (59). 3rd place team: Cullen and Butery (59). Closest to hole #5: . Closest to hole #15: Kreutzer. Longest drive, hole #4: . Least putts: Maxwell (29). Low gross: Moore (97). Low net: Cullen (64).

The Rich Buncie award (low net score) went to Mike Cullen.

## SEASON AWARDS:

Championship team: Team 2, Golfun. 2nd place team: Team 3, the 384's. Most valuable player:

John Dierker (16 pts.). Most improved golfer: Mel Baldus. Low handicapper: Mel Baldus.

## HIGHLIGHTS FROM THE 1991 SEASON:

Individual low gross, front nine: Baldus (35). Individual low gross, back nine: Baldus (33). Individual low net under 30: Butler (22), Nierman (26), Koller (27), Marshall (27), Carter (28), Perulfi (28), Lindsay (28) and Messerli (29). Individual high net: Niermann (50). Honorable mention: Cullen, Lindsay and Huizenga (49).

Team low gross: The 384's (171). Team high gross: Ace Holes (232). Team low net: Ace Holes (129). Team high net: Tie between Ace Holes and The 384's (170). Team with most low nets: Tie among Ace Holes, Scramblers and Swingers (4). Most points by a team, half season: Golfun (237). Most points by a team, season: Scramblers (429.5).

Most golf balls won by an individual: Drewes (7). Worst defeat of season: Tie - Scheuermann defeated Nierman 8-1, Drewes defeated Cullen 8-1, Koller defeated Moore 8-1. Best club throw of season: Sweeney on #18. Best drive of season: Carter (over ditch on #16). Best golfer to play when you need 2 points: Phelan (-8 points). Worst nine hole round of season: Heininger (95, back nine). Hardest golfer to beat after a six-pack: Roberts. Golfer whose conversation your swing is most likely to interfere with: Drewes. Golfer with longest putter: Bissell.

Federal employees on official travel who fail to cancel their hotel reservations in time when travel plans change could be charged a "no show" fee by the hotel. The charges, according to the General Accounting Office, are not usually reimbursable by the Government. To guard against such charges, make sure you cancel in plenty of time and keep a record of your reservations cancellation number. For further information please contact LM-T.

# Niemi/Strauser publish paper

Jack R. Niemi, Deputy District Engineer for Project Management, and Claude N. Strauser, Chief, Environmental and Recreational Resources Branch, have recently had a technical paper published in P.I.A.N.C. Bulletin No. 73. The paper is titled "Environmental River Engineering." It discusses environmental initiatives conducted on the Mississippi River over the past 20 years.

The Permanent International Association of Navigation Congresses is an organization composed of members from 40 nations whose interest is improving navigation throughout the world.



# On the Soapbox

Telling the District's story this month were:

## Around the District

Gary Dyhouse, ED-H, presented a paper at the Corps' Annual Workshop on Hydrology and Hydraulics held at Monticello, Minnesota. The paper, entitled "Levee Freeboard Issues Based on St. Louis District Experiences," dealt with the need to re-address current guidance dealing with the minimum freeboard necessary for Corps levee projects.

Terry Norris, PD-A, spoke to 30 high school students at Valle School in Ste. Genevieve, Missouri, on Archaeological Investigations in the Middle Mississippi River Valley.

Claude Strauser, Chief, Environmental and Recreation Resources Branch, spoke to about 70 members of the Young Presidents Organization. He discussed a history of the Mississippi River and the Corps of Engineers. Colonel Craig, Jim Petersen and Bill Sutton attended the meeting.

## Riverlands Office

Riverlands Area Office Manager Pat McGinnis addressed the National Association of General Contractors who visited St. Louis for their annual meeting. McGinnis also hosted the St. Louis Audubon Society for a tour of the Riverlands Environmental Demonstration Area.

Ranger Lawrence Williams addressed 325 fishermen who participated in the three-day B.A.S.S. tournament held on Pool 26. The tournament was one of the largest in the region. Earlier in the month Williams also

counseled 100 fishermen attending the Illinois Bass Fishermen Tournament on river rules and regulations.

Ranger Ron Fisher addressed members of the St. Mary's Senior Citizens group in Alton, Illinois, regarding the Corps of Engineers and the Riverlands Environmental Demonstration Area.

Some 1,500 individuals toured the Melvin Price Locks and Dam in September. A sampling of groups includes an Italian delegation from the St. Louis Port Authority, Alton High School's 50 year reunion, the Illinois Soil and Water Conservation Service, the St. Louis Audubon Society, Missouri Department of Conservation, Illinois Department of Transportation, employees of Illinois Bell, the Coast Guard's new admiral, Admiral Wellen, and U.S. Department of Agriculture Foreign Nationals, which included individuals from Belgium, Norway, Greece, Italy, Spain, Korea, Argentina and other countries.

## Mark Twain Lake

Woodsy Owl has been busy in the lake area promoting positive ecological messages to children of all ages. With the help of Park Rangers Diane Hellhake, Becky Ebbing and Chris Coe, Woodsy has been to two public events in the last few weeks. Woodsy attended Shelbina's Farmers Day Parade and the Hannibal Charity Fair spreading the good words of Environmental Education.

Park Ranger Chuck Crocker spoke to a group of Boy Scout leaders from the lake area to

make them aware of opportunities available to the scouts at the lake.

