

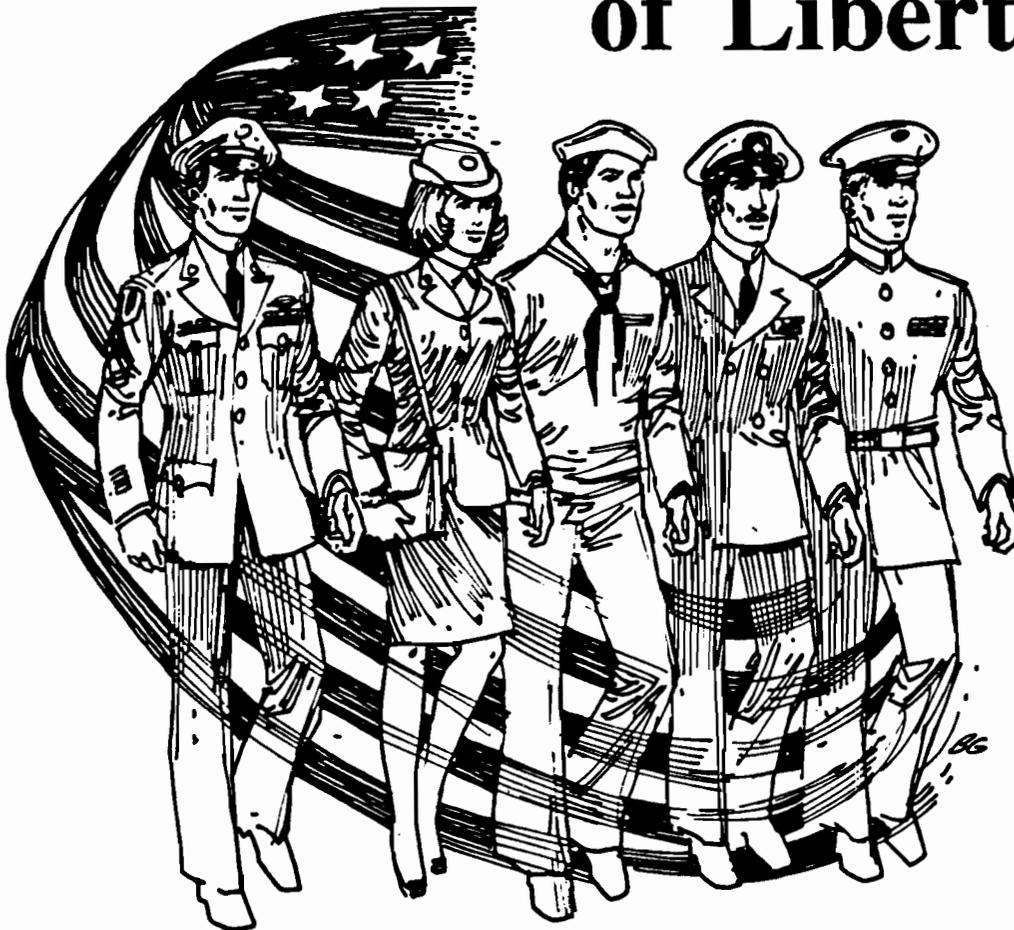
ST. LOUIS ARMY ENGINEER DISTRICT

ESPRIT

VOL. 25 NO. 5

MAY 1988

Securing the Blessings of Liberty



Armed Forces Day

(See pages 8 and 9)

Editorial

Of Swamps... and Alligators

The military has long had an adage which states: Its hard to concentrate on draining the swamp when you are up to your in alligators!

The situation becomes even worse if we lose track of which actions contribute to draining the swamp and which are simply shooting alligators.

Let's face it. Some alligators have to be shot because they interfere with swamp draining. All too often, however, shooting alligators becomes a goal in itself -- for trophies or handbags and shoes.

It might be useful for everyone in the District -- not just (but including) managers and supervisors -- to spend a little time remembering just what our real missions are. Then, one can review his or her day-to-day activities in terms of which ones truly contribute to mission accomplishment and which ones are simply "wrestling alligators" -- or, perhaps, just swatting mosquitos.

Functions, procedures, reports, forms, meetings -- all can become alligators if they are not judged against the criteria of supporting the missions. The question of priorities enters in and a degree of judgement is required. Admittedly,

this is not as comfortable as just "going along," but effective mission accomplishment requires it.

Very frequently alligators are born from tunnel vision -- concentrating on one's personal activities to the exclusion of awareness of what is going on beyond one's immediate vicinity and of how your actions/reactions affect other people who are trying to get their mission accomplished.

This phenomenon was encountered during our last major flood event, in October of '86. Some District elements expressed resentment of flood fight activities which interfered with their normal business. These people had lost sight of the fact that, during such an emergency, flood fighting becomes THE priority mission and "business as usual" becomes a totally inappropriate response -- becomes an alligator!

