

ST. LOUIS ARMY ENGINEER DISTRICT

ESPRIT

VOL. NO.

U.S. Army Corps of Engineers



June 16, 1775 -

(Story on page 8)

1988 Savings Bonds Campaign

Let me take just a couple of minutes of your time to invite you to join me in investing in America's future -- and your own -- by purchasing United States Savings bonds -- your passport to a better future.

Each year at this time, you have the opportunity to advance a proud tradition. During our Defense Department Savings Bonds Campaign, you are encouraged to purchase bonds or increase your rate of investment through the Payroll Savings Plan.

By doing that, you are helping yourself and your family to purchase a new home, finance a college education or guarantee a secure retirement. Today, United States Savings Bonds are one of the most attractive securities available. They offer market-based interest rates for a small, continual investment -- and a short hold

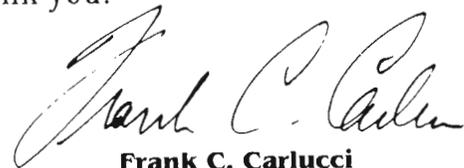
period. Additionally, they are free from state and local taxes. Besides, when you purchase bonds, you're helping our nation's economy by reducing the burden of our national debt. And savings bonds, through the Payroll Savings Plan, are the easiest -- and least painful -- way for people to save regularly.

So I am asking you, the men and women of our armed forces and DoD civilians, to sign up for savings bonds or increase your present allotment during our savings bonds campaign.

As secretary of defense, I am strongly committed to the savings bonds program because of the benefits it provides to our nation, while helping savers as well.

Together, let us work for a successful savings bonds campaign on behalf of America and all her people. Help your country -- help yourself -- buy bonds.

Thank you.



Frank C. Carlucci
Secretary of Defense



**US Army Corps
of Engineers**
St. Louis District

ESPRIT is an unofficial publication authorized under the provisions of AR 360-81. It is published monthly, by contract, in 1300 copies, by the Public

Affairs Office, U.S. Army Engineer District, St. Louis. Views and opinions expressed in this publication are not necessarily those of the Department of the Army.

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SLD Man To Receive International Award

John J. Jaeger will be traveling to Poland in June to receive a prize of 25,000 Belgian Francs for authorship of a technical paper.

Jaeger, a structural engineer in Engineering Division, is the 1988 winner of the International Gustave Willems Award for his paper entitled, "Rotary Valve - The New Way to Fill and Empty a Lock Chamber." He earlier received the U.S.- Section Willems Award, presented by Major General Henry J. Hatch, consisting of a commemorative medal, a brass etched certificate and \$750 cash.

Each award brought with it an expense-paid trip to accept the prize.

The Gustave Willems Awards competitions are sponsored by the Permanent International Association of Navigation Congresses (PIANC) and are open to engineers under the age of 40. PIANC is an association of groups, organizations and individuals from 40 countries, which promotes the gathering and exchange of information pertinent to ports, harbors and inland waterways. The association is headquartered in Brussels, Belgium. PIANC members from numerous countries

have visited St. Louis District and the Lock and Dam 26 Replacement Project.

Major General Hatch, nominated to be the next Chief of Engineers, is chairman of the U.S. Section of PIANC.

The Willems awards were created by PIANC in 1983 to encourage young engineers, research workers and others to pursue studies in fields of interest to PIANC. The awards were named in honor of the late Professor Gustave Willems, President of PIANC from 1956 until his death in 1982. Professor Willems visited SLD in 1981.

SLD Woman Outstanding for '87

Susie Mayfield, a clerk-typist at Mark Twain Lake Management Office, has been named Outstanding Young Business Woman For 1987 by Outstanding Young Women of America, a national organization based in Montgomery, Alabama, that promotes young women in business around the country.

Ms. Mayfield is one of three winners chosen from 155,000 nominations.

Young women are nominated by employers and co-workers on the criteria of leadership in business, cultural and civic activities.

Congratulations Susie Mayfield!

Secretary-Steno Positions Open

The Office of Personnel Management (OPM) has recently issued Direct-Hire Authority on Secretary-Stenographer, GS-312-3/4/5 and Clerk-Stenographer, GS-318-3/4. This means that the applicant may be appointed directly by the agency instead of waiting to be called from the Civil Service Register.

To be eligible for consideration the applicant must possess a valid competitive Recruiting and Examining System Notice of Results, with a score of 70.0 and above for Clerk-Stenographer and 80.0 and above for Secretary-Stenographer, issued by OPM.

CELMS-PO-R will accept

applications from eligible individuals at any time and will consider the applicants as position vacancies occur. For further information, contact Dixie Pickett, CELMS-PO-R, 3-5839.

New DX Selected

Lou Chiodini, currently the District's Emergency Operations Manager, has been named to be the next Executive Assistant, pending the retirement of John Huetsch. Some 30 candidates were screened in making the selection.

