



US Army Corps  
of Engineers  
St. Louis District

# Information Bulletin

Vol. 20

No. 3

March 1983

## DISTRICT DOINGS

### CARLYLE LAKE...

Maggie Briggs completed the remainder of the 1983 Outreach Program, conducting programs at the Greenville, Union, and Hinchcliff Elementary Schools. Total attendance — 750. Maggie also represented the St. Louis District at the St. Louis All-Sports Show on February 5 and 6.

Chris Cascone visited the Shattuc Methodist Church Senior Citizens who had requested a program on attracting non-game birds to their backyards. Twenty-six people attended the program.

Twenty-eight crews opened the commercial fishing season which extends from February 14 through March 30. Fishing takes place from 6:00 AM to 4:00 PM daily and fishermen are allowed to sell whole fish from 8:00 AM — 6:00 PM at the Allen Branch parking lot located at Hazlet State Park. The only fish permitted to be caught (with maximum price/lb. indicated) include: carp (35¢), buffalo (55¢), drum and carpsucker (40¢), gar and bowfin (20¢).



With the unseasonably warm and dry conditions, people are taking advantage of the lake's facilities. The East Spillway, Coles Creek and Dam West Day-Use areas were reopened on February 28.

The cleaning out of the Boulder Channel to the marina began this month. In conjunction, work crews are addressing the shoreline erosion problem. The project is anticipating completion for sometime next month.

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OF AR 360-81**

On February 22, a third in a series of public meetings was held at the Knights of Columbus Hall in Carlyle. Colonel Beech announced a revised operating plan for Carlyle Lake, featuring a later start on the winter drawdown and maintenance of a higher winter pool. The Corps will maintain the winter pool at 444 feet rather than drawing the lake down to 443 feet as has been done since 1976. Operations will also be modified by commencing the winter drawdown fifteen days later in the year on December 15 rather than on December 1.

### MARK TWAIN LAKE & CANNON DAM...

Park Technician John Cannon served as a judge for the Clarence Elementary Science Fair. John, along with agents from the Missouri Department of Conservation, Soil Conservation Service and other state agencies, rated science projects from elementary and junior high students.

The Northeast Missouri Natural History Club was presented a program by Park Technician Terry Schaefer on the wildlife management practices at Mark Twain Lake. Emphasis was placed on the extensive Barn Owl Rehabilitation Program.

A joint presentation on status of construction and recreation-resource management was presented by Park Manager Dennis Foss, Resident Engineer Otto Steffens and Power House Superintendent Dale Russell to WGEM Channel 10 news team from Quincy, Illinois.

W. Dale Russell gave a slide presentation on the status of the project to 16 members of the Palmyra Boys Club at their monthly dinner meeting.

Park Technician Anne Behrens spoke to a Palmyra Women's Club on recreation and environmental education opportunities at Mark Twain Lake. The multimedia slide program, **A Friend For All Seasons** was presented.

Park Ranger Wayne Williams spoke on recreation and fish and wildlife management at a sportsmen show sponsored by the Quincy Sportsmen's Club. Approximately 100 people were in attendance.

## DISTRICT DOINGS (Continued)

### REND LAKE...

Karl Tilkens, Assistant Manager at Rend Lake, was selected for the assistant manager job at Carlyle Lake. Karl will report for duty on the 7th of March.

Charlie Dees, Maintenance Supervisor at Rend Lake, was a recent guest speaker for the Emergency Services and Disaster Agency headquartered at West Frankfort, Illinois. The topic was "Sandbagging Corps Style" and Emergency Services personnel were treated to video films, a slide program, and the benefit of Charlie's first hand experience on the subject.

During the month of February some 40,000 to 60,000 Canada geese made Rend Lake their winter home. These geese made heavy use of crops left in the field by the Corps and Illinois Department of Conservation Wildlife managers.

### WAPPAPELLO LAKE...

Park Technician Roger Martin presented the film "A Whole Lot Proud" to twenty-five boys and girls, ages nine through eleven, at the Assembly of God Church in Puxico, Missouri.

Park Technicians Roger Martin and Gary Stilts served as judges for the Annual Puxico Science Fair which was held 10 February 1983. Both judged entries in the Junior High Life Science Division.