## Wappapello Lake

Park Ranger Becky Hays presented 16 thirty-minute programs at a Health Festival for elementary and middle school students and the public. The programs promoted water safety, Corps history and recreation opportunities at the lake. Becky presented 18 more programs at another Health Festival two days later. Becky also discussed the Old Greenville National Historic Walk, Johnson Tract Natural Area, and handicapped facilities at the Little River Fall Festival held between Fenton and Arnold, Missouri. At the Festival she also talked about updated facilities and expansions at the lake, the Johnson Tract Trail, Pine Ridge Trail, the Ozark Trail and the Lost Creek Trail being on the National Trail System list.

Park Manager Michael McClendon outlined environmental ideas and windows of opportunity at the lake for free lance writer Vince Magers who works for several Kansas City newspapers.

Park Rangers Richard Chenoweth and Tia Hatfield attended a parade at Doniphan and spoke about special events and recreation opportunities at the lake.

Park Ranger Art Ruebenson talked to the Puxico Rotary Club about the natural resource management program at the lake. He explained Environmental

(Continued on page 10)



# NEWS BRIEFS

## Navy Seabees

The Navy Seabees have made a tremendous impact on improving outdoor facilities at Wappapello Lake. They have devoted one and even two weekends a month helping at the lake. They completed work on a picnic pavilion. They also reroofed 15 individual sheltered picnic sites and bulletin boards.

## Bischoff wed

Tim Bischoff, lead ranger for visitor assistance at Wappapello Lake, married Elizabeth Gabrielson on June 22. They had been college sweethearts. The couple have made their home in Poplar Bluff, Missouri.

## Ruebenson baby

Lori and Art Ruebenson are the proud parents of a 7 lbs, 11 ounce baby boy. Art is a Ranger at Wappapello Lake. Lori and baby Ryan are doing fine.

## Amphitheater

A new amphitheater has been completed at the Greenville campground at Wappapello Lake. It has a seating capacity of 200, a programming booth that houses a PA system and is handicapped accessible. The amphitheater will be dedicated next Spring.

## Special fishing

Twenty physically and mentally handicapped braved the chilly morning to participate in what is hoped to become an annual handicapped fishing day at Wappapello Lake. The event was co-sponsored by the Corps and the Wappapello Lions Club. Local businesses donated supplies and prizes and helped make the day a success.

## Ziino selected

Julie Ziino from the Riverlands Area Office has been selected to head up OD-RM's interpretive/visitor services programs.

## Laaker wed

Ranger Brad Laaker wed Angela Waller, formerly of Lake Carlyle and the Riverlands Office on September 28th. Congratulations to the newly weds.

## New bookstore

The new Mark Twain Lake Bookstore inside the M.W. Boudreaux Visitor Center opened just before the Labor Day weekend and is enjoying a brisk business. The store features a variety of items related to the natural and cultural history of the Mark Twain Lake area. The bookstore is a cooperative venture of the Riverlands Association and the Corps.

## Bass tournament

The 7th Annual Bud Light/Natural Light Buddy Bass Tournament, out of Blackjack Marina, Sept. 21 & 22, continued to be one of the most popular tournaments on the lake, attracting almost 350 boats this year. Proceeds from the tournament go to the Muscular Dystrophy Association and the Mark Twain Lake Association.

## Costa Rican tour

Twelve Costa Rican Park Rangers toured Rend Lake day use areas and facilities. Park Ranger Dawn Kovarik and Park Manager Phil Jenkins hosted the tour. Francis Walton from Master Planning acted as interpreter. The rangers were here to view recreational facilities and parks in Southern Illinois under an educational program with SIU-Carbondale.

## New rangers

Rend Lake has two new rangers, Crystal Nussel in Visitor Assistance and Margaret Ellis in Interpretation.

## Carpentry work

Thanks to the carpentry skills of COE Resource Volunteer Bruno Skubisz of Mulkeytown, the Rend Lake Visitor Center has a much improved storage area for mounted specimens.

## Public meeting

Lake Shelbyville Park Manager Winston Campbell and Park Ranger Al Lookofsky presided over a public meeting on shoreline erosion at the lake. The meeting was held at the Clarion Inn Resort at Eagle Creek State Park. The meeting was held to

(Continued on page 13)



# \$ Promotions & Incentive Awards \$

**PROMOTIONS:**

Josephine Bischan, OC  
 Joe Brown, OD  
 Gary Campbell, OD  
 Louis Chiodini, PM  
 Francis Clover, OD  
 Sharon Cotner, PM  
 Arlyn Culver, OD  
 Bruce Douglas, CD  
 Jay Fowler, CD  
 Cynthia Gan, RE  
 Jo Ann Gray, PM  
 Janine Hegger, OD  
 Thomas Hewlett, RE  
 Susan Janota Summers, RE  
 Michael Kuntz, OD  
 Darrell Laplante, OD  
 Roger Loughridge, OD  
 Robert Morgan, OD  
 Gerald Parker, OD  
 John Peltas, OD  
 James Pierce, OD  
 Kenneth Pierson, OD  
 Anna Rickher, ED  
 Edward Riiff, ED  
 Kenneth Rogers, LM  
 Zelma Scott, CD  
 Dennis Seibel, CD  
 Dean Surface, CD  
 Bonita Toennies, ED