The official change-over will occur around the end of June.

NEWS BRIEFS

New Baby at 26R

Mrs. Adrian Woodland, a clerk at the Locks and Dam 26 Replacement Project recently gave birth to a 9 pound, 5 ounce baby girl, Danielle Janee. This is Tom and Adrian Woodland's first child.

Standards Review

Ar 600-50, Standards of Conduct, should be reviewed by all employees during the month of June.

Weight Watchers

The last meeting of the initial Weight Watcher Program was held on 17 May with a total weight loss for the first 10 weeks of 304 1/2 pounds. The second group of weight watchers will be meeting on Tuesday from 1215 to 1300. If you would like more information on the program call Oleva Robinson at extension 5832.

New Ranger at OD-RS

Jim Sandberg has come to Lake Shelbyville from the St. Paul District. He will be in charge of the Interpretive Programs at the lake.

Shelbyville Record Fish

With National Fishing Week on hand, fisherman at Lake Shelbyville have a new record to shoot for. Jerry Dole, of Sullivan, Illinois, set a new lake record for White Crappie, with a 1 lb. 13 oz. catch on May 1. His catch is being mounted and will be displayed in the Visitors Center until a larger one is caught.

Armed Forces Day

The second annual Mark Twain Lake Armed Forces Day Celebration was held on May 14th. Approximately 2500 visitors saw jet flyovers, military helicopter landings and a precision military drill team.

New Ranger at MTL

The Mark Twain Lake office recently welcomed a new Recreation Ranger, Elizabeth Cordova. Ms. Cordova is a recent graduate of New Mexico State University. She worked for the Albuquerque District while completing her education.

Lock Traffic Up

Traffic through LD-26 totaled 308 barges on May 25, continuing a healthy pace. As ESPRIT went to press, May of 1988 was running about 10 barges a day ahead of May '87. April, this year, was about 11 per day ahead of last year. Overall tonnage of cargo, through the end of April, was running ahead of the record year of 1983. The lock crews are earning their keep with a vengeance.

Open House

More than 300 people attended the Open House held on 15 May at the Carlyle Lake Administration Building.

Armed Forces Day

An Armed Forces Day Celebration was held at the Carlyle Lake Visitor Center on 21 May. About 900 people viewed the helicopters, Civil and Revolutionary War reenactments, police dog handling demonstration, missiles and small arms on display.

Water Safety Show

Mark Twain Lake Park Aids Jo Ann Harlow and Dan Kipling have developed a special water safety puppet show to help communicate water safety concepts to the lake's younger visitors.



On The Soap Box

Telling the District's Story Last Month Were:

Around the District

Bill Sutton (ED-Z) spoke to a meeting of the Mississippi River Advisory Committee in Davenport, Iowa, on Locks and Dam 26 Replacement Project.

Terry Norris (PD-A) spoke to 60 members of the Valle Sailing Association on the Geological and Cultural History of the Middle Mississippi River Valley.

Suzanne Harris (PD-A) presented a paper entitled 'The St. Louis District's Lake Management Plans: Perspective and Approach' to the Corps of Engineers Archaeology Workshop preceding the 53rd annual meeting of the Society for American Archaeology in Pheonix, Arizona.

Joe Bisher (CT) participated in a workshop at Columbia, Missouri, 'Finding Your Customer '88 in The Government Market Place', sponsored by St. Louis University Center for Sponsored Programs in cooperation with the Defense Logistics Agency.

L&D 26 Replacement

Larry Wernle gave a tour of the project to Cub Scout Pack 939.

Ed Berghoff amassed a large assortment of tours and talks since last we published, including: a tour for 55 5th graders from St. Ambrose School; a tour for 50 3rd graders from Le Claire Grade School; a tour for 25 students from the Lakeland College architectural and construction technology class; a talk for 65 algebra honor students from Alton High School.

Lenn Martin and Ed Berghoff gave a tour to 40 from the Illinois Department of Transportation.

Jack Vizer gave a tour of the project to 20 from St. Paul United Methodist Church. He also gave a talk and tour to 25 Lewis & Clark Junior High School students. Jack also teamed with Ed Berghoff for a presentation to a St. Steven's men's group on the project.

Robert Wasitis and Bob Terry gave a talk and tour to a group from the Elm Street Presbyterian Church. Sig Groetsch joined them for a tour given to 50 grain elevator managers.

Ed Berghoff, Lenn Martin and Rich Reiter gave a tour of the project to 60

students from St. Ambrose School.

Jim Bissell has been busy on the T&T circuit. He spoke to the Mississippi River Parkway Commission Citizens Committee of the Gateway Arch. He gave a tour to a Kirkwood Methodist Church group. He spoke to 40 from the Zion Presbyterian Church from Fosterberg, Illinois.