We need to raise our sights beyond day-to-day routine and look toward our real missions -- to put aside parochial interests and personal conveniences -- and concentrate on why we are in business. Are we being a help or a hindrance?

Wouldn't it be lovely if this kind of "alligator" could be placed on the endangered species list?

CAW



**US Army Corps
of Engineers**
St. Louis District

ESPRIT is an unofficial publication authorized under the provisions of AR 360-81. It is published monthly, by contract, in 1300 copies, by the Public

Affairs Office, U.S. Army Engineer District, St. Louis. Views and opinions expressed in this publication are not necessarily those of the Department of the Army.

District Commander.....Daniel M. Wilson
Chief, Public Affairs.....Clyde Wilkes
Public Info. Spec.....Ken Kruchowski
Editor in Training.....Karen Crow

Address mail to: U.S. Army Engineer District, St. Louis, ATTN: CELMS - PA, 210 Tucker Blvd, North, St. Louis, MO 63101-1986. Phone: (314)263-5662.

High Blood Pressure

By Evelyn D. Harris
American Forces Informa-
tion Service

May is National High Blood Pressure Month -- very important to an organization that must rely on good health. While the percentage of adults with the disease is steadily decreasing -- due in part to greater public awareness -- elevated blood pressure is still a public health problem for America and a readiness problem for the military.

About 25 percent of adult Americans have high blood pressure. Black Americans have a slightly higher rate than whites -- about 30 percent. One out of two Americans has high blood pressure by the age of 60. Factors that increase the risk of hypertension include being male, obese or diabetic, smoking and taking birth control pills.

A normal blood pressure reading for an adult is 120 over 80 millimeters of mercury. The first number is the systolic pressure -- the reading when the heart is working hardest, pumping blood out of the heart. The second reading, or diastolic pressure, is taken when the heart relaxes.

According to Dr. Motilal Pamnani of the Uniformed Services University of the Health Sciences, a blood pressure reading

that stays at a level of 140 over 90 normally indicates a person has hypertension. Once the level reaches 150 over 95, the person has a definite hypertension problem and should be treated.

However, blood pressure must be reduced gradually, said Pamnani, an associate professor of physiology. "If you bring down a person's blood pressure too quickly, you risk reducing the supply of blood to vital organs," he explained.

In cases of mild hypertension, Pamnani prefers treating patients with changes in diet and lifestyle rather than giving them drugs. "Once you start taking drugs for hypertension," said the doctor, "the treatment must be continued for life. It's dangerous for a patient to stop taking his medicine because he thinks he is better and doesn't like the side effects."

Although today's drugs are more sophisticated and have fewer side effects than earlier medicines, they are not without risks, Pamnani said. Therefore, the treatment of choice is to lose weight, get more exercise, stop smoking and eat less salt and more potassium.

Being active is important in keeping blood pressure under control. "Being an active person

doesn't have to mean becoming an athlete," said a DoD health-care official.

"The word we want to get out to both military and civilian people is don't be a couch potato," she said. "You can do simple things like taking stairs instead of elevators, sometimes walking to see colleagues instead of calling and parking a little farther away from your destination. In general, try to do everything with more vigor."

Free Blood Pressure Service

In observance of National Hypertension Month, the Public Health Service Health Unit personnel plan to provide high blood pressure services free of charge and high blood cholesterol screenings at a rate of \$4 per client to employees on Wednesday and Thursday, 25 and 26 May 1988, from 9:00 a.m. to 3:30 p.m. in Room 1040. The \$4 fee must be paid in cash by employees at the time of the test.

The Public Health Service nurses and City of St. Louis Hypertension Screening Personnel will do the hypertension screening and the St. Louis Comprehensive Health Center will provide high blood cholesterol screening.

Forms were sent to each employee near the end of last month. Be sure to send in the form. Testing will be by appointment only.

Weight Watchers Program

The Weight Control Program for the District has been a success. We have had 23 employees attending the meeting each Tuesday for the last seven weeks and we have lost a total of 230 pounds.

The participants are proud of their progress. Some of them have reached

their goals and there will be no need to participate in the next ten-week class.

Anyone in the District Office who is eight or more pounds overweight and would like to become a Weight Watcher should contact Oleva Robinson at 5832 before 3 May 1988.

What Is a Healthy Diet?

A healthy diet will contain a wide variety of foods with a majority of calories coming from high nutrient carbohydrate foods such as vegetables, starches and fruits. It will not contain excessive amounts of sugar, salt, alcohol and fat. If you eat a healthy diet you can expect it to:

Allow you to feel your best and to function at your full potential.

Provide the right combination of nutrients that will not promote and may prevent the development of degenerative diseases such as cancer, heart disease, hypertension and osteoporosis.

Provide the right balance of calories to maintain your ideal weight.

The following seven guidelines are a basis for selecting a diet which promotes optimal health and fitness.

1. Eat A Variety of Foods. Doing so:

Assures you of an adequate intake of all the nutrients you need.

Reduces your exposure to any one food which may contain excessive carcinogens.