**EXCEPTIONAL PERFORMANCE RATINGS:**

Kenneth Allensworth, OD  
 Robert Banning, OD

Cevero Boyer, OD  
 Craig Donis, RE  
 Lonnie Forrest, OD  
 Anthony Giardina, PD  
 Diadra Henley, EEO  
 Thomas Johnson, OD  
 Jean Lindhorst, DE  
 James Lynch, OD  
 Gerald McClintock, ED  
 Mark McLean, CD  
 Roger Myhre, ED  
 John Naeger, ED  
 Edward Riiff, ED  
 Lee Ross, CASU  
 Jeffrey Stamper, ED  
 Todd Stoeckel, CASU  
 Deanne Strauser, PM  
 Linda Werner, OD

**PERFORMANCE AWARDS:**

Billy Arthur, ED  
 Steele Beller, RE  
 Michael Brazier, ED  
 Louis Chiodini, PM  
 Kenneth Corbin, PD  
 Michael Dace, PM  
 Edward Demsky, ED  
 Craig Donis, RE  
 Owen Dutt, PD  
 Gary Dyhouse, ED  
 Anson Eickhorst, PD  
 R.C. Franco, DX  
 Elbert Haskett, ED  
 Bernard Hawickhorst, PD  
 Diadra Henley, EEO  
 Thomas Hewlett, RE  
 Bobby Hughey, ED  
 Arthur Johnson, ED  
 Gary Jones, ED

David Leake, PD  
 Jack Niemi, DP  
 Billy Parkes, CD  
 Joseph Przada, RE  
 Thomas Quigley, ED  
 Michael Rector, ED  
 Fred Shepherd, DC  
 Claude Strauser, ED  
 Deanne Strauser, PM  
 Bradford Strauser, ED  
 William Sutton, PM

**SPECIAL ACT AWARDS:**

Billy Arthur, ED  
 Artemio Basuel, OD  
 Charlene Boecklen, LM  
 Michael Brazier, ED  
 Gary Camp, RE  
 Frank Catalano, RE  
 Vanester Duff, ED  
 Gary Dyhouse, ED  
 Roberto Escalera, RE  
 Shirley Harvey, LM  
 Diadra Henley, EEO  
 Chien Hsieh, ED  
 Gary Jones, ED  
 David Kirkpatrick, PD  
 Fred Layne, LM  
 Sharon McGee, ED  
 Avenant Melidor, ED  
 Cynthia Morales, LM  
 Debra Pickerign, LM  
 Thomas Quigley, ED  
 Michael Rector, ED  
 Todd Stoeckel, CASU  
 Claude Strauser, ED  
 Lori Weber, LM  
 Mary Williams, PO



## *Hispanic Heritage Month*

# Hispanics changing America from "Melting Pot" to "Pluralism"

By Rudi Williams  
American Forces Information  
Service

By opening her arms to immigrant masses, America became known as an international "melting pot." But today, with the nation's increasing Hispanic population, the face of the "land of immigrants" is changing fast - not through the melting pot approach, but through cultural pluralism.

In the melting pot, immigrants were Americanized through the educational system and other societal influences. They gave up their old identities and replaced them with values, perceptions and customs of their adopted country, said Navy Lt. Schuyler C. Webb, a researcher at the Defense Equal Opportunity Management Institute in Patrick Air Force Base, FL.

Cultural pluralism is more like a stew, where all the ingredients retain some of their identity. Immigrants don't surrender ethnic and cultural identity to become Americans.

This is particularly true for the huge, unprecedented growth in Hispanic communities across the nation. They're the nation's second fastest-growing cultural minority group, following Asian Americans. In the last decade, the Hispanic population has grown about 53 percent, to 22.4 million, five times faster than the rest of the population, according to Webb's research. By the year 2000, their numbers are expected to reach nearly 30 million.

The defense institute re-

searchers predict that if the massive annual influx of 600,000 to 700,000 people from Mexico and Central and South American countries continues, coupled with a soaring birth rate, Hispanics will replace African Americans as the largest minority group by the year 2020.

A special White House committee coined "Hispanic" in 1969 as a neutral, all-encompassing word to describe all Americans with Spanish ancestry. The largest groups of Hispanic Americans hail from Mexico, Puerto Rico and Cuba. Other large groups emigrated from Spain, Dominican Republic, Colombia, Ecuador, Nicaragua and El Salvador. Although many Filipino-Americans have Spanish surnames, they generally are considered part of the Asian community.

DoD personnel managers expect the Hispanic population explosion to result in higher percentages of Hispanics in the armed forces of the future. Therefore, they said, military recruiting and retention efforts are being geared more toward Hispanic applicants to fill enlisted and officer ranks. Personnel managers are also increasingly concerned about promoting better understanding about Hispanic culture and heritage in the DoD worldwide community.

There are many misunderstandings of the Hispanic culture and heritage, researcher Webb said. For instance, few Hispanic contributions to American society are mentioned in most history books.

"One possible reason is offered by Hispanic researcher Gary Archuleta," said Webb. "He said during the Mexican-American War, which started in 1846, and the Spanish-American War of 1898, propaganda turned popular sentiment against the enemy. Hispanic people were characterized as notoriously criminal, "banditos," lazy and stupid.

