

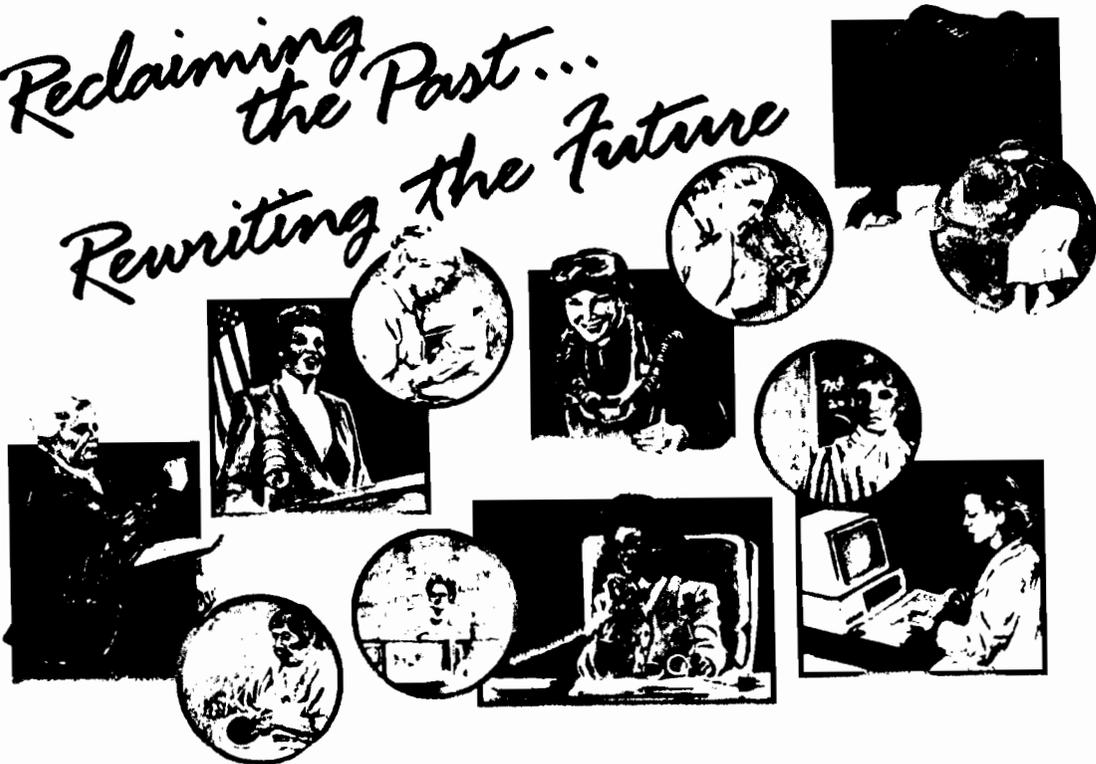
ST. LOUIS ARMY ENGINEER DISTRICT

# ESPRIT

VOL. 25 NO. 3

MARCH 1988

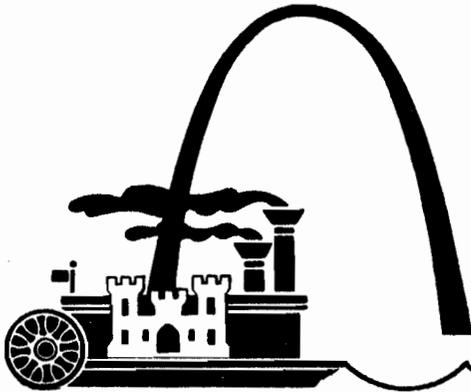
*Reclaiming  
the Past...  
Rewriting the Future*



## Women's History Month

Women were part of the nation's military forces before the Declaration of Independence was signed in 1776, something people should remind themselves of during March -- Women's History Month.

(See story on page 8)



# *Get With The Spirit of ESPRIT*

Well, the 30/60/90-day effort to select a new name for the District newsletter has finally labored to a conclusion -- a happy one, we think.

And the winner is -- ESPRIT!

Of the more than 30 names suggested, ESPRIT was judged the most fitting, by the original criteria:

- Short and to the point.
- Appropriate to the entire District and its missions.
- Not already in use by another District.

First to submit ESPRIT as a suggested

name was Debbie Lanier (ED-HS), followed closely by Kathy Hayes (IM-S), with the same suggestion. Our thanks to them.

ESPRIT is deemed particularly appropriate because it resonates with connotations of Esprit de Corps and of the Spirit of St. Louis. Coming from the French language, ESPRIT even evokes a shade of Pierre Laclede and the original French settlement that became St. Louis.

The PA staff hopes to make ESPRIT a positive reflection of the spirit of St. Louis District. With your help, we can do it.