The flood of December 1982 inflicted extensive damage to many of the project's recreation areas and facilities. Project employees are currently involved in clean-up and repair operations so the areas will be ready to open on schedule; that is, if it doesn't rain too much again!

Five new employees were welcomed to Wappapello Lake in January: Park Technician David Ellis (formerly of the Regulatory Branch in SLD); Park Aids Jim Fortner, Joe Bancroft, and Kathy Davis; and Tom Wilson, Clerk-Typist.

Crews working on maintenance and marking of the lake monumented boundary have recently experienced a lot of ups and downs because of all of the hills and hollows they had to cross. However, they did an excellent job and finished well ahead of schedule.

### SHELBYVILLE...

Activity at Lake Shelbyville began to pick up during February.

Al Lookofsky represented Shelbyville at the St. Louis All Sports Show. Information about recreation at St. Louis District projects was given to visitors.

The Snakes: Friend or Foe? program was given to 37 members of Stewardson-Strasburg Biology classes. Al Lookofsky talked about the benefits of snakes and the variety found in the area.

Colonel Beech visited Shelbyville to preside over the final public meeting on the water release policies at the lake.

The US Forest Service Step Test was administered to most lake employees during January and February. Those who passed the test will be able to participate in fighting grass fires and helping with the annual prairie burn at the project. The test will be given again later in the spring when summer personnel begin work.

The third part of the recreation survey has now been completed. When the spring survey is finished, a survey on recreation at Lake Shelbyville for 1 year will have been completed.

### AROUND THE DISTRICT...

Colonel Gary Beech was kept busy on the speaking tour. On 2 February he went to Biloxi, MS to speak to the Mississippi Valley Flood Control Branch of the AGC. He gave a briefing about the 1982 flood to a Circle Club Luncheon group. Later in the month, Colonel Beech traveled to the University of Illinois to talk about L&D26(R) to a Natural Resources Class in the Department of Geography, and then appeared before the Fred W. Stockham, St. Louis Post #4 of the American Legion to talk about the '82 flood.

The Recreation-Resource Management Branch in coordination with Public Affairs, participated in the annual St. Louis All-Sports Show at the Cervantes Convention Center, February 8-13.

An exhibit and information area on Recreational Opportunities in the District was staffed by rangers from the Lakes. This year an estimated 85,000 people visited the show with our park rangers personally contacting approximately 20,000 of those in attendance.

On 17 February, Jim Hill, OD-R, traveled to S.I.U. Carbondale and spoke to 40 Outdoor Recreation Management students about the Corps of Engineers Recreation-Resource Management programs.

While in Carbondale, Jim, Woodsy Owl, and a hog-nose snake got together and visited the students at the Rainbows Children school. The students (ages 3-6) learned about the value of snakes in the environment and appropriately nicknamed the hog-nose snake, "BOSS HOG."



Woodsy promoted his **"Give a Hoot Don't Pollute"** message to the children.

Jimmy Bissell gave briefings to the Alton/Godfrey Kiwanis Club in Alton, and to the American Society of Professional Estimators in Granite City, telling them about the progress of construction at Lock and Dam 26(R). Bissell and 1LT Peter Karnowski briefed 30 Cub Scouts and their parents from Fairview Heights, Ill.

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## FAREWELL

Farewell and best wishes to Elias Hydar, Budget Branch Chief, who retired on March 4th after 41 years of federal service, all of it with the Corps.

Although he will be missed, Eli has promised to continue sending his "Hydar's Happenings" to the Information Bulletin.

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## NOTICE TO READERS

To save wasted effort on the part of some of our readers, we would like to restate a couple of points of editorial policy.

One, we do not publish anonymous submissions. We might, if occasion warranted, withhold a writer's name but we do not accept material without knowing the source/credibility.

Secondly, we do not want to go to jail, therefore we do not reproduce copyrighted material without permission. So, please don't ask us to do so. As a friendly warning, we recommend you follow the same policy.

PAO Staff

## THE SCIENCE OF MANAGEMENT

A student who learns the science of management coupled with the art of leadership can reach the top of his or her profession, either in a business or military career. One of the best places to learn these skills is in the Army's **Officer Candidate School**, for college graduates who enlist in the Army. OCS is an intensive 14-week course designed to train leaders. And while this course is intended to develop Army officers, leaders in any area require the same basic skills,

OCS graduates are immediately assigned to positions of leadership and responsibility, where their new skills are utilized every day. As an Army officer, graduates will receive a substantial salary and excellent benefits, including a chance to go on to graduate school, with the Army paying 75% of the tuition.