Jim Bissell and Jim Keen teamed to speak to 25 members of the Godfrey Lions Club.

Jim Bissell and Ed Berghoff gave a tour to 50 members of the St. Louis SAME.

Ed Berghoff, Jim Keen, Jim Bissell and Sig Groetsch from the project and Dan Flowers, Dennis Fenske and Tom Niedernhofer from ED gave a talk and tour to the Alton-Godfrey Rotary Club.

Sig Groetsch spoke to 40 Alton High School honor physics students. He also gave a tour to 20 members of the Alton Antique Auto Club.

Ed Berghoff, Jim Bissell and Bill Jones gave a tour of the project to 100 members of the Coast Guard Auxiliary of St. Louis.

Jim Bissell, assisted by Lenn Martin and Clyde Wilkes (PAO) spoke to a group of Illinois Farm News Commentators about the status of the project.

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(continued from page 5)

Mark Twain Lake

Park Ranger Diane Hellhake gave a power plant tour to 10 members of the East Central Missouri Mental Health Center.

Diane along with Park Ranger JoAnn Harlow staffed the Mark Twain Lake booth during the Quincy Fun Fest at the Quincy Mall.

Park Ranger Chuck Crocker provided an update of Mark Twain Lake to the Bowling Green Lions Club.

Park Rangers Jon Graznak, JoAnn Harlow and Diane Hellhake presented many Water Safety, Quilting, Indian and Wildlife Hide identification programs to 256 Scouts during the Girl Scout Camporee.

Park Rangers Jon Graznak, Diane Hellhake and Maureen Murrin gave a tour of the Cannon Power Plant, recreation areas and the Boudreaux Visitor Center to District employees attending the Federal Women's Program field trip.

Carlyle Lake

Park Rangers Roger Hayes and Francis Walton talked to 509 Clinton County 5th and 6th graders at the Dam East Recreation Area "Natural Resource Tours" organized by the University of Illinois Cooperative Extension Service. Subjects included Carlyle Lake wild-

life, and history.

Park Ranger Francis Walton talked to 20 2nd graders about the significance of our natural resources.

Park Ranger Roger Hayes was a guest on WINU Radio in Highland, Illinois. He talked about the upcoming Memorial Day Weekend and water safety.

Park Rangers Roger Hayes, Francis Walton, Jeannie Pollman, Greg Pett and Angie Waller presented interpretive programs to 364 school and scout groups since May 1.

Lake Shelbyville

Ranger Al Lookofsky gave a presentation to the Shelbyville Kiwanis Club on "What's New At Lake Shelbyville."

The Nature Interpretive Van attracted more than 200 visitors at the Hooked on Shelbyville Celebration.

Lee Ann Montoya gave a tour of the dam and a snake program to 50 Windsor Grade School students.

James Lindley conducted Water Safety sessions at the Conservation Field Day held at Hidden Springs State Park.

Larry Gutzler conducted Reptiles Of Illinois sessions at the Conservation Field Day for Mattoon Grade School students at Lincoln Log Cabin State Park.

Assistant Lake Manager Tom Bloor gave a presentation to the Environmental Ethics Class from Houghton College, Houghton, N.Y.

Tom discussed the purpose of the Corps of Engineers and its role in recreation and the environment.

Wappapello Lake

Park Manager Michael McClendon was a guest on the "Dennis Keeney's Outdoors" program sponsored by KJEZ Radio in Poplar Bluff, Missouri. Mike updated anglers on the fish management efforts on Wappapello Lake.

Park Ranger James Lynch was also a guest on the "Outdoors" program. Jim informed the public of outdoor recreational opportunities and promoted the public meeting on fishing at the lake.

Park Ranger Doug Nichols was interviewed on KWOC Radio in Poplar Bluff. Doug discussed improvements made at the lake, upcoming special events and fishing.

Park Ranger Dan Camden represented the Corps at the Student Outdoor Learning Activities Retreat in Charleston, Missouri. Dan spoke to 126 third and sixth grade students about National Resource Management at the lake.

Park Ranger Doug Nichols was interviewed on the "Dennis Keeney's Outdoors" radio program. Doug stressed visitor safety for the Memorial Day weekend.

Park Ranger Dan Camden took six businessmen from Mexico on a tour of the lake recreational facilities.

Non-Employees Non-Welcome in Non-Duty Hours

An incident during the recent three-day holiday weekend indicates that some of our people are not aware of certain security regulations.

A worker showed up at the lobby security desk, during the holiday, accompanied by three children. The security guard, quite properly following the rules, refused admittance to the children. The worker was upset and, ultimately, a phone call to the District Commander resulted.

Actually, the fact that children were involved is somewhat irrelevant. Federal codes and District policies prohibit entry to the building of ALL non-employees (including spouses and friends) during secure hours. That is, after 6 p.m. on duty days, and all hours on weekends and holidays.

