



**US Army Corps
of Engineers**
St. Louis District

Information Bulletin

Vol. 19

No. 9

September 1982

DISTRICT DOINGS

Summer is winding down but our lake personnel managed to keep very busy during the past month.

CARLYLE LAKE

The Carlyle Lake Management Staff met the challenge of the Clinton County Law Enforcement Association in a slow pitch softball contest. The lake team beat the "bad guys" by a score of 13 to 10. Park Technician Ken Gregory and Park Aid Rick Shulte each hit homeruns. The winning pitcher was Park Technician Ben Baggett.

The Illinois Registered Surveyors Association held their annual conferences and picnic at the lake on August 14.

Labor negotiations continued throughout the month, at the Visitor Center, between the US Army Corps of Engineers and the American Federation of Government Employees (A.F.G.E.).

More than 100 people took the "Great American Water Test" developed by the staff to test Visitor Water Safety Awareness. The program was held at the Dam West and Coles Creek Beaches.

The Second Annual Nature School was quite a success. This year's classes were conducted over a two-day period and open to any youths between 7 and 14 years of age. This year's classes were: basic sailing, geology of Southern Illinois, hunting small game, snakes, endangered species, and nature crafts. Every student that attended three or more classes received the District's Conservation Award patch.

In cooperation with the City of Carlyle's Recreation Department, the staff sponsored a Beach Volleyball Tournament on August 14. The contest was entertaining for participants and spectators. Twelve teams registered with trophies being presented to the first, second, and third place team members.

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NATIONAL HISPANIC HERITAGE WEEK



Sept. 12-18

DISTRICT DOINGS (Continued)

Approximately 160 visitors came by to chat with Elmer W. Hedges and observe his wood carvings at the Visitor Center on August 27. Park Aid Robert Iski conducted an Outdoor Survival Day in the Dam West Recreation Area. Topics included building a survival kit, solar stills, stick bread, alternatives to the compass, and fire making.

More than 450 visitors took part in dam tours during the month of August. They are held from 1:00 PM - 3:00 PM on Saturday and from 2:00 PM - 4:00 PM on Sunday.

LAKE SHELBYVILLE

Conservation Awards were given to 24 participants in the University of Illinois Archaeological Field School held from June 11 through August 7. Working under permit, these volunteers have added to the knowledge of the Mississippian culture in the Kaskaskia Valley.

A new Park Technician joined the staff this month. Rachel Garren, a graduate of Eastern Illinois University, has begun her duties as the new GS-5.

Larry Shafer, RC&M worker, has filled the position of Sewage Treatment Plant Operator.

The Corps was represented at the recent Shelby County 4-H Fair. More than 5,000 people toured the Mobile Display Van, viewing live exhibits, learning more about the Lake Shelbyville area.

The Mobile Display Van again represented the Corps at the Rural Electric Association's Annual Meeting of more than 500 participants.

Water Safety programs continue to headline campground activities. Programs were held at 2 beaches each weekend.

Smokey the Bear appeared in the Cowden Pioneer Days parade. Several thousand onlookers waved and applauded as Smokey passed. Smokey later visited the Pioneer Days fair, joining rangers who were manning the Mobile Display Van.

MARK TWAIN LAKE

In spite of having to change the location due to rain, the 2nd annual Salt River Folklife Day was a great success with over 1200 visitors. Local artists demonstrated quilting, basket weaving, spinning, arrowhead making and other early folk art. The LaMoine Valley String Band performed traditional bluegrass and Ralph Duren from the Missouri Department of Conservation demonstrated trapping and animal calls. The rain stopped just in time for the "Country Cloggers" to perform traditional dancing.

Park Technician Anne Behrens helped a Brownie troop from Monroe City earn Woodsy Owl Conservation Patches by providing environmental cleanup activities and map and compass work. Park Aid Shellie Bassett conducted a pond study and hike for the 4-H Club from Bowling Green, Missouri. Shellie also presented a narrated slide show about the recreation areas and environmental education opportunities at the Cannon project to the Parents Without Partners Group from Hannibal, Missouri.

Park Manager Dennis Foss presented an update on the construction of Cannon Dam and the status of the project's recreation areas to the Hannibal Kiwanis' Club.

Park Ranger Wayne Williams and Park Technician Jay Riley assisted the Monroe County Sheriff's Department and Monroe City Police and Fire Departments in searching for a drowning victim at Monroe City's South Lake.

REND LAKE

About 1,400 visitors had a chance to relive some of the Southern Illinois past at the 2nd Annual Pioneer Life Festival held recently at the Rend Lake Visitor Center. They saw demonstrations of candle making, weaving, butter churning and quilt making as Black Powder enthusiasts filled the air with smoke. Other attractions included live goose plucking and for the more adventurous at heart, a ride in a 35' Montreal Voyageur Canoe. The Pioneer Life Festival was just one of 43 visitor information programs given during the month of August for about 2,374 visitors.