**US Army Corps  
of Engineers**  
St. Louis District

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## New Chief of Construction

Most of you know by now the District has a new chief in the Construction Division. He is Donald J. Hall. He comes to us from the Vicksburg District where he was the assistant chief of the Construction Division there.

Don Hall has a wealth of past experience, including duty in Saudi Arabia, a stint as chief of the Foundations and Materials Branch at Dworshak Dam and Lower Granite Lock and Dam in Walla Walla District, as well as work in the Engineering Division in Portland District.

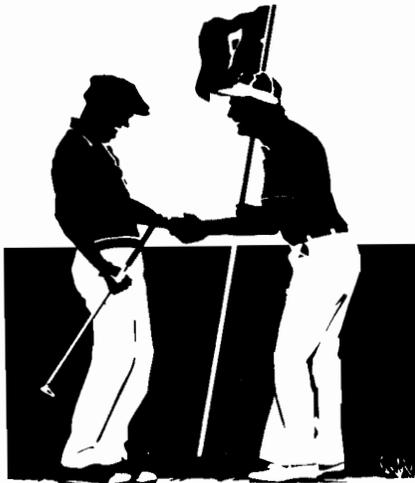
Before joining the Corps of Engineers, he worked as an engineer with the State Highway Department in the States of Washington and Idaho, was an instructor for a technical institute, was Public Works Director for the city of Newport, Oregon, acted as consultant with CH2M, was Engineer Manager for a trade association and spent four years as a technical engineer in private industry (Crown Zellerbach).

His credentials include an MS in Civil Engineering from Utah State University, PE licenses from the states of Washington, Oregon, Idaho, Mississippi and, very soon, Missouri. Don Hall and his wife Mary

Ann, have three sons and four daughters, all of whom are now "out of the nest."

As a native of Victoria, B.C., Canada, he finds our St. Louis winter to his liking.

## Spring Golf Tournament



The St. Louis District Spring Golf Tournament will be held on Monday, 18 April at Tamarack Golf Course in O'Fallon, Illinois.

There will be prizes for the lucky people and fun for all.

The tournament is open to all Corps personnel. Entries must be in by 7 April.

For additional information call: Mike Kruckeberg at 263-5161, Bill Kirk at 263-5225 or Lou Scheuermann at (314) 343-0073. Sign-up forms will be available in mid-March.

## Use Tax Form 1040X To Correct Errors

Errors made on previously filed tax returns can be corrected by filing an amended return, Form 1040X, according to the Internal Revenue Service. Taxpayers who have to amend a 1987 tax return should wait at least 10 weeks after filing before submitting Form 1040X. However, if money is owed, they should submit the amended return by April 15.

It is not necessary to file an amended return to correct math errors. Computers automatically correct these errors when the return is processed. It is also not necessary to file an amended return if a required schedule was not submitted. The IRS will write to request the schedule or attachment. The amended return, which is filed on Form 1040X, "Amended U.S. Individual Income Tax Return," can be used to correct any previously filed Form 1040, 1040A or 1040EZ. Form 1040X must be filed within three years from the date the original return was filed or within two years from the date the tax was paid, whichever is later.

# Health Promotion Program

## Weight Control



The health promotion topic for March and April is weight control. The American College of Sports Medicine says that a good weight loss program is one that:

1. Provides a caloric intake not lower than 1200 cal per day, and allows normal adults to get a proper blend of foods to meet nutritional requirements. (Note: this requirement may be different for children, older individuals, athletes and so on.)

2. Includes foods acceptable to the dieter from viewpoints of sociocultural background, usual habits, taste, costs and ease in acquisition and preparation.

3. Provides a negative caloric balance (not to exceed 500 to 1000 cal per day lower than recommended), resulting in gradual weight loss without metabolic derangements. Maximal weight loss should be 2.2 pounds per week.

4. Includes the use of behavior-modification techniques to identify and eliminate dieting habits that contribute to improper nutrition.

5. Includes an endurance exercise program of at least 3 days per week, 20 to 30 minutes in duration, at a minimum intensity of 60 percent of maximum heart rate (refer to: American College of Sports Medicine Position Statement on the recommended quantity and quality of exercise for developing and maintaining fitness in healthy adults. *Medicine and Science in Sports* 15:1, 1983.)

6. Provides new eating and physical activity habits that can be continued for life to maintain the achieved lower body weight.

The District is sponsoring a chapter of Weight Watchers to help employees control weight. The first session was held on 8 March and more than 20 employees participated.

Meetings are scheduled each Tuesday from 1230 to 1315. There is still time to sign up. Contact Oleva Robinson (PO-M) at 263-5832 for further information.

## Army Promotes Wellness

By Sharon Murphy Odle  
HQUSACE

Brisk hikes, pumping iron, a fast game of racquetball excite the heart and cause the blood to flow. Negotiating an oxy-

(continued on next page)

## Wellness (continued)

gen-starved, modern day "sweatshop", for hours on end doesn't fit the bill when it comes to staying in shape. As the Army moves up front with its "fit to win" program, more and more Corps people slip into sweats and headbands for some serious training.