2. Maintain Your Ideal Body Weight. Do this by balancing your caloric intake with your needs.

3. Avoid Foods With Too Much Fat, Particularly Saturated Fat.

4. Eat Foods With Adequate Starch And Fiber.

5. Avoid Too Much Sugar. Doing so:

Helps to balance your caloric intake with your needs.

Reduces your chance of developing cavities.

6. Avoid Too Much Salt. Doing so helps to delay the onset and severity of high blood pressure in persons who are susceptible. (Most people who are susceptible do not realize they are.)

7. If You Drink Alcohol, Do So In Moderation.

Field personnel may contact Oleva to find out about Weight Watcher's Chapters in their geographic area.

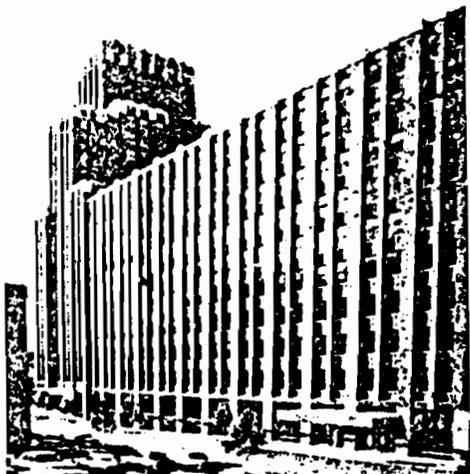
Information on Osteoporosis

"Osteoporosis and You" will be the topic when Diane Andrea, Registered Dietitian with the St. Louis Dairy Council, speaks to District Office employees at 11:30 a.m., 15 June 1988, as part of the Library Lecture Series in Room 926.

"Osteoporosis and You" is a slide program developed by the St. Louis District Dairy Council. It is part of an on-going campaign to educate the public about osteoporosis, sometimes called the "brittle bone disease", and the need for dietary calcium.

While osteoporosis affects more than 15 million Americans, most of them women, preventative measures can be taken by both males and females. Diane Andrea will explain what causes osteoporosis and offer nutritional tips for avoiding it.

For more information, call the St. Louis District Dairy Council at (314)961-3100.



The Mart Building Committee Report

This is the first periodic report designed to update affected agencies on the progress of four working groups appointed to facilitate the move to the Mart Building. With this first report, the Federal Executive Board Mart Building Committee introduces its four subcommittees and summarizes their activities to date. The committee further encourages agencies to contact subcommittee members about agency concerns and suggestions.

PARKING, PUBLIC TRANSPORTATION AND SECURITY

This is an eleven member subcommittee chaired by Col. Daniel M. Wilson and including John Huetch and Barbara Collier as members.

The subcommittee has met three times to determine if there will be sufficient parking spaces to accommodate the 4000-4200 people occupying the Mart Building after the move. A private organization conducted a parking study

in January 1986. A GSA parking study in September 1987 identified 3400-3700 vacancies at 31 lots near the Mart Building. Parking within four blocks is 82 percent occupied, leaving 1300 vacant spaces. Official, visitor and handicapped reserved parking will take 600-1000 spaces. The location of these reserved spaces remains uncertain.

The committee discussed many questions and concerns in detail with GSA representatives J. Wayne Roy and Gerald East on 10 March 1988. GSA and the subcommittee may resurvey agencies about official and employee parking needs. The resurvey would also identify the number of employees who are shift workers.

Bi-State has been contacted about altering bus routes for easier access to the Mart Building. Bi-State will include Spruce Street in bus routes, once more people have moved into the Mart Building.

GSA will furnish a schedule of security meas-

ures in place between now and 1990, for both the Mart Building and for buildings being vacated in the wake of the move. GSA will provide guard service in the Mart Building. This will include one guard at the building entrance and one on patrol in the building at all times. In addition to lights and a fence for the parking area, CCTV coverage monitored at the guard desk is a possibility. An emergency PA system will also be installed.

HEALTH AND FITNESS

The Mart Building physical fitness center is scheduled for completion in May 1990. After several meetings, the subcommittee has determined that the center will measure 15,000 square feet, with 3000-4000 feet for the Health Center. Two aerobic rooms will occupy 2000 square feet each. Weight equipment and a running track (20 laps to a mile) will be installed.

The estimated maximum cost to each agency per person per year will be \$88.40 where an agency uses both the Health Center and Exercise Facility. Specific costs are:

Exercise facility plus Health Center -- \$88.40 per person.

Health Center only -- \$50 per person.

Exercise Facility only -- \$47.40 per person.

The total cost to the agency is based on the

(continued on page 6)

(Mart Building cont.)

total number of employees per agency, whether or not all employees use the facility.

COOPERATIVE ADMINISTRATIVE SUPPORT UNIT (CASU) ON SHARED SERVICES

The five largest tenants of the Mart Building have formed a CASU to examine the potential for shared services after renovation ends. Services being studied are: copying, child care, facilities (laborers, personal property, shipping and receiving, etc.), library, telecommunications and mail. Potential shared services were identified by a survey of future tenants. This subcommittee has been very active to date and numerous task forces have been formed to deal with the shared services noted above.