"A negative public image of Hispanic people was needed to justify the wars," Webb continued. "The propaganda was effective on two fronts: Other Americans believed it, but many Hispanic-Americans did as well and began to feel those stereotypes were true. This led to poor Hispanic self-images. Unfortunately, these stereotypes linger in society at large even today and may be factors in Hispanic school and employment dropouts.

Manuel Oliverez, DoD's Hispanic employment program manager, said oversights of history, stereotyping and the different shades of skin color have prevented Hispanics, African Americans, Indians and Asians from being main ingredients in America's melting pot.

"Cultural pluralism is the correct term to describe America today, but that's the intellectual way of saying it," he continued. "I think 'salad bowl' is a better way of describing the many different groups of people who make up America. If you look into the salad bowl, all the ingredients have their own distinct color, flavor, consistency, texture and characteristics. That's the mixture of people that is America.



# Rich mosaic is the Hispanic lifestyle

By Rudi Williams  
American Forces Information Service

DoD's top personnel manager is encouraging military installations and defense agencies worldwide to highlight the culture, heritage and contributions of America's fastest-growing minority group during Hispanic Heritage Month, Sept. 15 through Oct. 15.

"Hispanic Americans - most with ancestors in Mexico, Puerto Rico and Cuba - have provided the Department of Defense and the country with generals, admirals, astronauts and prize-winning scientists," Christopher Jehn, assistant secretary of defense for force management and personnel, said in a memorandum to service secretaries and leaders of other DoD organizations.

"They (Hispanics) have received the highest decoration our country can bestow for the heroic defense of our nation with no less than 37 Medal of Honor recipients," Jehn continued. "Hispanic men and women in all walks of life contribute daily to the enrichment of America."

Jehn said this year's theme is "500 Years of Hispanic Heritage 1492-1992... A Cultural Mosaic." The basic annual theme, "500 Years of Hispanic Heritage Week" was expanded to a month-long celebration in 1989.

The Sept. 17, 1989, joint congressional resolution and the

resulting presidential proclamation designating Sept. 15 to Oct. 15 as Hispanic Heritage Month gives symbolic recognition to the major Hispanics have played and are playing in the continued building of America.

Each year, a heritage month committee solicits subtheme suggestions from throughout the Hispanic community. The subtheme is selected by secret ballot cast by members of Washington Council of Hispanic Employment Program Managers, said Rosa Morales, the council chairperson and assistant director for operations and analysis at the Environmental Protection Agency in Washington, D.C.

"Different subthemes will run until 1992, the 500th anniversary of the discovery of America by the Spanish," Morales said. "The subthemes focus on different aspects of our culture and heritage. The first annual theme (1989) was '500 Years of Hispanic Heritage 1492-1992... The Continuing Adventure,' which encompasses the 500th anniversary of the discovery of America by the Spanish. Subsequent subthemes have centered on Hispanic women and education."

"Cultural mosaic" chosen to depict the diversity of Hispanic people. "We're composed of numerous cultures that draw on a similar heritage we get from Spain," said Morales.

The community comprises distinct ethnic groups, each having its own proud and unique heritage - white, black, Indian or

a mixture of races; and its own religion, such as Catholic, Protestant, Jewish, African or Indian spiritualist. Each also has its own folklore, myths, holiday celebrations, artistic expressions, culinary specialties, style of dress and social structure.

Morales said the major objective of the theme is to demonstrate that the Hispanic community is not homogeneous, even though it's united by a common language an origin in Spanish colonization. And, she said, expanding the annual observance from a week to a month gives Hispanics a greater opportunity to get the word out about the contributions Hispanics have made in discovering and building America and their copartnership in the nation's growth, expansion and maturity.

"One week just wasn't enough to do that," she emphasized, adding that neither is a month. "Hispanic culture and heritage shouldn't be celebrated once a year and dropped. It's necessary for people to be aware of Hispanic culture and heritage and respect them throughout the year. Devoting more time to them will, perhaps, get the word out to Hispanics and non-Hispanics.

"One of the basic functions of Hispanic Heritage Month should be to educate people with work on Hispanic programs at different agencies so they're better able to address the concerns and needs of the Hispanic civilian and military communities," Morales noted.



Soapbox Continued

Visions and how it fits into the scope of the management activities.

Rend Lake

WSIL-TV's interview with Park Ranger Ray Zoanetti helped publicize the lake's Take Pride In America events and underscored the importance of educating and involving young children in the preservation of their environment.

Park Rangers Mark Roderick and Leeann Greenwell, along with McGruff the Crime Dog, gave a well received safety presentation at the First Assembly of God Church.

Lake Shelbyville

Fifteen members of the Moultrie County Senior Center learned about honeybees and their importance to the environment from Park Ranger Toni Bell.

Twenty members of the Pana Prairie Kids 4-H Club were led on a tour of the dam by Park Ranger Dee Carlock. They also learned about the history and the main purpose of the lake.

Rangers Al Lookofsky and Mike Skinner recently participated in the "Talk of the Town" talk show on a local radio station. They discussed upcoming events and current activities at the lake.

Assistant Park Manager Tom Bloor appeared on a CBS television station in Champaign, Illinois, to talk about the lake's draft shoreline erosion impact plan.