Spurred by a Defense Department directive on health promotion, the Deputy Chief of Staff for Personnel last year gave all Major Army commanders the green light to give civilians up to three hours administrative leave a week to stay in shape.

Right now, if you are an Army civilian taking part in a physical fitness program and you want official time to do it, provisions require that your program be time-limited (i.e. six to eight weeks long) and an integral part of a total fitness program.

"The reason for the time-limited provision," said Vince Szenas, from the headquarters personnel office, "is because unlike our military counterparts, physical fitness is not a condition for most civilian employment. Until we got the authorization, it was strictly forbidden for civilians to get official time to stay in shape."

According to Szenas, who heads up the Labor and Employee Management Relations Office, a handful of Corps workers -- firefighters and guards -- have always been able to use official duty time to stay in shape because physical fitness is compulsory for them to do their job.

"We would like to give our people a chance to get involved in physical fitness to such a degree that their commitment will carry over into non-duty time when the six or eight weeks end," he said.

In a highly unscientific electronic-mail survey of Corps offices throughout the world, it was discovered that the Corps' civilian cadre is warming up to fitness programs under its Employee Assistance Program administered through personnel offices.

A front runner to exercise is the

South Atlantic Division. Its program started in 1982 with Georgia State University providing the gym and locker room facilities. For \$45, SAD "troops" get a 10-week, specially-tailored chance to slim down, get more alert, less depressed, or just plain ol' tuckered out for the fun of it.

In most programs, participants pay all or part of their own way and exercise on their own time. Aerobics classes seem to be the most popular and when the formal sessions end, many enthusiasts continue on their own.

Louisville's afterwork program opened up last summer in a reconverted "exercise" room in the Federal Building. People go there before and after work and during lunch breaks. The fully equipped room even has a walking machine for people recovering from open heart surgery.

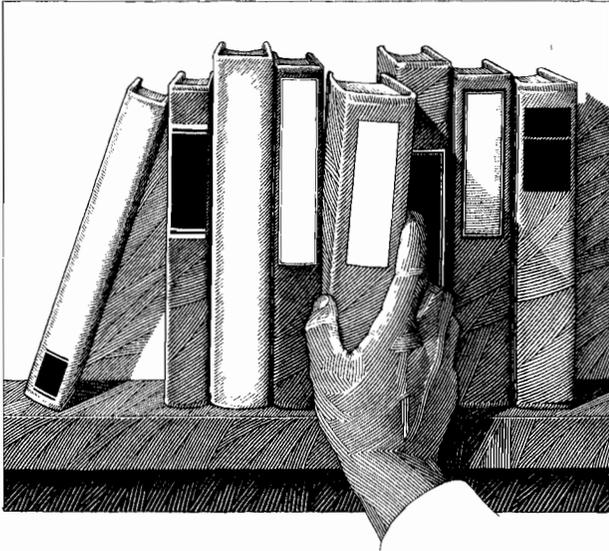
In a unique arrangement last April the commanders of the three activities in Vicksburg, Mississippi -- Lower Mississippi Valley Division, Vicksburg District and the Waterways Experiment Station -- joined forces and authorized the Vicksburg Area Corps of Engineers Wellness Program to serve active Corps members, and finances permitting, family members and retirees.

According to LMVD Deputy Commander, Col. Dennis B. Bulger, activities will be designed, and work schedules adjusted -- where necessary -- to encourage active participation by the greatest number of people rather than to promote competition among a highly motivated few.

Two test groups -- the Army Staff in the Pentagon and the headquarters for the Army material Command in Alexandria, Virginia -- have roughly 7,000 potential exercisers who will be evaluated to see if sick leave decreased, morale improved or other "cost-benefits" justify a comprehensive health fitness program. The Pentagon program ended this month and the ARSTAF Corporate Fitness project results will be released in July.



**MARCH NATIONAL NUTRITION MONTH**



## From Your Technical Library

Staff members using, or planning to use, microcomputers in a local area network (LAN) will find an

the title DATAPRO REPORTS ON PC COMMUNICATIONS in the District Library. Art Taylor, the new Dis-

ongoing service, updated monthly, published by DataPro Research Corporation, to be a time-saver for finding current and objective information on buyer guidelines, technology trends, vendors and suppliers. The service is shelved with the computer books under

strict Librarian, reports that the printed service provides product reports with hands-on evaluations, surveys that include comparisons of all products sold in a specified area and background information on each product area.

Reports in volume one include surveys of asynchronous communications products, both hardware and software, modems, local area networks, electronic mail, network services and on-line services. Specific product evaluations are included in volumes two and three, including pc-to-mainframe reports and evaluations, followed by lists of vendors and suppliers.