SPACE, FACILITIES AND FURNITURE

This subcommittee has not met to date. As the CASU group progresses, a number of initiatives may surface which will involve this subcommittee. Input from all agencies is expected, which will eventually make this subcommittee more active.

Note: SLD is represented on the latter two subcommittees by Barbara Collier.



ture, contains over 2.2 million records (from 1970 on). Nearly 17,500 new records are added each month from 4,500 journals, publications of engineering societies and organizations, as well as data from technical reports and monographs.

The 'Plus' in the index title refers to the extended coverage of

**HOW CAN WE HELP YOU?
BEST ONLINE ENGINEERING DATABASE NOW EVEN BETTER**

The new District Librarian, Art Taylor, reports that the extensive online database engineers have long relied on, COMPENDEX is now COMPENDEX PLUS. This database, which provides coverage of significant engineering and technological litera-

the conference records of the once separate file, Engineering Meetings, which indexes over 2000 conferences per year.

If you haven't used this index recently for your current project, ongoing speciality or general research, please call Art at 5675 for a copy of the 'Search Form' request. He'll be glad to assist you.

Thrift Savings Inquiries

The Central Payroll Office has requested that all employees be reminded they should not contact the National Finance Center in New Orleans directly concerning their Thrift Savings Plan (TSP) on items such as name or address changes, discrepancies or account balances.

All inquiries and/or requests for data changes should be directed to the Payroll Liaison Officer,

CELMS-DC-F at 263-5666.

Direct communication with the National Finance Center will only result in extended delays until your letter is returned to the Payroll Liaison Officer.

FOR SALE -- 1975 Moto Guzzi 850T Motorcycle -- new tires, transmission, vetter faring, King and Queen saddleseat, luggage rack. Sell or trade. \$900 firm. Call Larry at 5668 or (618) 797-1264.

AIDS Policy For Civilian Employees

By Evelyn D. Harris
American Forces Informa-
tion Service

Under a new government policy, DoD civilians and other federal workers can be disciplined by their supervisors if they refuse to work with an AIDS-infected colleague.

In a memorandum to agency and department heads outlining the new regulations, Constance Horner, director of the Office of Personnel Management, said, "The federal government, as an enlightened and compassionate employer concerned with the health and welfare of its employees, has an obligation to show the way in addressing the realities of the AIDS epidemic."

Thomas Garnett, director of workforce relations training and staffing policy in DoD's Office of Civilian Personnel Policy, said the new Office of Personnel Management guidelines are consistent with DoD policies regarding AIDS.

The guidelines say:

Employees infected with

HIV (human immunodeficiency virus, which causes AIDS) should be allowed to continue working as long as they are able to maintain acceptable performance and don't pose a health or safety threat to themselves or others in the workplace.

HIV-infected employees should be treated in the same way as employees who suffer from other serious illnesses.

There is no medical basis for employees refusing to work with HIV-infected persons.

Employees' concerns about AIDS in the workplace should be taken seriously and addressed with appropriate education and counseling.

If education is unsuccessful and managers determine that an employee's unwarranted threat or refusal to work with an infected employee is impeding or disrupting the organization's work, management should consider appropriate action against the threatening or disruptive employees, including dismissal.

According to Air Force

Dr. (LTC) Michael R. Peterson, senior policy analyst for health promotion in the Office of the Assistant Secretary of Defense for Health Affairs, the kind of contact that generally occurs among workers and clients or consumers in the workplace does not pose a risk for transmission of AIDS.

The Office of Personnel Management directive stresses the need to educate federal employees to increase their understanding of AIDS.

The directive also says agencies should grant leave to HIV-infected employees in the same manner as they would grant leave to employees with other medical conditions. Similarly, employees' assignments or schedules should be changed under the same policies used for other medical conditions.

Infected employees will be allowed to continue their Federal Employees Group Life Insurance, but won't be allowed to increase it after they become seriously ill.



The week of 23 to 30 May is "Buckle -Up America" week.

Armed Forces Day Around the World

By Sgt. Maj. Rudi Williams, USA
American Forces Information Service

Millions of people from coast to coast -- and across the oceans in West Germany, Japan, Korea and other parts of the world -- will flock to a host of special events between May 15 and May 21. The open houses, air shows, parachute demonstrations, static displays, parades, luncheons, dinners and rousing patriotic speeches have one purpose: to celebrate Armed Forces Week.

Secretary of Defense Frank C. Carlucci is slated to participate in the Department of Defense Joint Services Open House at Andrews Air Force Base, Maryland. Billed as perhaps the largest Armed Forces Day event in the world, the open house will be held from 8:30 a.m. to 5 p.m., on Saturday, May 21.