Carlyle Lake

Park Ranger Angela Hasenfuss conducted a tour of the dam and Nature Hike for a group of Boy Scouts from Bartelso, Illinois.

Catalog offers hundreds of money-saving tips

Looking for ways to save money on your car insurance or how to organize your finances?

Car insurance and personal finance are subjects of two new pamphlets available from the Consumer Information Center. Part of the General Services Administration, the center publishes a quarterly catalog listing more than 200 free and low-cost brochures on safety, federal benefits, health and more.

Nine Ways to Lower Your Auto Insurance Costs, Item 503X, is published jointly by the U.S. Office of Consumer Affairs and the Insurance Information Institute. Information center officials said the free booklet will help a shopper buy the best auto insurance at the best price.. One of many tips in the booklet is how to comparison shop for insurance.

Facts About Financial Planners, Item 434X, is a new 50-cent booklet jointly published by the Federal Trade Commission and the American Association of Retired Persons. It explains what financial planners do and how to determine if you need one to help with investments.

The Consumer Information Center and the National

Consumer's League have published two free booklets on medicines. A Guide to Warning Labels on Non-prescription Medications, Item 580X, explains what the warning labels on over-the-counter drugs mean and what can happen if they're ignored. When Medications Don't Mix, Item 531X, tells what happens when certain drugs interact and how to avoid possible problems.

For example, alcohol and most medicines don't mix. An over-the-counter allergy pill taken with a glass or two of wine can cause extreme drowsiness, troubled breathing and mental confusion. Another tip is to avoid taking aspirin with orange juice - both are acidic and can cause an upset stomach.

For copies of the booklets and a free copy of the Consumer Information Catalog, send your name, address and booklet costs, if any, to:

Consumer Information Center Department (Item Number) Pueblo, CO 81009

In addition, the catalog can be ordered at any time by calling 1-719-948-4000. Center officials stress the call is not toll-free.

Assistant Park Manager Dick Conner spoke to the Carlyle Lake Waterfowlers Association about wildlife management practices, wetlands and the Lands Management Program at the lake. He also spoke to the Centralia Visiting Nurses Association about recreation opportunities at the lake. The Visiting Nurses operate the local hospice program for the terminally ill.

Park Rangers Michelle Obermeier and Angela Hasenfuss presented an anti-pollution program to 63 children at the St. Mary's Hospital employee picnic. They also present programs on snakes to more than 600 children at Lake Sara, near Effingham, Illinois. The programs, on the benefits of snakes, were presented in coordination with the Effingham County Co-op Extension Service.



On August 27, the Metropolitan Federal Women's Program Council held its 16th Annual Training and Awards Program. I'm Vice President of the Council and served as the Awards Chairperson for the program. We had the largest attendance ever - 723 with more than 70 registered from the St. Louis District.

The purpose of the Awards Program is to recognize agencies or people who have shown a significant effort and made considerable progress to improve themselves or the overall status of women in accordance with the goals and objectives of the Federal Women's Program.

The Metropolitan Federal

Women's Program Council presented the Corps of Engineers with a very special plaque. The District always sends the most employees to the training programs and supports them in numerous other ways.

We had two women nominated in the non-supervisory self-development category - Andrea Pickard and Kathie Shelton. The goal in this category is to recognize that who works the hardest to develop through organizational involvement both at work and externally through education and training.

Mr. Woodrow Sandlin, Chief, Real Estate Division, won the Managerial Award. This award is presented to the manager who is consistently active in the advancement and training of women in preparing them for career development and advancement. Mr. Sandlin's division has Karon Marzec and Susan Janota-Summers participating in the Women's Executive Leadership Program and Doris Miano in

long-term training, all three are for one year.

I was very honored to be chosen as the Federal Women's Program Manager of the Year by the Metro FWP council. This award is presented to the FWP manager for her accomplishments within the agency, involvement beyond the agency level, outside activities, education and training.

Here at the District our FWP Committee went to Carlyle Lake for our September meeting. Thanks to everyone at Carlyle for a very enjoyable and informative day. We plan to continue to visit the field sites for our committee meetings so we can better understand the needs of the employees in the field.

Thanks again to Angela Tedder for another article this month. With the new day care opening in the building this month we thought an article on children was appropriate.

Norma J. Hall  
Federal Women's  
Program Manager

# Pushover parents

By Angela Tedder, IM

Could your child qualify as a card-carrying member of the Napoleon Tyrant Club? Well, it could be your fault. According to studies, a new epidemic, wimpy parenting, is sweeping the nation.

"Far too many parents abdicate their role as authority figure," says Dr. Glenn Austin, a pediatrician in Los Altos, California and author of *Love & Power: Parent and Child*. "They've listened to parenting manuals that say if your kid kicks you in the shin, you shouldn't do anything more than say 'Ouch.'" The consequences aren't good for either parent or child. Pushover

parents end up with little tyrants. And, according to a 20-year research project being conducted at the University of California-Berkeley, the kids don't thrive either. Over the years, the study has shown that kids of permissive parents are immature, low in self-reliance and independence and lacking in discipline. In follow-up studies, the long-term effects aren't positive either. These kids-turned-teens have had a disproportionately high number of social and academic problems.