Officer Candidate School — a wise investment in a successful future.

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## EMPLOYEE ASSISTANCE PROGRAM

In the past Employee Assistance Program information pamphlets have been available to St. Louis District employees through the Information Data Center on the 8th floor, 210 Tucker Blvd., St. Louis.

In order to make sure this valuable information is available to all employees, copies of these pamphlets (supply permitting) will soon be sent to project offices. These pamphlets should be displayed on bulletin boards or in the offices.

If employees wish to obtain copies of any of the pamphlets displayed, or if they have questions or comments concerning the program, please contact Mary B. Berra, Employee Assistance Program Coordinator at (314) 263-5840.

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## GET YOUR THINKING CAPS ON, ST. LOUIS

SLD Suggestion Campaign began 14 Feb and continues thru 25 Mar 83. The district goal is 125 suggestions and a campaign gift will be given for initial suggestions that are accepted during the campaign.

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Congratulations to the following employees for accumulation of Sick Leave as of the end of CY 1982.

NAME	ORGANIZATION	NAME	ORGANIZATION
<b>OVER 3000 HOURS</b>		<b>OVER 1500 HOURS</b>	
Berhorst, Elmer H.	DC	Beyette, James A.	OD
Boston, William S.	BC	Bischan, Josephine	OC
Buatte, Charles J.	RO-F	Bisher, Joseph H.	SD
Dietrich, Anton J.	OD	Buatte, David L.	RO-L
Fogilphol, James O.	OD	Buchhold, Lammert A.	CD
Hydar, Elias	DC	Buncie, Richard J.	OD
King, Glen F.	OD	Burnett, Farrell E.	RO-L
Kugler, Lafayette G.	OD	Butery, James L.	ED
Steffens, Otto K.	RO-C	Byrum, Gerald G.	OD
<b>OVER 2000 HOURS</b>		Campbell, Winston B.	OD
Adams, Ivis D.	OD	Chiodini, Louis J.	OD
Adams, Robert L.	OD	Christmas, Kenneth B.	RO-F
Alder, Robert D.	AC	Christofferson, Loren E.	ED
Alexander, Kenneth E.	ED	Clark, T. Frank	SD
Beard, Dale F.	RO-F	Clifton, William B.	OD
Berra, Mary B.	PO	Coomes, Thomas H.	RO-C
Bissell, Jimmy D.	RO-L	Corbin, Kenneth D.	PD
Blackwell, Carroll L.	OD	Creel, Henrietta A.	OD
Brown, William T.	OD	Davis, Gordon L.	ED
Buckley, Jacob B.	OD	Dees, Charles W.	OD
Cameron, Richard L.	PD	Dellenbaugh, Lee R.	ED
Chrismore, Donald L.	CD	Drewes, Vernon W.	OD
Dannon, Donald L.	ED	Effertz, Joseph G.	ED
Davis, Norris W.	BC	Flippen, Daniel W.	CD
Doherty, Joseph E.	DC	Gaal, John A.	ED
Duff, Homer L.	DC	Gambill, Darrell A.	OD
Dunn, Clyde	OD	Gould, Dennis E.	ED
Durham, Thomas L.	OD	Greer, Katherine R.	PO
Eifert, Robert E.	OD	Grimaud, Wendell J.	OD
Ford, Jim E.	OD	Harlan, Ronald E.	OD
Hillen, Ambrose C.	OD	Haskett, Elbert D.	ED
Hilton, C. J.	RO-F	Haudrich, David J.	ED
Kilker, John J.	OD	Hawkins, Jerry D.	ED
Kraus, Warren J.	OC	Heckstetter, Joan L.	OD
Laraway, Donald W.	RO-F	Heston, Elton M.	ED
Le Grand, Alban L.	OD	Holder, Paul D.	OD
Lindsey, Hilda P.	SD	Houser, Michael D.	ED
Lytle, John D.	ED	Hurley, Gloria E.	CD
Martin, Sam V.	ED	Iler, Thomas E.	OD
Moore, Bruce H.	ED	Kellerman, Daniel D.	ED
Pate, Everett L.	ED	Kent, Lewis E.	OD
Pate, Landon P.	SD	Koller, Kenneth R.	ED
Petry, Clarence J.	OD	Krigbaum, Cyrus N.	OD
Puricelli, Pete R.	BC	McLard, Fred H.	ED
Rasmussen, Jack F.	PD	Miller, John E.	RO-C
Richardson, William R.	PO	Needling, Hobert	OD
Roland, Richard C.	OD	Neidinger, Charles R.	RO-C
Schafer, Frank J.	OD	Nelson, Laurel M.	RE
Schneider, Edward H.	OD	Niemi, Jack R.	ED
Sherrill, Carol E.	OD	Olson, Paul H.	ED
Sneed, Betty D.	ED	Paris, Leonard R.	OD
Stamps, Ernest B.	ED	Petersen, James A.	OD
Troutner, Fred I.	OD	Pinkston, Bryan	OD
Walter, Milton A.	RO-L	Polizzi, Vito A.	CD
Wiseman, Stanley	RO-F	Postol, George J.	ED
		Postol, Ted S.	ED
		Powell, Winifred W.	SO