Exceptions to this rule can only be obtained through prior approval by the supervisory chain and General Services Administration (the building management), with prior, written notification to the Federal Protective Agency guards. This is a long standing regulation, despite some variations in the degree of enforcement in past years.

Security requires limiting access, during non-duty hours, to employees, period.

COL Wilson Part of Leadership Team

Many of you may have heard of the Leadership Enhancement and Development Team (LEAD Team). It is a small group of senior military and civilian managers chartered by then Chief of Engineers Lt. Gen. E.R. Heiberg III to provide him with the means to reach his goal of "excellence in leadership as well as excellence in engineering."

Many of you may not know that our own Commander, COL Dan Wilson, is a member of the LEAD Team. COL Wilson became a member in January of this year, and has participated in the development of the team's recommendations.

The team gave Lt. Gen. Heiberg some practical recommendations before he retired in May. Among them were:

Improve the performance appraisal system so it becomes a "simple tool which facilitates communication."

Institute a campaign to create a consciousness that living up to Corps' values is a matter of individual responsibility.

Develop policy and guidelines for developmental tours of duty for senior civilian and military leaders to reduce parochialism and increase cooperation.

Institute formal training for military and civilians alike to enhance communications among all Corps leaders and increase

organizational effectiveness.

Develop guidelines for dual tracking to make promotions increasingly possible for those who wish to excel but do not desire to be supervisors and managers.

Develop Corps-wide training for career program managers to provide consistent philosophy, guidance, information and tools for developing employee skills in all career programs.

Develop a leadership transition service to reduce the uncertainty and loss of productivity that can occur with changes in senior military or civilian leadership.

Develop a leadership development desk reference to cross reference employee needs and training opportunities.

Develop measurable indicators of leadership by compiling individual and group profiles of senior leaders.

In addition, the LEAD Team identified other opportunities, ranging from recruiting and selection to developing the leadership skills of minorities and women, that it termed "undone" and beyond the scope of this year's effort.

The recommendations have been made. Now it's up to the Chief of Engineers to determine which ones will go into effect and which will undergo further consideration.

The Founding of The Corps

America's first engineers were combat engineers recruited at the outset of the Revolutionary War. On 16 June 1775, a year before the Declaration of Independence was signed, the Second Continental Congress recognized the need for skill in military engineering and authorized the commission of one chief engineer and two assistants. Richard Gridley, one of the few colonials experienced in the design of batteries and fortifications and the supervision of construction, was appointed Colonel and Chief Engineer in June 1775 by General George Washington. Colonel Gridley's efforts were severely hampered by the shortage of troops and officers experienced in military engineering.

The handicap was overcome in part by the recruitment of foreign engineers to serve as officers in the Continental Army and by the creation of three companies of engineer troops.

Despite the shortage of experienced engineers, the Army's engineering capability did lay the foundation for the American victory.

After the Revolutionary War, the need for a permanent Corps of Engineers and an academy to train engineer officers was

apparent. In 1794, the threat of war prompted Congress to accept the recommendations of the President and his Secretary of War and authorize the establishment of the Corps of Artillerists and Engineers to be garrisoned at West Point -- a key Revolutionary War fortress maintained since the war as the Army's quartermaster and ordnance supply center. The Corps of Artillerists and Engineers was only a partial and temporary revival of the Corps of Engineers as it existed during the Revolutionary War.

The Corps of Engineers was reinstated by an Act of Congress in 1802. A key provision of the act was that the Corps should "constitute a Military Academy" to be headed by a principal engineer or superintendent under the supervision of the President. In establishing an engineering school, to be known as the United States Military Academy at West Point, President Jefferson and Congress intended to create an engineering resource for the nation. America's first engineering students would form a body of skilled professionals, qualified to design and construct public works of a civil nature and qualified to place the country in a proper posture of defense.

The academy, now a

school for training officers for all branches of the Army, originally consisted of one engineer major, two captains, two first lieutenants, two second lieutenants and ten cadets.

From the ranks of these first cadets and their successors came the Army engineers that explored the West, defended the young nation and helped to supply the transportation needs of an emerging economy.

Members of the U.S. Army Corps of Engineers have provided the technical expertise necessary to support military preparedness and a major civil works program in water resource development. The two missions -- military and civil works engineering -- continue to complement each other.

The Nation's needs and priorities continually change. Responding to current priorities and providing the technical and managerial expertise to meet them is the Corps' constant challenge.



New Hampshire's Votes Ensure The Constitution

by Jim Garamone
American Forces Information Service

The United States was in a New Year's Eve mentality as June 1788 began.

Three states were holding ratification conventions: New Hampshire, Virginia and New York. Whichever one ratified the Constitution first would be the state to give life to the document.