Why do sensible, well-intentioned, often college-educated people turn into wimpy parents? Some are reluctant disciplinarians because they

believe praise and positive reinforcement are the keys to raising a well-adjusted child. As vital as those are, good parenting requires more than love, says Austin. "The job of parenting requires power and parental power exists, like it or not," he says.

Lee Canter, an educator in Santa Monica, California, and co-author of *Assertive Discipline for Parents*, says parents can boost their kids self-esteem by encouraging them to participate in family decisions. But, parents need to limit the scope of the participation or else children will take the reins.

(Continued on page 13)



# Recycling Corner

Paper recycling began October 1. We hope each of you is participating. What an easy way to save space in our landfills and save thousands of trees. Thanks to each of you for your support. If you have any questions regarding the paper recycling program, please refer them to Randy Curtis at 8413.

In the last issue of ESPRIT, an incorrect number was printed in the letter from Terri Morris. The statement should have read: "Every Sunday more than 500,000 trees are used to produce 88 percent of the newspapers that are never recycled." The percentage printed was 8 percent.

The Aluminum Can Recycling Committee's goal has been to keep as much recycling information available for you as possible. Please take the time to look at the brochures, pamphlets and charts available in the bins in each of the kitchen areas near the recycling containers.

The ESPRIT articles are aimed at keeping you aware of things you can do to recycle items every day. Aunt Trashie, and her team of committee members, is available to answer your questions and research any questions you may have. Please take advantage of the hard work your committee is doing for you. The current members of the Aluminum Recycling Committee are: Sharon McGee, Mark Alvey, Steele Beller, Jane Barnhart, Karen Blum, Barb Collier, Randy Curtis, Connie Driscoll, Carolyn Foster, Judy Griffith, Jerry Hawkins, Janice Hitchcock, Laurel Lane, Richard Pearce, Tom Quigley, Anne Woodrome and, last, but not least, our coordinator with the St. Louis Abused Women's Center for can pickup, Wenda McGilberry.

Notes from Aunt Trashie this month include:

ED-G used the proceeds from their Aluminum Can Recycling Program for the past eight months to provide a taco salad lunch for the entire branch at the beginning of October.

Telephone books will soon be distributed. Please watch for a note from Randy Curtis about recycling.

Aunt Trashie welcomes another soda drinker and recycler to the St. Louis District, Colonel James D. Craig.

The following is excerpts from a letter from the St. Louis Abused Women's Support Project.

Dear Friends,

My sincere apologies for this very long overdue letter of appreciation to all of you involved with the "can collection project."

The Support Project staffs a 24-hour crisis line which enables the agency to respond to women in life-threatening situations at all times, 365 days a year. The Support Project is the only victim service agency in the metropolitan area with this 24-hour service, i.e. where a caller has a live person at the other end of the line.

Shelter services include: three meals a day, clothing bank, children's program, a safe, secure and homey environment, and many more.

The money raised from the can collection project goes directly into the overall operating budget.

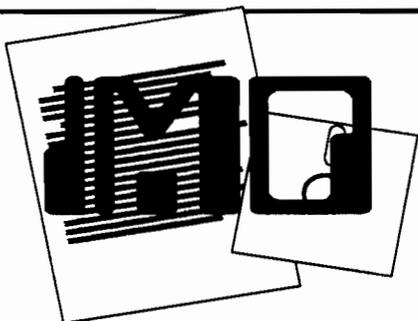
Monies are spent in areas for which no other grant money is specifically designated. We've also been given the opportunity to do special events around the holidays and for birthdays because of the extra cash. The Support Project relies heavily on donations such as yours just to keep shelter facilities in operation. We rely also on donations such as food, clothing, linens and medical supplies.

Your time and energy to make this project a success is most appreciated. More important than anything has been your willingness to continue this project over such a long period of time.

On behalf of everyone involved with the St. Louis Abused Women's Support Project, I extend our sincere thanks for your generous outpouring and your very kind gifts of sharing. Finally, I would like to commend you on helping to preserve our precious environment by collecting instead of throwing away.

Sincerely,  
Margaret T. Caven  
Executive Director





## The CETAL Saga

This adventure began in early August when the Division Comptroller's Office directed the District to begin using the latest and greatest version of CETAL. This new software has many improvements and uses the centralized processing mainframe 'CYBER' computer located at the Waterways Experiment Station in Vicksburg, Mississippi.

The work that is now being performed by the CYBER computer was previously accomplished on the District's Harris computer. This new software operates almost identically to the old software, from a timekeeper's point of view, however, the underlying communications software and the interface to the mainframe computer are completely different. This changeover meant that Information Management personnel would be required to visit every timekeeper PC within a single pay period.

A transition team was assembled consisting of IM-I personnel with experience in the data communications and CETAL system. This effort was further complicated because a permanent replacement for the previous primary CETAL support person, Linda Moore, was never hired. After an

implementation plan and target dates were established, the tasks began with Charles Brooks and Richard Andersen performing initial programming, testing and establishing the timekeeper accounts on the CYBER mainframe. Deborah Maynard and Vanessa Alexander joined in when it came time to visit all the timekeepers throughout the District.

The switch began September 9 and was to be completed on September 19. The team began visiting the field office sites first and experienced many different problems the first week because of the various configurations of machines, modems and phone systems used throughout the District. All the field sites were visited the first week and, although a couple problems persisted, the District office changeover continued on schedule. Deborah and Vanessa had quite an experience trying to locate the dredge near Perryville, Missouri, one day. Ask them about it. It's a good story.