Similar activities, but on a smaller scale, will take place on U.S. military installations around the world. DoD has tapped 13 regional sites to coordinate activities nationwide; overseas commanders will decide how Armed Forces Week will be celebrated at their locations.

The 13 stateside regional sites are Chicago; Indianapolis; San Antonio and Dallas, Texas; San Francisco and Torrance,

Calif.; Washington, D.C.; Atlanta; Denver; Milwaukee; New York; Portsmouth, N.H.; and Seattle.

Events in and around Atlanta include a massing of the colors, with participants from all branches of the service, and a parade in nearby Winder, Georgia.

Every year, thousands of Chicagoans and visitors to the "Windy City" stop by the huge exhibit of military equipment outside city hall in Daley Plaza. Everything from Army tanks and armored personnel carriers to Navy jet fighters to Coast Guard boats will be on display. Bands from each service will perform lunchtime concerts in the plaza and at four others around the city.

New York Mayor Edward Koch is expected to deliver an Armed Forces Day speech again this year during a visit to the aircraft carrier Intrepid. The carrier is credited with sinking more than 80 ships and destroying 600 enemy aircraft during World War II. Berthed at Pier 86 South on West 46th Street in the "Big Apple," the Intrepid today is a floating museum.

In sunny California, Torrance boasts of having the biggest Armed Forces Day celebration on the West Coast. The city, near Los Angeles, also

claims to have the longest continuous-running Armed Forces Day parade in the country. Started in 1959, the parade runs about three hours along a mile and a half route through the city.

Since it was proclaimed by presidential proclamation in 1950, Armed Forces Day has been held on the third Saturday in May.



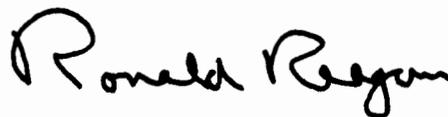
Armed Forces Day Message from the President

To citizens of the United States, Armed Forces Day is one of the most revered days of the year — because for more than 200 years the Armed Forces of our Republic have faithfully tended the eternal flame of liberty. American schoolchildren have ever learned that "We the People" are free in large measure because of the valiant men and women who proudly wear the uniforms of our military services.

In that spirit, this year's Armed Forces Day theme is based on the preamble to our Constitution — "Securing the Blessings of Liberty." These magnificent and immortal words challenge every generation of America's sons and daughters to take her destiny in their own strong and capable hands. You have taken up the challenge in our time so that all of us can continue to share the blessings of the liberty you protect so ably and at such great risk and sacrifice.

We celebrate this day to give all Americans an opportunity to honor members of the Army, Marine Corps, Navy, Air Force, and Coast Guard and to reflect on their role under our Constitution. On the calendar, Armed Forces Day comes but once a year; but you who stand on the ramparts of freedom know that Armed Forces Day is not only a day but truly a way of life.

As your Commander in Chief and as an American, I proudly salute you for your courage and your devotion. Nancy and I join all Americans in recognizing the more than two million active service members and one and a half million National Guard and Reserve personnel who serve our country's cause. God bless you, and God bless America.



Ronald Reagan
President

SLASC Armed Forces Day Celebration

The St. Louis District will participate again this year in the Armed Forces Day festivities at the St. Louis Area Support Center (SLASC) in Granite City, Illinois, on 13 and 14 May 1988. The District will have a tent full of exhibits to explain its missions to the public.

The SLASC Armed Forces Day celebration will include Air Force fly bys, demonstrations by the Golden Knights Parachute Team, a POW/MIA candlelight 24 hour vigil, an Armed Forces Day run, a softball tournament, a Civil War battle reenactment, a WWII battle reenactment, plus many exhibits, demonstrations, games and concessions.

Come over to SLASC on Friday and Saturday, 13 and 14 May. See how your Armed Forces help "secure the blessings of liberty" and have a great time.

Armed Forces Day At the Lakes...

Carlyle Lake - 21 May
Visitor Center
Lake Shelbyville - 25 June
Dam West Rec. Area
Rend Lake - 14 May
Visitor Center
Mark Twain Lake - 14 May
Spillway Rec. Area
Wappapello Lake - 11 June
Redman Creek Rec. Area

Thanks Mom



Lots of things have changed since the first Mother's Day.

The horse and buggy rigs are gone. We have bright lights that turn night into day. And marvelous things happen when we plug a cord into the wall.

In some ways our mothers have changed too. They don't feed chickens much any more, but they still feed robins and sparrows.

They look different now. Grandmother was sort of old at the age that Mom is now. But Mom is still young. That's the way it is today.

Sometimes we think time is on her side. In one way it is. She has kept her youth while Grandmother could not.

But time has to work magic for Mom. In a day, she has the same amount as we do. Spreading it to cover her job and her home; her children and her friends -- that's where magic helps.

Can she do it? Will she still be Mom in spite of the other roles in her life?

We think she can. And she will. Thanks, Mom. Happy Mother's Day.