"There was an air of expectation in June 1788," said Robert Wright, an expert on the Constitution with the Army's Center of Military History in Washington, D.C. "The country had a much smaller population and the feeling of community drew people together. There was a real feeling that they were accomplishing something important."

Wright cited an earlier parade in New York. It was held to celebrate the successful ratification effort by Maryland on April 18, 1788. "Roughly a quarter of the population of Manhattan marched in the parade," he said. "They marched to an open field, where Pierre L'Enfant -- the man who later designed Washington, D.C. -- had designed a pavilion, and 6,000 people sat down for dinner and speeches. Then the whole parade marched back to Manhattan. It was a full

day affair, and people felt a part of "the Great Experiment."

But whether it would happen was still up in the air. In Virginia and New York, the Federalists and Anti-federalists were locked in struggles over ratification. The Anti-federalists did manage one significant concession from the Federalists: They did get assurances that a Bill of Rights would be the first order of business by the Congress under the Constitution.

Still, there was no assurance of ratification. "In New York and Virginia, the level of rhetoric reached the sublime," said Wright. But it was different in new Hampshire. The delegates, who first met in early 1788, were by no means sure they should ratify the Constitution. In fact, many of them received instructions from their town meetings to oppose the new Constitution.

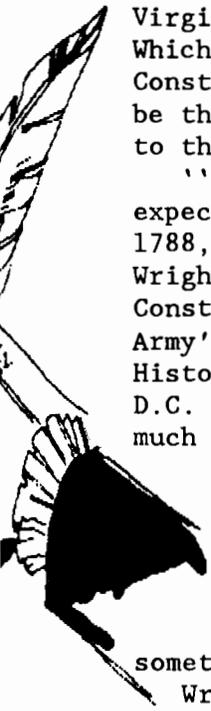
But after listening to arguments at the convention, most delegates felt it should be ratified. But given the town meeting practice in new Hampshire, they had to adjourn and return to their villages and towns and ask their people if they could change their votes.

The changes were supported, and on June 17, 1788, the delegates met at Concord.

"The delegates felt pressure to vote because Virginia and New York were in convention at the same time," Wright said. "When they finally voted to ratify the Constitution on June 21, they noted the time of the vote so there would be no question as to which state was the one that made the Constitution a living form of government."

After New Hampshire ratified, celebrations were held throughout the United States. Virginia ratified shortly thereafter, leaving New York, North Carolina and Rhode Island still debating the issue. "The only question left for those states that hadn't ratified was whether they wanted to be in the Union or not," Wright said. "The Anti-federalists finally broke ranks in July 1788 and ratified in New York. The federal government was up and functioning when North Carolina and Rhode Island ratified in November 1789 and May 1790, respectively.

"The ratification of the Constitution was a cause of great excitement throughout the United States," Wright said. "Most people weren't quite sure what was in store for them or the country, but they surely meant to enjoy the ride."



Security of Information

The District Security Office will be submitting a series of articles over the next year or so regarding Information Security. The following is the first in the series.

The government's reaction to the flurry of espionage cases uncovered a couple of years ago is now being felt. Beginning with this issue and continuing until all the topics are covered, a series of inspection points printed by the Department of the Army in its Information Security Regulation will be brought to your attention. This month's issue is Original Classification Authority. It applies to everyone in the District.

No one within the District, neither military nor civilian, has authority to determine the original classification of any information. Classification levels include only Top Secret, Secret and Confidential. Simply stated, you may not initiate a marking, by any method, on any item or document with those classification levels.

What if, you say, I write something job related which I believe should be classified. If you believe the information could be damaging, to some degree, to the national interest or U.S. foreign relations, then bring it to the Security Office.

If you read, see or hear anything that doesn't have such a marking, but you believe fits into one of the classification levels for either of the two reasons, bring it to the District Security Office if possible. Otherwise, call the Security Office with a complete description of the information and where it can be found.

Next month: Derivative classification - who, what, when, why & how!

District Crime Prevention Council

Most of us have never had anything stolen from our work space here in the District. But those who have know the theft of a possession, no matter how small, is, at the least, a frustrating and infuriating experience.

The District Commander has tasked a small group of people in the District to work toward eliminating crime from our work place. The group is called the

St. Louis District Crime Prevention Council. The council wants to make you aware of the potential for crime in your work place and aware, also, of ways to prevent it.

In subsequent issues of ESPRIT we will discuss some of the things the council hopes to do to help stamp out crime within the St. Louis District.



The Advertising Council, Inc.



To Your Health

Nutrition - Food Categories

Foundation Foods are those foods which are relatively low in fat, sugar and salt. Usually they are unrefined and, therefore, may be higher in fiber and some vitamins and minerals. These foods should be the foods which make up the major portion of your diet.