When I sat down to compose this article on Friday, many of the timekeepers were already certified or uploading the data for this pay period. So it looks like everything has worked out OK. Some of the timekeepers have said they like the new system better than the old one. A lot of background work was done to make this transition as painless as possible. A lot of highway miles were logged and some of the folks put in some long days. The whole team deserves a special thanks for a job well done.

## Parents Continued

Still other parents are reluctant to set limits because they are overreacting against strict up-bringsings, says Canter. Spanked by their own parents, they vow "I won't be tough on my kid." The impulse is understandable, but parents can't forget that children need expectations and standards, he says.

The answer isn't to use a dictatorial, do-it-my-way-or-else parenting style, say child experts. The same U of C study that debunks overly permissible parenting also indicts overly strict child-rearing. Conducted by Diana Baumrind of Berkeley's Institute of Human Development, the 20-year study of 150 middle-class families shows that harsh, punitive parenting produces troubled children.

There's a middle ground where parents can maintain order and respect without stifling a child's spirit, says Baumrind. Her research suggests that parents who produce children with the best balance of responsibility and independence provide a mix of communication, caring and firm discipline. She calls the combination "authoritative parenting." Too bad Napoleon's parents had never heard of it.

This article was adapted from a piece in "Your Health" magazine.

### NEWS BRIEFS Continued

discuss the draft plan for facility impact of shoreline erosion with concerned citizens.

## Record season

The 1991 recreation season at Lake Shelbyville could set a new record in total visitation. The old record was 3,900,000 visitor days

(Continued on page 15)



# To Your Health

## Take safety along when jogging

Running and jogging are good exercise, but remember to stay safe while keeping fit.

Air Force SSgt. Arthur Davis, a ground safety technician at Minot Air Force Base, N.D., said one of the most dangerous safety violations is wearing headphones while jogging on a roadway. DoD instructions prohibit wearing headphones while jogging, but it's foolish behavior off base, too, he said.



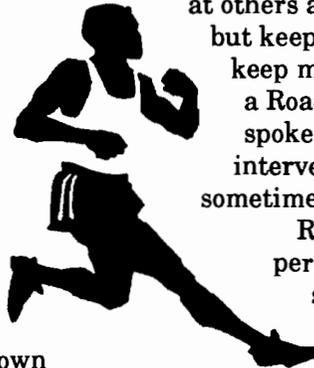
"How can you hear approaching traffic from behind you with music or whatever bouncing off your ears? Runners have to be alert," he insisted, adding his other pet peeve is joggers who dart from between parked cars. "Joggers should stop, jog in place and proceed only after vehicle traffic stops for them.

"It is best to run on a designated running trail or track, but I know that's not always possible," said Davis. "Runners should wear reflective clothing or strips

of reflective material if they run on the road at night. They should also run facing traffic so they can see approaching cars."

Unfortunately, traffic is not the only safety concern for runners. The Road Runners Club of America, a national volunteer organization with chapters in 46 states, has some suggestions for runners:

- \* Carry identification or write your name, phone number, blood type and medical information on the inside of a shoe.
- \* Don't wear jewelry.
- \* Carry a quarter for a phone call.
- \* Run with a partner - a dog makes a good running partner if no friend keeps the same schedule.
- \* Tell friends or family about your favorite running routes, and write down or leave word of the direction of your run.
- \* Run in familiar areas where there are telephones and open businesses or stores.
- \* Avoid deserted area and streets and overgrown areas.
- \* Avoid unlit areas at night.



\* Run clear of parked cars and bushes.

\* Carry a whistle or other noisemaker.

\* Call police immediately if something happens to your or someone else, or if you notice anything out of the ordinary.

Finally, Davis and other safety experts recommend that runners ignore verbal harassment, because an angry response could lead the harasser to escalate to a physical attack. They suggest joggers look directly at others and be observant, but keep a distance and keep moving. However, a Road Runners Club spokeswoman said intervention may sometimes be appropriate.

Recounting a personal experience, she said she once

aided another female jogger who was being harassed by a work crew. When the club official made it a point to be seen writing down the license number of their truck, the crew stopped taunting the woman and looked embarrassed.

## Now you can retire your sleep debt

Most adults sleep about one hour less than they need in order to stay alert all day. Sleep experts at the Department of Psychology at Cornell University say it's because we are unwilling to keep regular hours. There's not quick fix for the problem, but here is their advice on sleeping more "efficiently."

- \* Turn out the light, it's a strong biological block to good sleep.
- \* Be secure. Lock doors and windows.
- \* Wear something comfortable, it doesn't matter what, as long as it's cozy.
- \* Get a mattress that supports pressure points: shoulders, hips, buttocks.
- \* Minimize interruptions. If you get thirsty at night, keep water close by.
- \* Eat lightly before bed. Milk and bread or breakfast food are good.
- \* Be physically tired. Exercise regularly, but not in the evening.
- \* Don't nap longer than 15 or 20 minutes during the day.



# Retiree Review

By Kate Stiles

There were 41 in attendance at the monthly luncheon. A little better attendance than last month. Let's hope each month gets better. It's such a pleasant experience to greet and visit with our fellow retirees. Come see for yourself. We missed representatives from the District office. Hope to see them next month.