**NAME****ORGANIZATION****OVER 1500 HOURS**

ahubka, E. David	PD
Reilly, Elbert F.	OD
Robinson, Lee B.	ED
Ross, William H.	OD
Schawaker, Violet R.	RE
Schlenker, Albert W.	OD
Sovar, Richard R.	ED
Spencer, David W.	ED
Stahlschmidt, Lawrence P.	OD
Struckel, Matt J.	OD
Strutmann, Eugene V.	OD
Sutton, William R.	ED
Taylor, David F.	ED
Webb, Gary D.	RO-L
Wich, Robert F.	ED
Williams, Max T.	OD
Williams, Thomas W.	OD
Wilson, Ulas L.	AS

**QUALITY STEP INCREASE:**

Katharine Hayes, AS-L

**SUSTAINED SUPERIOR PERFORMANCE AWARD:**

Anthony Penak, OD-RW  
 James Price, OD-RW  
 Bill Fouts, OD-RW  
 James Cook, OD-NC  
 Claude Strauser, ED-H  
 Patrick Damron, OD-RW

**TANGIBLE SUGGESTIONS:**

Diane M. Jones, Real Estate Division, is granted an award for an adopted suggestion that recommended a new form be produced for ordering appraisals.

Stephen W. Summers, Lake Shelbyville, Operations Division, is granted an award for an adopted suggestion that recommended a change be made in handling of recreation fee collections at the lakes.

**INCENTIVE AWARDS SECRETARY****PROMOTIONS:**

Sue R. Turley, RO-F,  
 Construction Inspector, GS-809-05

Kenneth W. Strong, OD-NL,  
 Lock Equipment Mechanic, WY-5318-10

Milan W. Hornak, ED-DA,  
 Structural Engineer, GS-810-12

Thomas J. Leight, ED-DA,  
 Structural Engineer, GS-810-12

Edward H. Riiff, ED-DA,  
 Civil Engineer Technician, GS-802-8

Claudia J. Tonsor, OD-R,  
 Secretary (Steno), GS-318-4

Robert L. Holt, ED-DA,  
 Civil Engineer Technician, GS-802-8

**EXCEPTIONAL PERFORMANCE RATINGS:**

Katharine Hayes, AS-L  
 Charles K. Grojean, PO-U  
 Ronald J. Dieckmann, ED-H  
 Ronald L. Kuykendall, AS-RA  
 Edward A. Ewing, PD-U  
 Kenneth B. Christmas, RO-F  
 David E. Leake, PD-F  
 Margaret D. Hurst, PO

**SPECIAL ACT/SERVICE AWARDS:**

The following personnel performed a Special Service for the St. Louis District Corps of Engineers between 25 Apr and 6 Nov 82; they shared a monetary award for their dedication and hard work in connection with specialized, nation-wide, site selection studies.