For additional information contact Art Taylor at 5675.

## Cannon Power Plant First in the Nation

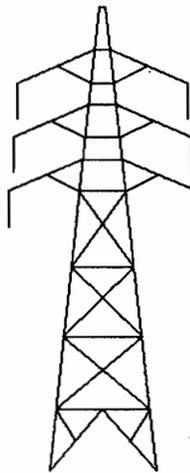
The Kaplan Turbine Unit at Clarence Cannon Power Plant is the first unit in the world fitted with an electronic, computerized 3-D cam and automatic index test unit. For the layman an index test unit measures parameters on the turbine such as blade position. The 3-D cam unit adjusts the blade angle/gate opening and net head to obtain the highest efficiency possible for a turbine.

As a result, the amount of power generated per acre foot of water re-

leased through the turbines is increased. Over the life of the unit, this will mean millions of dollars in increased revenue for the U.S. Treasury. As a side benefit, index testing for this unit now takes one person a half-day. The old

method took a crew one week to set up and a 14-man crew about 10 hours to complete.

The system, now marketed by Woodward Governor Co., was installed and tested by the staff at Cannon. It was then placed in operation at a savings of more than \$100,000. The system has been in full operation since September of 1985 with no failures.



There's going to be a fishing tournament in May sponsored by your Civilian Activities Council. The tournament will be held on 14 and 15 May at Mark Twain Lake. It will start at 6 a.m. on the 14th at the Robert E. Allen boat ramp, on the south side of the lake just west of Pigeon Roost Creek.



It's a team tournament. Each boat can enter up to 10 black bass, 12 crappie, 6 walleye and 15 bluegill.

To be eligible for prizes an entrant must pay a fee of \$10 per person or \$20 per boat. All entrance money will be awarded in prizes.

For further information contact: Brad Strauser at 5670, Jerry Rapp at 5851, Larry Kennedy at 5658 or Jim Keim at 5673. Tournament entrance will be closed on 2 May.

## Locator Service For Veterans | Safety Videos Available

Many former members of the military would like to renew contacts with their former comrades. Unfortunately, most attempts to do so turn out to be time consuming and/or expensive, and generally unsuccessful.

Now, an organization with the express mission of aiding such efforts has come into being.

Tom Wagner, a veteran residing in Mesquite, Texas, has organized the "Veterans Alumni Association" for the sole purpose of helping other veterans make contact. Tom is assembling a computer master-file of voluntary registrations from any and all interested veterans. A one-time membership fee of \$3.00 is required to place a name (and some service data) in the file. Then a search

fee of \$1.00 is charged for each request to locate another member.

Names and locations are not released to the inquirer. In the interests of privacy, the person sought is notified of the inquiry and the decision as to whether or not to respond is left to the individual being sought. Any veteran who might like to hear from former colleagues, or to locate some of them, can contact the association by writing to: Tom Wagner, VA Association 404 S. Galloway Mesquite, TX 75149. More detailed information and an application form will be dispatched in response.

The Safety Office has many training videos available to be checked out. The complete list is #10 under the Harris system "Go Files". The following is a sample of those available:

TITLE

VIEWING TIME

Drive to Survive

25:00

Night Driving Tactics

17:00

Performing Cardio-Pulmonary Resuscitation

07:08

Locks & Lines

14:20

Water Safety & The Young Adult

17:50

# Military Women: Past, Present and Future

By Evelyn D. Harris  
American Forces Information  
Service

Women were part of the nation's military forces before the Declaration of Independence was signed in 1776, something people should remind themselves of during March -- Women's History Month.

In 1775, the Second Continental Congress authorized the Continental Army to have a woman "allotted [sic] to every hundred sick or wounded." These women received one ration a day and were paid \$2 per month for their efforts.

However, these first Army nurses, as well as the many women who served as nurses, cooks and spies in the Civil War, were not officially part of the military. It was not until 1901, when Congress established the Army Nurse Corps, that this came about. But even these women did not hold military rank.

The official role of women increased somewhat in World War I, when they were permitted to enlist in the Navy -- as reservists -- in duties other than nursing due to legislation that specified "persons" rather than men. They served primarily as hospital workers, clerks and intelligence gatherers. But when the war ended, so did their place in the service.

During World War II, some 265,000 women answered the recruiting call -- "Free a Man to Fight." They served in a variety of functions, from communications to gunnery instruction, that sometimes took them into combat areas.

Following the war, the Women's Armed Services Act of 1948 was passed and gave regular and reserve status to women in the Army, Air Force, Navy and Marine Corps. It had combat-exclusion provisions and limited the number of women to 2 percent of the total force. Women served primarily as

nurses in the Korean and Vietnam Wars. In spite of this "non-combat" role, four Air Force nurses died in Korea, and eight women -- one Air Force and seven Army -- nurses died in Vietnam. Nurses in both wars received medals for courageous and meritorious service.