Bill Haynes, again our "Senior Retiree" motored up from Farmington along with many of his little hand carved "criters." His trusty sharp knife carves little birds, pigs, elephants, ducks and others. He did say he has an electric sander. Is that cheating? Anyway many of us took his little animals home with us! Keep it up, Bill.

Here's a rundown of some of our fellow retirees no were unable to join us:

Carl Barron says he's a young 85 and his knees don't work so well. He uses two canes.

Ruddle Spring is able to mow his grass. Then he has to take a nap. So glad he's doing okay. Come see us soon.

Al Wurst has good days and bad days. I talked to him on a good day. He sounds like the "Old Al." Still uses his electric cart, escorts his lovely wife down to the lake, holds hands and watches the sunset. How about that? By the way, Gen spent a couple of days last week in the hospital, but is doing fine now.

Carroll and Mary Lou Howell have moved to St. Joseph's Home, 723 1st Capitol Drive in St. Charles. Carroll still drives and takes his wife out quite often.

George and Betty Clapp spent a few days last week at the Lake of the Ozarks. Glad to know they're doing so well and George is able to drive.

Happy Birthday (belated) to Gen Wurst and Mildred Miles, who's birthdays were 14 and 15 September.

Phil Presateri doesn't walk so well - two canes. He's been in the hospital several times this last year. Sorry to hear that. But he's home.

So glad to see some who had been missing: Cliff Forderhase, the Bakers and a few others. Mike Cullen forgot to keep that record.

Raese Simpson is living in Massachussets. He is

here visiting his son. It has been two years since he's been with us. Welcome Raese.

The Corps Golf Tournament was last week. Seems the Retirees out-played the "actives" and the mention of money and trophies was bandied about. Congrats!

Several of the retirees are going on a Bermuda cruise next week. Bill Brown said they just returned from a Scandinavian cruise. Good going!

Roger Cuddeback told his "Re-tale" story and made a quick exit. Said he had to take his wife somewhere.

Our December meeting was discussed. Any volunteers to prepare attendance favors? Come on. Someone. Virginia Dillow and Ruth Krause made them for 14 years. Who wants to volunteer? Our December meeting will be 19 December, with usually 70 or more present. We need volunteers. Only three months away!

Our sympathy is extended to the Clinton Turner family. His wife passed away August 18. I understand she had a heart attack.

The next luncheon will be on October 17. Same time (11 a.m. or so) at the Salad Bowl on Lindell. Let's see some faces we haven't seen for a while - or never seen. You're missing a delightful get together. See you on October 17.

## Retirees

Jim Petersen, long-time Chief of Operations Division retired on October 3rd after 35 years of federal service, all, except for six months, with the St. Louis District. Jim started with the District in 1959 and became Chief of Operations Division in 1974.

Harvey Hector retired from the Dredge Potter in July. Harvey had 16 years of federal service, 11 years with the St. Louis District.

**NEWS BRIEFS** Continued

## Handicapped Dove Hunt

Carlyle Lake's 1991 Handicapped Dove Hunt brought the opportunity to hunt back to thirteen handicapped hunters. Each of the eight hunting blinds were full for the opening day of dove season. Plans are underway to make this an annual event at Carlyle. Park Ranger Andrea Pickard coordinated the event with the help of Ranger Chuck Frerker.

## FWP tour Carlyle Lake

The Federal Women's Program held its annual officer's meeting at Carlyle Lake this year. The women were given a tour of the lake area and later had lunch in the McNair Day Use Area.

# Accident Summary

## PERSONAL INJURIES - GOVERNMENT EMPLOYEES - SEPTEMBER 1991: One

Total accidents for FY91: Eight

Total accidents for FY90: Thirteen

A summer aid was leveling sidewalks with 4"x4" timbers when one of the timbers slipped, causing the weight to shift and flip the timber up, striking him in the neck and throat area.

## PERSONAL INJURIES - CONTRACTOR EMPLOYEES - SEPTEMBER 1991: Two

Total accidents for FY91: Nine

Total accidents for FY90: Eight

Contractor laborers were lowering a piece of scaffold board; it slipped out of the rigging and struck another board, which flew up and struck an employee.

A carpenter suffered a fractured hip and toe while walking over shoring to pick up a tool. The beam rolled when he stepped on it, causing him to fall approximately 12 feet.

## GOVERNMENT VEHICLE ACCIDENTS - SEPTEMBER 1991: One

Total vehicle accidents for FY91: Two

Total vehicle accidents for FY90: Five

A District Office laborer in a government van was leaving a construction area where a backhoe was being used. The employee attempted to drive around the backhoe. The backhoe driver was not aware that the government van was behind him. The backhoe backed into the van's driver's side door. The employee was injured.

## LAKE FATALITIES - SEPTEMBER 1991: One

Two boats collided at Wappapello Lake. One of the occupants was killed.

Total lake fatalities for FY91: Four

Lake Shelbyville - 1

Mark Twain Lake - 1

Rend Lake - 1

Wappapello Lake - 1

Total lake fatalities for FY90: Five

Carlyle Lake - 1

Lake Shelbyville - 1

Rend Lake - 2

Wappapello Lake - 1