Kenneth Alexander, ED-FS	Debbie Lanier, ED-S
Janet L. Cranshaw, ED-FG	Lori Looser, ED-FM
Robert Frederick, ED-SM	William Meldrum, ED-SC
Georgiann Davis, AS-W	Michael Navin, ED-FG
Ernest Graf, ED-SC	James Reed, ED-SM
Patricia Greco, ED-FG	John Rockaway, ED-FG
Carol Hilderbrand, ED-F	Gary Schmidt, ED-SM
Sharon Hornback, ED-SM	Douglas Komnick, ED-FG

The following personnel performed a Special Service for the St. Louis District Corps of Engineers between 25 Apr and 6 Nov 82; they shared a monetary award for their technical competence and hard work in connection with the Lock and Dam No. 26(R) — Cofferdam Testing Program.

Kenneth Anderson, ED-FS	James LaRue, ED-FM
Elizabeth Browning, ED-FI	Norman LaRose, ED-SS
Edward Demsky, ED-FS	Ollie McDonald, ED-FM
Paul Galey, ED-FM	William McPeak, ED-FI
Clifford Goden, ED-FI	Robert Mesko, ED-FI
Richard Hagen, ED-FM	Thomas Mudd, ED-DA
Carroll Hutson, ED-FM	Samuel Pomeroy, ED-FM
Joseph Kissane, ED-FM	Mark Rossow, ED-DA
Brian Kelber, ED-FI	Laverne Verdeyen, ED-FM

Messrs. Lloyd, Goodrich, and Kirby shared a Special Act Award for their meritorious personal work effort while employed in the Office Management Branch, Office of Administrative Services.

## WHITE PAPER

Part IV of LTG J. K. Bratton's white paper "Challenges for the 1980's in Serving the Army and the Nation."

### SUPPORT THE NATION

We also support the Army when we *Support the Nation* through our civil works program. The Army Corps of Engineers is a great national asset with a "ready reserve" force able to mobilize rapidly for expanded emergency or wartime construction. In peacetime, support goes to many diverse water resources and other national engineering and construction projects, which are economically, engineeringly, and environmentally sound. We maintain the Nation's river navigation and port system which provides for efficient bulk commodity transportation. We generate hydropower which reduces the requirement for foreign energy imports and provides a clean source of electricity for the Nation. We provide for flood control and disaster assistance, and we undertake other real estate, design, and construction management tasks of high national interest.

To perform our long-term civil works role successfully, we must identify and satisfy water resources development and other national public works needs in a continuous cycle of planning, design, construction, operations, and modernization. This is a wise investment in the Nation's future and can be a major factor in revitalizing the economy and improving productivity. Changing national concerns and policies have interrupted this project development cycle over the past decade. To secure our investment for the future, we must maintain an active planning and design program, while we conduct our existing construction program and efficiently operate and maintain what we already have. Many navigation, flood control, and hydropower projects constructed and operated by the Corps of Engineers are nearing or are even beyond their designed service life. Repair, evaluation, maintenance, and rehabilitation of these projects is of the utmost importance for their continued operation. Our efforts should be of needed, affordable, and engineeringly and environmentally sound projects, which have strong public support. We will continue to support vigorously new starts which are "innovatively financed" primarily by direct beneficiaries.

In the long term, acting in accordance with Administration policies, we must seek to further the authorization of supported, cost-efficient projects in traditional water resources development areas. Vital to the future needs of the Nation are key water resources development issues of the 1980's: water resources for industrial, municipal, and agricultural needs; hydropower; and inland and coastal water navigation. For long-term defense readiness as well as for peacetime navigation support, we must seek acceptance by the national leadership of the Corps' minimum dredge fleet concept.

To maximize our skills in planning, design, construction, and operations, we must continually exercise our broad engineering capabilities. From the viewpoint of DOD, our civil works organization is a unique and valuable national strategic reserve for wartime construction and mobilization. Civil works activities — planning, engineering, construction on large projects and rapid response to emergencies — are the greatest peacetime parallel to the construction work required for mobilization. We must preserve this emergency and mobilization capability. To the extent that our traditional civil works projects will not fully utilize the leadership talent, professional skills, and basic work force required for mobilization, we must provide our diverse engineering and construction expertise to federal, state, and local agencies to meet regional and national needs and provide this expertise to other nations to advance U.S. strategic interests.