In 1967, the ceiling on female end-strength was lifted. Then, the draft was eliminated, and the era of the all-volunteer force began. Opportunities for women in the military began to increase rapidly. Between 1971 and 1987, the number of women in the military rose from 43,000 to about 220,000. Women's total strength increased from less than 2 percent to 10.2 percent of the active force during the same years.

The Army has a good record for opportunities for women, but is doing a study to see if any improvements are needed in the area of command assignments for female officers.

All the services are taking a look at what they can do to further improve opportunities for women -- now and in the future.

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The St. Louis District Federal Women's Program will feature a film, "She's Nobody's Baby, A History of American Women in the 20th Century," in Room 1040 at 1000 hours



# What is Women's History?

Women's history is a whole new way of looking at the events and individuals who have made this country what it is today.

The multi-cultural study of women's lives brings to the fore many new themes in American life, stories to which all girls and boys, women and men can relate.

History, as it has been traditionally taught, has focused on political, military and economic leaders and events. This approach has virtually excluded women, people of color and the mass of America's ordinary citizens. To the children of those ignored groups, history has come to be seen as remote and lifeless, a tale having little bearing on their own lives. By expanding the focus of "history: to include the stories of women's lives, whether

they reflect everyday life experiences or the effect on individuals of the "big events" of our nation's history, we give students a deeper and more relevant appreciation of American history.

Women's history celebrates the heroines of our past, women whose important contributions have, for too long, been left out of the history textbooks. Women of previous generations who have left their mark on our society provide important role models for our daughters and sons as they endeavor to envision what their own lives might hold in store.

Women's history also celebrates the lives of common women from all walks of life, women whose everyday struggle for survival in a growing nation made possible the lives we lead today. It is in the lives of such women, whether grandly eloquent or

steadfastly ordinary, that inspiration and vision for the future can be found.

Women's history provides a new perspective for looking at the past, a perspective which honors the richness and diversity of the lives of the many women who came before us. Women's history also provides a new perspective for imagining the future. This new perspective enables us to see ourselves as part of the continuum of changing attitudes and opportunities, roles and rewards for women. With this new vision we are, today, "Reclaiming and Past, Rewriting the Future."



on 22 March 1988. All employees are encouraged to attend. There will also be a display in the showcase on the 8th floor.



## Commercial Fishing

Commercial fishing began 24 February 1988 and will continue through March 31. Fresh fish can be purchased daily at the Allen Branch Boat Ramp in Eldon Hazlet State Park.

## Volunteer Program

The Volunteer Program was a big success at Lake Shelbyville this year. A banquet was held on 28 January to honor the 203 volunteers that were responsible for 8,024 hours of work at the lake. Lake Shelbyville had two Take Pride in America Winners. The Woapink Lodge of the Order of the Arrow #17 won in the Youth Division in the Illinois competition for their work on the Illini Trail. The Kaskaskia Archaeological Society was the Special Even Winner in the Lower Mississippi Valley Division for the Indian Festival.

## Gaylord Review

Park Manager Michael McClendon and Park Ranger Jim Lynch of Wappapello Lake attended the Annual Gaylord Review held at Mingo Wildlife Refuge. This meeting provided Wappapello Lake employees the opportunity to discuss and present current objectives of the Natural Resource Management Program with other agencies.

## Youth Group Award

On 13 January 1988, Wappapello Lake Manager Michael McClendon presented a plaque to the staff of the Sears Youth Group (a juvenile rehabilitation center) in recognition of their contributions in assisting the Wappapello Lake staff with natural resource management.

## Fish Attractors

Boy Scout Troop 132 from Monroe City

braved the winter temperatures to place a Christmas tree fish attractor in the lake.

## Resident Engineers Conference

On 18 and 19 February the Construction Division held its Resident Engineers Conference at the Engineers Club of St. Louis. The conference is held to discuss work that will take place during the upcoming construction season.

## Adult CPR

103 District Employees successfully completed the Adult C.P.R. class given by the American Red Cross during the first quarter of this Fiscal Year. All of us should feel a little safer knowing we have approximately 20 to 25% of our workforce properly trained for a fast response to a cardiac arrest.

## Honor Award

A new system used by the St. Louis District to monitor structural performance and stability has received an honor award from the Consulting Engineers Council of Missouri. The system will now go to the National Consulting Engineers Council in Washington, D.C., for further judging.

The monitoring system, designed by Woodward Clyde Consultants in St. Louis, was installed in the Clarence Cannon Dam on the Salt River in northeast Missouri. It is computerized and can be read remotely by engineers in the District Office.

The new system is the most comprehensive monitoring system of its kind in the Corps of Engineers.