Extra Foods are those which are moderate in sugar, salt and fat content. If a food in this group has a large amount of fat, it is primarily a polyunsaturated oil. These foods should be restricted to a few servings a day and used primarily to add variety to your basic diet.

Restricted Foods are those which are high in cholesterol, sugar or fat, are excessively salty, or may be highly refined and unenriched. These foods should be included in your diet only infrequently. They should be reserved for special occasions such as a holiday meal, birthday dinner or meals away from home when appropriate foods are unavailable.

No-Fat Fat Coming Soon

A new warrior is coming to the battle of the bulge. If ice cream, mayonnaise and cake frosting are your downfall, help is on the way.

One new fat substitute called Simplese is being tested by the U.S. Food and Drug Administration. Developed by The NutraSweet Company, it has the creamy texture of fat but contains no fat or cholesterol, and it carries about 80 percent fewer calories.

Early development was done in 1979 at London, Ontario, where NutraSweet's food scientists are working on such delectables as no-fat cheesecake.

There should be little delay in getting approval for the product. Simplese consists of water and protein derived from such sources as egg whites and milk.

Proctor & Gamble has also developed a fat replacement. The synthetic product called Olestra cannot be digested or absorbed into the body. As a food additive, it is under study by the FDA, but its approval will take longer.

Caffeine, Protein - Osteoporosis Risk

Studies at the Creighton University Medical School show that even a moderate amount of caffeine in the diet is associated with a deterioration in the body's calcium balance.

The women studied drank two cups of coffee a day resulting in a 22 mg. calcium loss. With three cups per day, the calcium loss rose to 28 mg.

Though this may seem a small amount, it takes only a 40 mg. calcium loss to explain the 1 to 1.5 percent loss in skeletal mass per year noted in postmenopausal women. The study was published in the Journal of Laboratory and Clinical Medicine.

The level of protein in the diet also affects the need for calcium. Researchers at the University of Guelph, in Ontario, found that a calcium intake which is adequate for people on low-protein, complex carbohydrate diets-- is not adequate at all for adults on the typical high-protein Western diet.

The Guelph researchers noted that calculations for the average calcium
(continued on page 12)

Promotions and Incentive Awards

PROMOTIONS:

Ronald Auvenshine, IM
Carl Okenfuss, ED
Dixie Pickett, PO
Obbie Thompson, ED

PERFORMANCE AWARDS:

Wayne Klinger, OD
Robert Selvey, OD
Leona Florek, ED
Leo Fortman, OD
Dennis Seibel, CD
Dennis Williams, OD
Robert Holt, ED

QUALITY STEP INCREASE:

Cindy Prater, OD

SPECIAL ACT OR SERVICE AWARDS:

Steven Dierker, OD
Paul Nottmeier, OD
Edmond Rogers, OD
Joseph Caracci, OD
Bruce Grau, OD
Ted Hayn, OD
John Hill, OD
Charles Johnson, OD
Darrell LaPlante, OD
Joseph McElligott, OD
Carl Okenfuss, OD
James Steel, OD
Richard Ullman, OD
Arnold Washington, OD
Leo Nico, PD
David Busse, ED
Henry Martin, ED
Theodore Postol ED
Claude Strauser, ED
Bradford Strauser, ED
Betty Grady, EEO

Army Policy on Sexual Harassment

According to Maggie Patterson, our new District EEO Manager, the policy on sexual harassment is not new, but the message still rings true.

''Sexual harassment is defined as (1) influencing, offering to influence, or threatening the career, pay or job of another person -- woman or man -- in exchange for sexual favors; or (2) deliberate or repeated offensive comments, gestures or physical contact of a sexual nature in a work or duty-related environment.

Sexual harassment is unacceptable behavior. It is a violation of the high standards of conduct that I expect from all personnel at every rank and grade engaged in the mission of the Department of the Army.

Individuals who are sexually harassed by supervisors, superiors, co-workers or peers should make it clear that such behavior is offensive and report the harassment to the appropriate supervisory level. It is the responsibility of every supervisor and manager -- military and civilian -- to examine the matter and take necessary action to ensure that instances of sexual harassment are addressed swiftly, fairly and effectively.''

New District EEO Manager

Mrs. Maggie J. Patterson comes to the St. Louis District from the EEO Specialist/FWPM position at the New Orleans District. Mrs. Patterson has four years EEO experience with the Corps and nine years of EEO experience in the private sector. Mrs. Patterson has a Bachelor's Degree in Business Administration. She has completed many EEO training courses.

Prior to going to private industry, Mrs. Patterson worked at the Navy Finance Center in Cleveland, Ohio, for several years and was a journeyman

Management Analyst there.

Mrs. Patterson, a native of Nashville, Tennessee, says she is looking forward to a long, challenging and gratifying career with the St. Louis District.