Asian/Pacific Heritage

By an act of Congress and a Presidential proclamation, the Tenth Annual Asian Pacific American Heritage Week will be observed this year from May 7 to May 14 to honor the many contributions of Asian Americans that have helped make our country strong and free.

The theme of this year's Heritage Week is "A Decade of Achievement."

Americans of Asian and Pacific backgrounds have added a special quality to the United States and enriched its culture and institutions.

This country must continue to provide its many ethnic groups with the opportunity to contribute

their ideas, their experience and their energies to the betterment of our society.

Americans who have come from Asian and Pacific countries have added a special quality to the United States. They have made outstanding contributions to our nation's progress in a wide range of fields including science, the arts, medicine, law, literature, agriculture, industry and commerce and government.

The St. Louis District will join in the observance by having a showcase display honoring the heritage and contributions of Asian/Pacific Americans following the theme "A Decade of Achievement."

Savings Bond Campaign

The national theme for the 1988 Savings Bond Campaign is "Your Passport to a Better Future". The St. Louis District's 1988 Savings Bond Campaign will be held May 16 through 27. The Savings Bond Coordinator for the District is Rosemary Puricelli.

The Corps of Engineers 1988 goal is to achieve 10 percent new bond buyers and 20 percent increase in allotments.

When your bond representative calls on you, please consider how bonds can help you meet your future needs.

Does Sugar Cause Forgetfulness??

Have you enjoyed some of those delicious candy bars that the Civilian Activities Council has been selling? Did you pay for them?

On numerous occasions people said, "Oh, I don't have the change on me. I'll get it to you later." But not everyone did.

Think back. Did you play "eat now, pay later" and then let it slip your mind?

It seems highly unlikely that employees would deliberately stiff their own CAC. Unfortunately, small amounts of money are all too easy to forget. The result is still a loss to our Activities Council.

Cudgel your memory and, if you let one (or more) payoff slide, get the money to your calorie pusher.

Your financial future can begin today.

call
1-800-US-BONDS



U.S. SAVINGS BONDS

THE GREAT AMERICAN INVESTMENT

Degenhardt To Get Half Smart

Gene Degenhardt, our District's Value Engineering Officer, is one of five persons Corps-wide selected by HQUSACE to attend the 15-week Army Management Staff College (AMSC) beginning on July 11, 1988. The course will be held on the campus of the Maritime Institute of Technology and Graduate Studies near Baltimore, Maryland.

Sensing the void in civilian training comparable to the Command and General Staff College training offered Army military officers, the AMSC was initiated last year as part of a two year pilot program. The AMSC's pur-

pose is to "develop a pool of committed, perceptive leaders with a broad view of the Army."

Course work includes: military forces and doctrine, strategic studies, force integration, values, resources/manpower management, corporate fitness, information systems and communications analysis.

During this relatively short period of time, the students must research and complete a major writing exercise similar to a graduate school thesis. Gene says this particular assignment should take care of any spare time he thought he would have.

LMVD PAO Dies

Herbert A. Kassner, Public Affairs Officer for the Lower Mississippi Valley Division, died unexpectedly on April 15, following a brief illness. He had served in the PAO position since 1969.

Herb, who was also a retired Colonel (U.S. Army Reserve), would have been 61 years old this

June and had completed 30-plus years of federal service. He had also spent some years in commercial journalism.

Interment was in the National Military Cemetery in Natchez, Mississippi. Herb is survived by two sons and a daughter, the youngest of whom is 19 years of age.

"Nothing is easy in war. Mistakes are always paid for in casualties, and troops are quick to sense any blunder made by their commanders."

- Gen. Dwight D. Eisenhower



Retiree Review

The April luncheon was up -- in both attendance and location. The fine weather and the interval between snow birding and summer touring combined to bring out 55 folks in April. Only the Christmas luncheon had produced that many in the past couple of years.

Unfortunately, we were also up in Pietro's -- the back section, upstairs -- which is just not as cozy as the downstairs room where we normally gather. This only seems to happen to us about once a year, so I guess we can't complain too much.

Since we were spread out, at separate tables, and with no PA system, there was not as much exchange of information as usual.

We had one First-Timer -- Bill Cowgill, who retired from the Real Estate Division not so long ago.

Howard Beinke, as usual, was the Senior Retiree Present.

Homer Duff continued his perfect attendance record (18 straight!) and Linda Cuddeback brought her husband, Roger.

Joe Vishy told the only joke (?) of the day, but Elmer Huizenga received the loudest round of applause. He announced that he would be absent from the May luncheon. Elmer expects to be in the hospital at that time, which did not draw applause.

Three deaths (covered below) were announced.

Discussions about the Retiree Day special event for 1988 have narrowed down to a choice between two alternatives: A visit to Mark Twain Lake and Clarence Cannon Dam or a repeat visit to the Lock and Dam 26 Replacement Project. We hope

to make a decision at the May luncheon, so try to be there -- or tell someone who will be there what your preference would be.