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"The trouble with opportunity is that it always comes disguised as hard work"  
Herbert W. Prochnow  
American Philanthropist



# Retiree Review

The winter blahs seemed to have some impact on the February luncheon. Only 36 folk gathered at Pietro's for that occasion -- the lowest number since last July. We hope March will be better, since it falls on St. Patty's Day -- what better way to celebrate the Wearin' the Green?

Bob Muffler, of the District Counsel's office, was the guest speaker in February. He spoke primarily on changes in the way the District does business, now, as compared to some years ago. Bob also answered several questions from the audience and reminisced about past events.

Roger Cuddeback continued his (nearly) unbroken string of attendance, bringing Linda along this time, and Homer Duff maintained his perfect record since retirement.

Kate Stiles was back, and warmly welcomed, showing off her cane and scars from knee surgery.

There were no 'first timers' in attendance in February, but Howard Blinke was Senior Retiree present.

Sad word was received of the death of Morey ''Cap'' Brady, covered in more detail elsewhere in Esprit.

Mention was made to the Retiree Day special event for '88, with a request that folks be thinking about what and where they would like. There will be a request for suggestions at the March luncheon -- another good reason to attend!

So, we heartily urge: Y'all come! Pietro's, 3801 Watson Road, Thursday, March 17. Gathering starts, downstairs, around 11:30 a.m., with luncheon at noon, more or less.

## Retirements

Belated congratulations to Mr. Jack McLard who has retired after 32 years of service with the St. Louis District. Jack last worked aboard the M/V Crane before his retirement in 1986.

John O. Metz retired on March 1st after 14 years with the Corps of Engineers. John was an electrician at Locks 27.

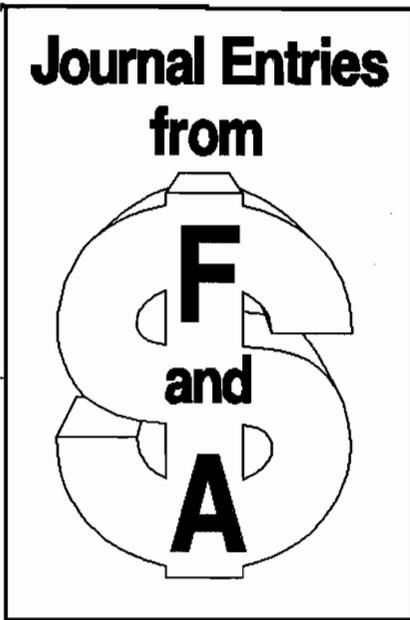
## Condolences

John Gurley, former chief of the District's Operations Division, passed away last month. John retired in 1972 after 38 years of federal service and moved to Port Charlotte, Florida. He was 76.

Alfred A. Watkins, Jr., passed away last month. Al Watkins, a long-time St. Louis District employee, was chief of ships and yards at the Service Base when he retired in March 1982.

Thomas Beauchamp, former assistant lockmaster at Lock and Dam 24, Clarksville, Missouri, has passed away. Tom Beauchamp worked at the lock from 1955 to 1973.

Mr Morey ''Cap'' Brady has passed away at the age of 92. Cap worked in what was then Con/Ops overseeing dredging operations. He oversaw the movement of military craft on the Mississippi River during World War II. He retired from the District in 1956.



**COURT LEAVE - WHAT IS IT?**

As a federal employee, you are entitled to use court leave when called for jury duty or as a witness in a court case where the plaintiff or the defendant is a government entity (local, state or federal). You may not use court leave to testify at a divorce proceeding or a dispute between two private parties. Annual leave or leave without pay will be used in these instances. Intermittent, WAE or substitute employees are not eligible for court leave.

**WHEN DO I USE IT?**

Of you are called for jury duty, a copy of the summons and proof of attendance for each day served, indicating the amount paid, must be given to your timekeeper who will then furnish a copy to the Payroll Liaison

Officer. If you are summoned as a witness in a case involving a government entity, you must first clear it through the Office of Counsel. A copy of the summons and proof of attendance must be given to your timekeeper the same as if you had served as a juror.

**CAN I KEEP THE JUROR OR WITNESS FEE?**

When using court leave you will be paid your salary the same as if you were at work. Therefore, juror or witness fees must be turned in to the District cashier, CELMS-DC-F, room 832. If you were paid a fee plus mileage, pay only the fee portion. Federal employees serving in federal court will be paid mileage only.

Fees will not be turned in to the District cashier if court service is performed on a scheduled non-duty day, holiday or when the employee elects to use annual leave or leave without pay in lieu of court leave.

Persons serving a partial day of court service are required to return to duty or use annual leave for the remainder of the day. If it would be a hardship for the employee to return to duty, he or she may be granted administrative absence.