Calcium (cont.)

intake include children. Many adults get less than half of the average calcium per person when considering all people in a given area.



Retiree Review

There was a pretty good turnout for the May luncheon, with the Pietro's crew having to add another table to accommodate (the late-arriving) Ed and Catherine Sticka. They brought the total to 46. It was nice to be back in our normal dining room, where we found the tables sporting new tablecloths.

One first-timer (perhaps only-timer) was in attendance. Harvey Serenco was in town for the 40th Reunion of his class at Washington University and dropped by for lunch. Harvey departed SLD many years ago and later retired from Los Angeles District. He claimed credit for most of the grey hair on Roy Elliott.

Senior Retiree Present was, once again, Howard Beinke.

Elmer Huizenga forwarded greetings, by phone, from Barnes Hospital where he is recovering from surgery (of an unmentionable nature). His only complaint was that the catheter tube wasn't long enough to let him chase the nurses.

We will soon have to start calling Kate Stiles "cyborg." She recently had an eye implant and will be having her second knee operation about the time of the June luncheon.

Homer Duif continued his perfect attendance record and both Cuddebacks were with us again.

The main item of business settled at the luncheon was that of the Special Event for 1988. A very healthy majority voted for a trip to Mark Twain Lake and Cannon Dam. A flyer on that event will soon be in the mail (if it isn't already).

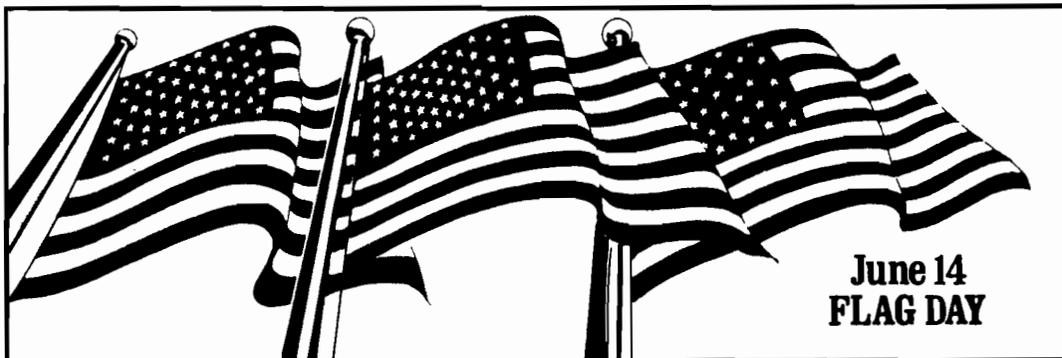
On the other item, in true parliamentary fashion, the group nominated Elmer H. (in his absence, of course) to be the representative to the Civilian Activities Council. Elmer later declined and Evelyn Grote volunteered! So Evelyn will be contacting the CAC to see what they have to say.

Next luncheon is Thursday, June 16 (I think we got it right this month): Pietro's 3801 Watson Rd; 11:30 social; noonish lunch; ending when we run out of gossip. Y'all come!

Condolences

ESPRIT wishes to apologize to the family of Bernie T. Clifton for the error, resulting from an initial typo, in the spelling of Bernie's first name and the subsequent referral to Bernie as Ms. Clifton. Please forgive us.

Ms. Marie Walls, who worked at the Service Base and retired in May 1963, passed away on 27 April.



National Safe Boating Week: June 5-11

by Evelyn D. Harris
American Forces Information Service

June 5-11 is the 30th annual National Safe Boating Week. Since 1958, when the week was first proclaimed, the number of recreational boats has grown from five million to 17 million nationwide.

According to the National Transportation Safety Board, more than 1,000 Americans lose their lives every year in boating accidents -- more than the combined annual fatalities from airline accidents, commercial shipping accidents and railway accidents.

This year's theme is "Know Before You Go." Hunt Anderson, who heads the U.S. Coast Guard's Boating Education Branch and is the National Safe Boating Council's secretary, said the council is giving special attention to non-traditional boaters -- people who use boats occasionally for fishing or waterskiing. Because these people often don't think of themselves as boaters, they're unlikely to take a boating safety course.

According to Anderson, boat users need to know their craft and its safety equipment; weather and water conditions; the boating "rules of the road"; and their personal limitations.

To help people with

this, the Coast Guard has a consumer hotline to answer questions relating to safety and recalls. The number is 800-368-5647.

For information about a safe boating course, contact your installation safety office, or call 800-336-BOAT in any state except Virginia.

Some points covered in the courses:

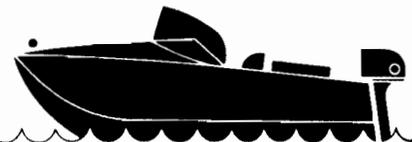
Always wear a Coast Guard-approved personal flotation device -- and make sure everyone on the boat is wearing one. Of the 1,066 people who died in boating accidents in 1986, 82.5 percent were not wearing life-jackets.