Another item of business slated for the May gettogether concerns the District's Civilian Activities Council. The CAC has decided to make a seat on the council available to the Retiree group. The purpose is to provide closer contact and coordination with the CAC in planning and participating in the special events and activities sponsored by the CAC. At the May luncheon, we hope to select a Retiree representative to work with the CAC.

So -- Thursday, May 18; at Pietro's, 3801 Watson Road (back downstairs, we hope); around 11:30 a.m. (noonish meal). Try to make it!

Retirements...

Mr. Jerome Becker, Lockmaster at Locks 27, retired last month with 25 years of federal service. Almost 22 years of that was with the Corps of Engineers.

Mr. Jerome J. Starke also retired last month with 20 years of service, more than 14 years of which were with the St. Louis District. Mr. Starke served aboard the Pathfinder as deckhand leader.

Condolences

Bernice T. Clifton, who worked on the Dredges Kennedy and Ste. Genevieve, passed away on April 2. Ms Clifton retired in 1974, with 20 years of service, and was residing in Lemay.

Xenophon X. McGee, Jr., who retired from Real Estate Division, died on April 4. Mr. McGee retired in 1977 and was residing in Floyds Knobs, Indiana. He had completed 17 years of federal service.

Henry S. Schmuck, who retired in 1965 from Locks and Dam 26, passed away on April 16. Henry, who would have been 80 later this year, was residing in Alton, Illinois, at the time of his death.

Promotions and Incentive Awards

PROMOTIONS:

Mary Whitley, CT
Daniel Camden, OD
Donald Fogel, OD
Jerone Toliver, OD
Francis Walton, OD
Brad Laaker, OD
Roger Williams, OD
Douglas Nichols, OD
John Cannon, OD
Raymond Zoanetti, OD
Kenneth Pierson, OD
Maria Shafer, OD
Stephen Summers, OD

Jerald Schutte, OD
Peggy Gravot, OD
Rachel Garren, OD
John Mabery, OD
William Jones, CD
James Soehngen, ED

SPECIAL ACT OR SERVICE AWARDS:

Terri Nicholson, PO
Kathleen Steinlage, PD
Dan Couture, OD
Gary Stilts, OD
James Hill, PD

Robert Wilkins, OD
Dawayne Sanders, ED
James Mills, ED
Jacob Buckley, OD
Robert Deien, OD
Lewis Kent, OD
Joseph Stelbrink, OD

PERFORMANCE AWARDS:

Leonard Alfeld, DC
Kenneth Koller, ED
Norris Davis, BC

QUALITY STEP INCREASE:

Donald Coleman, ED

NEWS BRIEFS

Best Managed

Wappapello Lake has been nominated for the Chief of Engineers Best Managed Project of the Year Award. The Wappapello staff produced an impressive nomination package to exemplify the enormous achievements accomplished at the project over the last five years. This package will hopefully bring the gold home to the St. Louis District.

What's Become of ALMSA?

The upper floors at 210 Tucker Boulevard, once occupied by ALMSA (Automated Logistics Management Systems Agency), is now occupied by CSDA (Central Systems Design Activity).

You didn't notice anybody moving? Nobody did. ALMSA has changed their name to CSDA. Don't ask why.

Who's Fer FERS?

Less than two percent of government employees have switched to the new Federal Employees Retirement System (FERS). St. Louis District employees have switched by more than double the national rate. Five percent of District employees have found FERS to their liking and have left the Civil Service Retirement System (CSRS).

New Rangers at Shelbyville

There are two new rangers at Lake Shelbyville. Joe Laird comes from the Iowa Department of Natural Resources. James Lindley comes from South Dakota where he worked for the COE as a Park Ranger.

Rend Lake Open House

The staff at Rend Lake hosted a 3-hour Open House at the Rend Lake Visitor Center on 17 April. More than 250 people enjoyed the exhibits, talking to representatives from various agencies, the refreshments and a visit from Woodsey Owl. Agency representatives from the Corps,

(continued on page 15)



On The Soap Box

Telling the District's Story Last Month Were:

Around the District

Gary Dyhouse (ED-HE) lectured and presented a workshop on sediment yield analysis to Corps and USGS personnel receiving training in sedimentation analysis at the Corps' Waterways Experiment Station in Vicksburg.

Two Corps employees addressed 50 members of the Lower Salt River Basin Association. Claude Strauser, Chief, Potomology Section, discussed the bankline monitoring program on the Salt River. Dave Busse, also from Potomology, presented the draft water control manual for Clarence Cannon Dam.

Mike Cullen (OD) served on a discussion panel at the Inland Waterway Port and Terminal Conference in Louisville, Kentucky.

Jim Petersen, Chief, Operations Division, addressed 40 members of the East Side Rivermen's Association.

Joe Bisher (CT) participated in a program on "Doing Business With The Federal Government" at Fort Leonard Wood sponsored by the St. Louis

University Center for Sponsored Programs in cooperation with the Defense Logistics Agency. Joe also participated in the "Greater St. Louis Business Opportunity Workshop" sponsored by the Small and Disadvantaged Business Opportunity Committee at Henry VIII Hotel.