Currently a formidable challenge is the downward trend in the number of civilian employees allocated for the civil works mission. When reductions are mandated, they must be allocated in such a way as to minimize the risk that the Corps might not be able to execute its basic missions effectively. The cutting edge in the field — at the district level — must be carefully and continually assessed to assure that basic tasks are not compromised.

We have recently undergone changes in the way we perform our civil works mission, and we must continue to seek the best approach to national public works requirements. We will include various forms of innovative financing in selecting new projects. The new financing requirements should measure more accurately the real demand and need for a project and should, over time, stretch federal dollars for water resources development and new construction. We have greatly simplified the planning requirements for projects and lessened headquarters involvement, but we must make still greater improvements. We are implementing a streamlined regulatory program designed to be more responsive and less burdensome to the public, which places most decision-making at the state and district level and decreases involvement at the national level. We are relying less on internal resources for design in work for other agencies, and over the next decade we will increase the use of private industry where appropriate and cost-efficient.

*(To be continued)*



## TELEPHONE REFERRALS

Requests for general information/referral at HQUSACE are being incorrectly referred to General Bratton's extension by individuals at FOA.

Every attempt should be made to provide information callers with the name and phone No. (when known) for area of interest when referring individuals to HQUSACE. When this information is not available refer callers to the general information number at COM (202) 272-0660, A/V 285-0660, or FTS 272-0660. **Do not** refer general information calls to General Bratton's or any other extension in the HQUSACE Executive Office.

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## DISESTABLISHMENT OF WESTPAC SUPPORT OFFICE

*The following information is quoted from a message received from OCE.*

"The WESTPAC Support Office which had provided recruitment and intern management support to Eighth TS Army, US Army Japan, and Western Command was disestablished on 28 January 1983. Individuals interested in applying for Corps of Engineers' positions in Korea, Japan, Okinawa, and/or Hawaii should apply to HQ, USACE, (DAEN-PEC-SC), Washington, DC 20314. Those who are interested in being considered for Engineer, GS-13 positions in Korea, Japan, Okinawa and/or Hawaii should submit their career records (DA Form 2302, a copy of their most recent career appraisal and feedback letter and DA Form 4338-R) to US Army Engineer Division Pacific Ocean, Attn: PODEP, Bldg 230, Ft. Shafter, HI 96858."

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## SUCCESS TIP

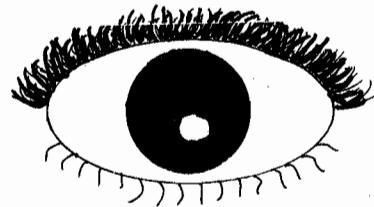
We are creatures of habit. We succeed or we fail as we acquire good habits or bad ones; and we acquire good habits as easily as bad ones. Most people don't believe this. Only those who find out succeed in life.

— Herbert Spencer

## EEO CORNERSTONE

Two EEO Committees have new managers at the helm. Karon Marzec, Forester, Environmental Analysis Branch, Planning Division, will serve as the Federal Women's Program Manager, replacing Irene Smugala. Louis Chiodini, Chief, Emergency Operations Branch, Operations Division, will serve as the Handicapped Program Manager replacing Bill Brown.

The EEO Staff would like to take this opportunity to "Welcome" our new managers, and to "Thank" Irene Smugala for a job well done. "Best Wishes" to Bill Brown for a long and happy retirement.



## THE EYES HAVE IT FOR COURTS

Racquet sports have grown in popularity, especially during the winter. In the meantime, the number of eye injuries on tennis, squash, and racquetball courts have more than doubled in five years. In hospital emergency rooms, more than 4,200 players were treated for eye injuries last year, according to the National Society to Prevent Blindness.

Racquet-struck balls can travel at speeds that exceed 100 mph. The smaller the ball, the greater the risk of injury to unprotected eyes, because less impact is absorbed by bones above and below the eye.

To prevent such injuries, players should use protective eyewear, the society advises. Sports eye guards will help those who wear contact lenses as well as those who don't wear glasses. They're available at sporting goods stores or racquetball pro shops. Another option is industrial-quality safety glasses, with lenses made of plastic and sturdy frames and cable stems that hug the ears, available from opticians or safety-equipment suppliers.