Have respect for the water, even if it's a small lake. The two major causes of fatal accidents are capsizings and falls overboard. Most happen in small boats on small inland bodies of water.

Don't overload your boat. The small utility, or jon, boats people use for fishing, hunting and day cruising tend to be unstable and easily swamp or capsize. Modern outboard boats have a plate indicating the maximum outboard horsepower and carrying capacity of the boat. The number of seats in a boat isn't a measure of its capacity. Overloaded boats overturn.

Booze and boats don't mix. The stressors in the marine environment -- the motion and noise of the

boat combined with sun, wind and glare -- compound the effects of alcohol. If you want to serve alcohol on your boat, use the designated-driver concept. But remember, any intoxicated person, boat operator or passenger, is at risk on the water.



- W**ear a life jacket.
- A**lcohol and water don't mix.
- T**est all safety equipment.
- E**ase into cold water.
- R**emember boat lights at night.
- S**wim with a companion.
- A**void strong current and turbulent water.
- F**ollow all boating "rules of the road".
- E**very accident was preventable.
- T**hink water safety.
- Y**ou are important!

Water Safety
It's Up To All Of Us!

Accident Summary

GOVERNMENT VEHICLE ACCIDENTS - May 88: None

Total vehicle accidents, FY 88: None

Total vehicle accidents, FY 87: Six

PERSONAL INJURIES GOVERNMENT EMPLOYEES - May 88: One

Total accidents for FY 88: Ten

Total accidents for FY 87: Nine

A deckhand on the Pathfinder was helping to maneuver a buoy into the buoy rack when he got his hand caught between them and lacerated a finger.

PERSONNEL INJURIES CONTRACTOR EMPLOYEES - May 88: Two

Total accidents for FY 88: Twenty-five

Total accidents for FY 87: Twenty-five

A laborer was helping to load large riprap into a highlift bucket. The operator moved the machine forward and the laborer got his hand pinched between the bucket and the rock.

A laborer was assisting in the removal of shoring and had three fingers smashed when an unsecured portion suddenly shifted.

LAKE FATALITIES - May 88: One

Total lake fatalities for FY 88: Three

Wappapello Lake - 1

Carlyle Lake - 1

Rend Lake - 1

Total lake fatalities for FY 87: Five

Mark Twain Lake - 2

Carlyle Lake - 3

For Sale

Eighteen foot fiberglass tri-hull Glastew Boat with 100 h.p. Evinrude motor and trailer - \$3000. Three-wheeler, '85 Yamaha Tri-Z 250 - \$850 -- call Burnett at 899-0650.

Coming Up At The Lakes

LAKE SHELBYVILLE

There will be seven fishing tournaments at the lake in June: Illinois Central Bass Club - Wolf Creek - 4 June. Decatur Crappie Poppers - Bo Wood - 12 June. Crank/N/Bass Club - Wilborn Creek - 11 & 12 June. Midwest Bass Association - 9th Street, Dam West - 19 June. Tuscola Bass Club - Wilborn Creek - 18 June. Kaskaskia Valley Bass Club - Bo Wood - 26 June. Champaign-Urbana Bass Club - Wolf Creek - 26 June.

Sea Bees training exercises 17 - 19 June.

Armed Forces Day Celebration - Dam West - 25 June.

CARLYLE LAKE

Boating safety course - 11 June.

Triathlon - Coles Creek - 19 June.

WAPPAPELLO LAKE

There will be three fishing tournaments at the lake in June: VFW Post 1831 - Chaonia Landing - 4 June. Wappapello Bass Circuit - Sundowner Marina - 12 June. Chaonia Volunteer Fire Department - Chaonia Landing - 19 June.

Armed Forces Day Celebration - Redman Creek Recreation Area - 11 June. Fireworks display - at the dam - 4 July.

CAC Activities For June

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10 June



I AM OLD GLORY!

I am Old Glory!

For more than ten score years I have been the banner of hope and freedom for generations of our countrymen.

Born amid the first flames of America's fight for freedom, I am the symbol of a country that has grown from a little group of thirteen colonies to a united nation of fifty sovereign states.

Planted firmly on the high pinnacle of American faith, my gently flittering folds have proved an inspiration to untold millions.

They have followed me into battle with unwavering courage. They have looked upon me as a symbol of national unity. They have prayed that they and their fellow citizens might continue to enjoy

the life, liberty, and pursuit of happiness which have been granted to Americans as their heritage.

So long as our people love liberty more than life itself; so long as they treasure the priceless privileges bought with the blood of our forefathers; so long as the principles of truth, justice, and charity for all remain deeply rooted in human hearts, I shall continue to be the enduring banner of the United States of America.

**Think of me and
what I stand for
on July 4th!**