Avenant Melidor (ED-HD) spoke to two ASCE groups on Locks and Dam 26 (Replacement) Project. One was at Valparizo University and another in the Fast Lane at Indianapolis, Indiana.

Dennis Stephens (ED-HE) spoke to the sixth-graders at Wohlwend Elementary School in St. Louis County about the operation of locks and dams on the Mississippi River and the Corps of Engineers role in navigation projects.

Clyde Wilkes, Public Affairs Officer, spoke to and escorted 50 science teachers who visited Locks 27, Locks and Dam 26 and Locks 26 (Replacement) Project while in St. Louis for the National Science Teachers Association Convention.

26 Replacement

Milton Walter talked about construction progress and gave a tour of the construction site to

25 members of the Helmsman First United Presbyterian Church of Belleville, Illinois.

Lenn Martin, Ed Berghoff and Bob Wasitis spoke to 50 science teachers from around the nation who visited the project while in St. Louis for the National Science Teachers Association Convention.

Ed Berghoff, Larry Wernle and Sig Groetsch spoke to a group of German exchange students about the project.

Ed Berghoff also spoke and gave tours to the Board of Rivers and Harbors Planning Associates, students from Northwest Christian Academy, students from Lakeland College and students from Evangelical Elementary School.

Jim Bissell spoke to a meeting of the Florissant Rotary Club about construction at the project.

Sig Groetsch spoke to a Lewis and Clark College Construction Management class on the construction of the project.

Carlyle Lake

Park Rangers Joe Smothers, Greg Molchan and Francis Walton taught a Safe-Boating Course last month. Thirty-eight boaters completed the 8-hour course and received Safe

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Boating Certificates.

Nineteen children from the Breese Head Start Program received a tour of the Visitor Center and viewed the Carlyle Lake slide show. Park Ranger Francis Walton directed the tour.

Park Ranger Lawrence Williams directed and assisted volunteers from Boy Scout and Cub Scout Pack 195 in Pine Lawn, Missouri, in planting several varieties of flowers in front of the Visitor Center.

Lake Shelbyville

Lee Ann Montoya conducted two tours of the dam for scout groups, Teutopolis Cub Pack 137 and the Shelbyville Tiger Cubs.

Dee Kessel conducted a tour of the dam for the Pana Cub Scout Den #8.

Rend Lake

Park Ranger Rachel Garren was interviewed by KFVS-TV concerning the

role of the Corps and Rend Lake in the economy of the local tourist industry.

The segment was shown as part of a report produced by Channel 12 on the potential of Rend Lake as a tourist destination for their evening news broadcast.

Outdoor recreation management students from Southeastern Illinois College, Harrisburg, Illinois, were given a tour of the facilities at Rend Lake by Ranger Gary Campbell. They discussed many of the problems that managers and rangers face in operating and managing natural resources and recreation areas.

Wappapello Lake

Park Manager Michael McClendon was busy last month with four radio programs at KJEZ and KLID at Poplar Bluff, Missouri. Mike informed the public on the outcome of the final Traditional Access meeting and talked about recreational facilities available at the lake. He

promoted the upcoming "Open House" at Wappapello.

Park Rangers Dan Couture and Doug Nichols were guests on the "Dennis Keeney's Outdoors" radio program on radio station KJEZ. Dan and Doug answered questions concerning the Traditional Access Plan and promoted the final public workshop which was held in Poplar Bluff.

Resource Ranger James Lynch was also a guest on "Dennis Keeney's Outdoors" program to discuss the resource management program at Wappapello Lake. Jim provided turkey hunters with information to increase their success when hunting at the lake.

Mark Twain Lake

John Hickam and Kevin Long from the Cannon Power Plant spoke to a Boy Scout Awareness Exploring Post sponsored by the Monroe City R-1 High School about the importance of education and goal setting in career pursuit.

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the Illinois Department of Conservation, Rend Lake Promotions, Inc. and the Sesser-Valier Outdoorsmen's Club were on hand to talk to people and listen to their concerns about the lake.

New Life at Carlyle Lake

Donna Henrichs, Reservoir Clerk at Carlyle Lake, gave birth to a 7 lb. 8 oz. baby girl, Lauren Lynn, on 31 March 1988. The Henrichs have one other child, a boy, Joshua, age three.

Mathiesen Wins EEO Award

Mr. Roy M. Mathiesen, Landscape Architect and Hispanic Employment Program Manager for the St. Louis District has won the Division award in recognition of his significant contributions to the Equal Employment Opportunity Program.

Mr. Mathiesen is LMVD's Category 1 candidate for USACE competition.

CAC Activities for May



May 6th



**Mark Twain Lake
Bass Tournament
May 14th and 15th**



Play Ball!

**Corps Night at
the Ball Game
May 24th**