Those who need prescription glasses can order a pair of the tough, industry-approved safety glasses ground to their prescription through an eye doctor or optician. Sports eye guards, made up in prescription, are also available through eye doctors or opticians.

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## BAD HABITS ARE TOP HEALTH THREATS

The biggest health threats to Americans no longer come in the form of dreaded diseases, but instead are brought on by bad habits, according to a statement from the director of the National Center for Disease Control.

Dr. William Foege indicated that while Americans rate health highly on their list of values, their lifestyles do not reflect that value. Smoking, excessive drinking, poor diets, lack of exercise, and failure to wear safety belts have all been causes of premature death in American adults, he said.

Whereas diseases such as smallpox, polio, tetanus, and rubella have been nearly eliminated, diseases related to bad habits continue to rise in some cases.

For instance, the rate of lung cancer in women has increased tenfold in the last 52 years. An estimated one out of six Americans is affected by high blood pressure. Ten million Americans are problem drinkers.

In explaining Americans' apparent lack of concern for health, Foege said, "We feel immortal until something happens."

*The trouble with what melts in the mouth is the way it bulges in front of the mirror.*

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## OLD TVS MAY ZAP VIDEO BUFFS

Children who spend a great deal of time playing video games on older color TV sets may be exposing themselves to excessive radiation, according to a letter published in the *New England Journal of Medicine*. A team headed by Dr. David Nashel reported that some sets built before 1970 emit radiation exceeding the limit set by the Food and Drug Administration.

The doctors wrote that people using TVs as displays for home computers and video games tend to sit closer to the set than they do for normal viewing, increasing the radiation dose. At a distance of 40 centimeters, a child who plays a video game for two hours a day will be exposed to between 700 and 900 millirems of radiation in a year.

The National Council for Radiation Protection and Measurements recommends that those under 18 not be exposed to more than 100 millirems per year.

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## GOLF NEWS

**SPRING TOURNAMENT** — The SLED golf league will kick off the new season with the Spring Tournament to be held April 19th at Tamarack golf course in O'Fallon, Illinois. This year's event will again be a two-man scramble with tee-offs starting at 9:00 a.m. All employees and retirees are welcome to compete for cash and merchandise prizes which will be awarded to winners in each of their flights.

**You do not have to be a golf league member in order to participate in this event.**

The entry fee of \$4.00 will be accepted by either the golf league captains (see below) or the League Secretary, Michael Houser, ext. 5526 thru April 14th.

Green fees for 18 holes are \$7.00 and riding carts are available for \$12.00 (18 holes).

### LEAGUE PLAY

On April 26th, Tuesday night league play will begin at Clinton Hills golf course and continue weekly thru August. Several teams could use some additional "new blood" to round out the league roster and new players are encouraged to contact Michael Houser or one of the following team captains:

Dave Harley (5832); Mel Baldus (5532); Paul Olso (5668); Rich Buncie (5684); Chuck Bruno (5855); Paul Roberts (5870); Fred Niermann (5031); or Vic Behrmann (5162).

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## GRIMAUD RECEIVES SCOUTING AWARD

W. Jean Grimaud, OD-R, was recognized for his distinguished service to youth by the Boy Scouts of America. He received the Silver Beaver Award at the Annual Recognition Dinner of the Cahokia Mound Council on February 5, 1983. Jean has been active in scouting for 10 years and is currently the Vice President for Program for the Cahokia Mound Council in Granite City, IL. The Silver Beaver is the highest award to adult scouters that can be awarded by a Council. We are all proud of Jean for unselfishly donating so much of his time to such a worthwhile effort. CONGRATULATIONS JEAN!!

## FOR SALE

New 15-inch 14K serpentine chain, \$45. New Gerber Folding Sportsman Ild w/scabbard, \$38.50. Used Gerber FSII, \$23 w/scabbard, \$20 w/o; used Buck Muskrat, \$12. Call Dan Ragland, off. 3-5711, home 381-8817.

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*Anyone who tells you that he enjoys a cold shower in the morning will lie about other things too.*

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Gossip is something negative that is developed and then enlarged.