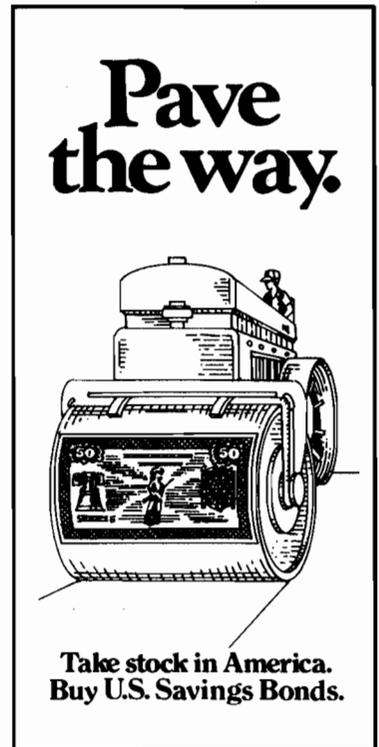
Questions concerning entitlement to court leave should be directed to Personnel, Technical Services Branch, Ext. 3-5538. Questions regarding how to complete Time and Atten-

dance Reports should be directed to Payroll Liaison Officer, Ext. 3-5666.

**Correct Addresses For Pay Checks**

During the recent survey of check delivery dates by the Central Payroll Office, many people indicated incorrect zip codes on their checks. Since names and social security numbers were not requested as part of the survey, the Payroll Office cannot make the necessary corrections.

Employees should check the zip codes on their pay checks and, if incorrect, should submit ENG Form 3898 (Request for Mailing) to the Payroll Liaison Officer, DC-F, so that corrections can be made.



# 1988 Pay and Leave Changes

1. The following information is furnished to all employees regarding your pay and leave in 1988.

2. Pay and Tax year: 20 Dec. 1987 through 17 Dec 1988.  
 Leave Year: 3 Jan 1988 through 31 Dec 1988.

3. FEDERAL INCOME TAX. Federal income tax withholding for 1988 has been revised. Personal exemption allowance has been increased from \$73.08 to \$75.00 per exemption bi-weekly. The new 1988 tax withholding formula is as follows:

TABLES FOR PERCENTAGE METHOD OF WITHHOLDING  
 (For Wages Paid After December 1987)

IF THE PAYROLL PERIOD WITH RESPECT TO AN EMPLOYEE IS BIWEEKLY

a. SINGLE Person - including head of household

If the amount of wages (after subtracting withholding allowances is                      The amount of income tax to be withheld shall be:

Not over \$40		0	
Over	But not over		of excess over
\$40	\$727	15%	\$40
\$727	\$1,700	\$102.98 plus 28%	\$727
\$1,700	\$3,905	\$375.44 plus 33%	\$1,700
\$3,905		\$1,103.09 plus 28%	\$3,905

b. MARRIED Person

Not over \$117		0	
Over	But not over		of excess over
\$117	\$1,262	15%	\$117
\$1,262	\$2,883	\$171.63 plus 28%	\$1,262
\$2,883	\$7,118	\$625.56 plus 33%	\$2,883
\$7,118		\$2,023.11 plus 28%	\$7,118

4. WITHHOLDING ALLOWANCE AMOUNTS BY PAYROLL ARE:

BIWEEKLY.....One Withholding Allowance.....\$75.00  
 Deduct number of exemptions times \$75.00 from gross wages before calculating tax withholdings.

(continued on next page)

(continued from page 13)

a. IRS FORM W-4, EMPLOYEE WITHHOLDING ALLOWANCE CERTIFICATE.

Those employees claiming exemption from federal tax in 1987 and who anticipate liability in 1988 must file a new W-4 by 1 December 1987.

b. Those employees who claimed exemption from withholding in 1987 and who anticipate no liability in 1988 must file a new W-4 by 15 February 1988.

5. FICA. The FICA rate has increased from 7.15% to 7.51% for both employee and agency, with the taxable wage ceiling increasing from \$43,800.00 to \$45,000.00 for 1988.

FICA taxable wages	\$45,000.00
FICA rate, Employee	7.51%
FICA rate, Agency	7.51%
FICA maximum annual withholding	\$3,379.50

6. MEDICARE. Medicare withholding rate is unchanged for 1988, but the wage base has increased from \$43,800.00 to \$45,000.00.

MEDICARE taxable wages	\$45,000.00
MEDICARE rate, Employee	1.45%
MEDICARE rate, Agency	1.45%
MEDICARE maximum annual withholding	\$652.50

7. RETIREMENT RATES. Due to increases in FICA rates for 1988, employee deduction rates for FERS and Off-Set retirement have been reduced. Agency rate for FERS will increase. Employee CSRS and Agency CSRS and Off-Set contribution rates remain unchanged.