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## SECURITY

**Professionalism and Integrity.** A recent letter by General Bratton to Commanders expressed concern over the lack of personal integrity on the part of a few individuals. Among the instances mentioned were travel claims, use of Government property, personnel and pay actions, and conflict of interest situations. Professionalism and integrity are the very foundation upon which the Corps of Engineers has been built. There is no better example than our own District. Many, who have gone before us, set the example. It is for us who are here now to ensure the organization we work for maintains the highest standards of professionalism and integrity. Duty, loyalty and one's own sense of morality are all a part. We should all work to instill these standards in each new employee in the District. This will ensure that St. Louis will always be one of the foremost Districts in the Corps of Engineers.

**Safeguarding Government Property.** The District set a goal to reduce larceny of Government property by 25% for 1983. So far, we have not gotten off to a very good start. Larceny seems to be always with us and lax procedures contribute. Periodic inventory of Government property is a must. When not in use, it should be properly secured. Sensitive items not normally used should be signed out and in. For reference see AR 190-51. For the 1st Quarter, FY 83, there was a loss of \$168,937.70 in Government property, Corps wide. Vandalism resulted in a loss of \$64,943.42.

**Requests for Security Clearances.** All requests for security clearances should be by DF to the Security Office and accompanied by a copy of the applicant's birth certificate.

**Security Awareness.** Not long ago the Security Officer was sitting in a tavern not far from the District office where two individuals were observed talking about their security clearances. No harm done; having a security clearance isn't classified. The point to remember is that an enemy agent could have found out these persons have access to classified material. Finding out their names and where they work wouldn't be a hard job. Don't discuss your work outside the office. You never know when "Boris" is listening.

All personnel with a security clearance are required to read certain security regulations annually. If you are not sure about safeguarding classified material or SAEDA, stop in the Security Office and check out the regulations.

You know you're getting old when you can make the wrinkles that you see in the mirror disappear just by taking off your glasses.

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# ACCIDENT SUMMARY

## FEBRUARY 1983

### **VEHICLE ACCIDENTS FOR FEBRUARY 1983:**

None

Total vehicle accidents for CY 1983: None

Total vehicle accidents for CY 1982: Five

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### **PERSONAL INJURIES – CONTRACTOR EMPLOYEES – FEBRUARY 1983:** Six

Total accidents for CY 1983: Six

Total accidents for CY 1982: Four

Six accidents occurred at Lock and Dam No. 26(R).

- 1 – Caught hand between concrete bucket and discharge door.
- 1 – Fell when he stepped into a depression while signalling crane.
- 1 – Fell on top step of stairs while putting on his coat.
- 1 – Tripped and fell while pulling on hose.
- 1 – Tripped and fell while hurrying across reinforcing steel.
- 1 – Fell on barge deck after losing his balance.

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### **PERSONAL INJURIES – GOVERNMENT EMPLOYEES – FEBRUARY 1983:** One

Total accidents for CY 1983: Two

Total accidents for CY 1982: Twelve

A Government employee from Channel Maintenance Section injured his foot when he jumped from the launch onto a rocky river bank.

An Inspector at L&D 26(R) was seriously injured (mashed and amputated toes and crushed leg) when he was struck by a backhoe bucket. The swinging mechanism had malfunctioned. If at all possible stay out of the swing radius of equipment.

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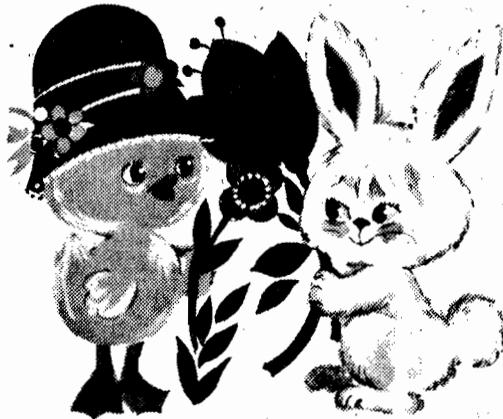
### **LAKE FATALITIES FOR FEBRUARY 1983:** None

Total lake fatalities for CY 1983: None

Total lake fatalities for CY 1982: Four

Carlyle Lake – 3  
Lake Shelbyville – 1

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### **SAFETY REMINDERS:**

1. All employees should make sure the way is clear before backing their vehicle.
2. Notify the Safety Office if you have prevented a motor vehicle accident using defensive driving techniques.

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