8. If you have any questions regarding these matters, please contact the Payroll Liaison Officer, 262-5666.

## Promotions and Incentive Awards

**PROMOTIONS:**

James Lynch, OD  
 Dan Couture, OD  
 Arthur Ruebenson, OD  
 Donald Hall, CD  
 Edward Riiff, ED  
 Gregory Molchan, OD  
 Laurie Busse, ED

**PERFORMANCE AWARDS:**

Jon Eckles, IM  
 Michael Hamm, ED  
 Charles Taylor, OD  
 Jeanette Wellen, OD  
 Merle Bockting, OD  
 Joseph Przada, RE  
 Dennis Dunn, OD

Natalie Eschmann, PD  
 Jerry Schaperclaus, OD  
 Kathy Engelmann, PD  
 Alan Berman, ED  
 Edith Bennett, RE  
 Mary Winston, RE  
 Leona Florek, ED

**QUALITY STEP INCREASE:**

Carol Sherrill, OD

**SPECIAL ACT OR SERVICE AWARDS:**

Katharine Hayes, IM



# On The Soap Box

Telling the District's Story Last Month Were:

## Around the District

Bill Sutton (ED-Z) spoke to the American Society of Civil Engineers chapter at Iowa State University about the Locks and Dam 26 Replacement Project.

Bill teamed with Bruce Moore (ED-G) to speak to the ASCE Geotechnical Conference at Des Moines, Iowa.

Terry Norris (PD-A) gave a seminar before the St. Louis University Department of Biology on the cultural and Physiographic history of the Middle Mississippi River Valley.

Gary Dyhouse (ED-HE) addressed a class of hydraulic engineers attending a training course on Interior Flood Control Hydrology at the Corps' Hydrologic Engineering Center in Davis, California. He spoke on hydraulic design of drains and pumping plants.

## L&D 26 Replacement

Jack Vizer spoke to 50 students of the Captain Elementary School about the replacement project.

## Carlyle Lake

Park Ranger Lawrence Williams spoke to 50 scouts and parents of Pack & Troop 195 about recreation opportunities at Carlyle Lake at the Scouts' third Annual Banquet, at Garfield Grade School.

Park Ranger Joe Smothers presented a slide show on Carlyle Lake to personnel from the Operations Contracting Section. Joe Smothers and Park Ranger Lawrence Williams were detailed to contracts for their one month furlough. Park Rangers Francis Walton and Brad Laaker assisted the District in staging the Corps booth at the All Sports Show at Cervantes Convention Center in St. Louis.

## Lake Shelbyville

Park Ranger Al Lookofsky taught the section on Campground Management for the Resource Management Institute in February. The course was sponsored by Michigan State University in East Lansing, Michigan, and was attended by rangers and managers from all across the U.S.

Larry Gutzler spoke to the science classes at Paris High School on the

importance of education in the job market today. The various career opportunities with the Corps of Engineers was discussed. Mary Ann Crawford presented a Water Safety Program for the St. Elmo Boy Scouts.

## Mark Twain Lake

Assistant Park Manager Dave Berti presented an update on Mark Twain Lake to 50 members of the Quincy Rotary Club. Of particular interest to visitors this year are the 23 new hunter/fisherman access areas located around the lake and the new 4-lane boat ramp at the John Spalding Recreation Area.

Park Ranger Jon Graznak was a featured speaker at the recent "Missouri Conference on Rivers and Streams" held in Jefferson City. Nearly 500 individuals representing many different public agencies attended the conference that was sponsored by the Conservation Federation of Missouri. Jon spoke about organizing volunteers for stream cleanups.

"The Role of the Corps of Engineers in Outdoor Recreation" was the title of a program given by Park Ranger Jon Graznak to 90

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 recreation students at the University of Missouri at Columbia. Jon also spoke about summer employment opportunities with the Corps of Engineers.

## Rend Lake

Park Ranger Rachel Garren gave a presentation to the Southern Illinois Regional Tourism Council at the Ramada Inn in Mt. Vernon, Illinois. She talked about what the Corps is doing to promote regional tourism through special events and activities at Rend Lake during

the 1988 recreation season.

Park Rangers Dawn Kovarik and John Mabery appeared on WSPD-TV in Paducah, Kentucky. A film crew taped a segment at the lake with the rangers explaining the Corps Christmas tree/fish attractor/habitat enhancement program.

What Rend Lake has to offer the outdoor recreationist was the topic of a piece Park Ranger John Mabery shot with reporters from WCEE-TV in Mt. Vernon, Illinois.

WMCL-Radio, McLeansboro, Illinois, interviewed

Park Ranger John Mabery about up-coming prescribed burns being planned at Rend Lake to manage prairie resources and habitat succession.

## Wappapello Lake

Park Ranger Karen Watwood and Stay-in-School Diane Stratton set up a booth at the Resource Ag Expo sponsored by Three Rivers Community College. A slide show explaining natural resource management at Wappapello Lake was presented.