AROUND THE DISTRICT

At Locks 27, Christopher "Story" Morgan gave a presentation and tour to members of the Greater St. Louis Area Safety Council.

Bill Barrow updated the status of Cannon Dam for 35 members of the Knox County Rotary Club, Edina, MO.

Colonel Dacey spoke at two sessions of the 12th National Mu Alpha Theta Convention at Washington University about the importance of mathematics to the military.

Major Glenn Petrina gave a tour of the L&D26(R) construction site, and Sandra Hoelscher gave a slide show briefing to forty 4-Hrs from McClean County.

Tim Pauketat (PD-A) lectured on the Archaeology of Metro St. Louis to the High 12 Club in Manchester, Mo.

Ken Kruchowski gave a briefing to 50 Iowa farmers at Locks 27 and L&D26.

Bill Sutton spoke to 30 people from Carboline Corporation, Division of Sun Oil Corp., St. Louis about L&D26(R).

INCENTIVE AWARDS SECRETARY

PROMOTIONS:

Louis J. Chiodini, OD-E,
Supvy Civil Engineer, GS-810-13

Ronald R. Jones, AS-W,
Word Proc Doc Clerk, GS-303-4

Jean M. Beausang, SD-C,
Procurement Assistant, GS-1106-6

Lenard H. Ross, RO-L,
Supvy Civil Engineer, GS-810-12

Judy Hoyle, AS-W,
Word Proc Mgr, GS-313-7

EXCEPTIONAL PERFORMANCE:

George E. Quick, OD-RS
Judy Hoyle, AS-W

EXCEPTIONAL PERFORMANCE/ QUALITY STEP INCREASE:

Joann Gray, BC

EXCEPTIONAL PERFORMANCE/ SUSTAINED SUPERIOR PERFORMANCE AWARD:

Beth L. Edwards, DC-F
Ronald W. Messerli, OD-F
Dolores J. Adams, OD-F
Barbara Collier, AS
Kay L. Morrison, DC-F
William E. Busch, PO-L

SPECIAL ACT/SERVICE AWARDS:

Christine T. Leffeler in the Lower Mississippi River Project Office, Construction Division, received a Special Act Award in the amount of \$500.00 for excellent performance of duties during an employee's absence.

Sharon Hornback was presented a Special Act Award in the amount of \$1000 for providing indispensable service toward implementing a very successful cross-training program in support of the Federal Women's Program. Mrs. Hornback works in the Survey Branch, Engineering Division.

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HERE'S A BIT of advice: Nobody knows about your integrity, your sincerity, your talent, or your goodwill unless you give out samples in action.

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HIGHLY SUCCESSFUL PERFORMANCE:

David R. Gates, ED-BA
Frederick T. Norris, ED-BA
Lester J. Boyer, ED-DG
David J. Haudrich, ED-DG
Lee R. Dellenbaugh, ED-DG
Terry L. Miller, OD-NC
Eileen A. Dietrich, SD
John T. Brady, ED-DA
Hazel Schnatzmeyer, AS-L
Roger S. Hayes, OF-RC
Judith A. Williams, AC
Thomas W. Bennet, AC
Thomas L. Bloor, OD-RS
Alvin P. Lookofsky, OD-RS
Terry L. Schaefer, OD-RJ
Calvin Mooney, AS-RA
Edward Rothwell, ED-HD
Russell Elliott, AS-RA
Jack Rhodes, AS-RA
Gerald Rue, RO-L
William O'Herin, OC
Ruth Ziden, AS
Paul Roberts, ED-DM

HIGHLY SUCCESSFUL PERFORMANCE/ SUSTAINED SUPERIOR PERFORMANCE AWARD:

Peggy J. Stelzer, OD-NL
Ivis D. Adams, OD-NL
Edward L. Pelc, ED-HW

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Two of the best known finishes for automobiles are lacquer and liquor.

GUIDELINES FOR TUITION ASSISTANCE FOR NIGHT SCHOOL COURSES

Federal regulations permit agencies to provide tuition assistance to employees who are seeking to develop themselves on their present job or anticipated future assignments. Normally this tuition assistance is for night school courses although it may be for "home study" type courses.

There are a number of "musts" that need to exist before such assistance is requested, and before approval can be given:

1. The employee must be in "full time permanent" status or "part time permanent" status to be eligible for assistance.
2. The employee must have one continuous year of Federal civilian service to be considered.
3. The course must be **directly** job related in order to receive **100% tuition assistance**, i.e., the "training is justified in terms of improved skills, knowledge and abilities in performance of present assignment, a planned future assignment, or is in direct support of upward mobility." (Essential to the job.)
4. **50% tuition assistance** may be recommended when the training "is related to the employee's present job, and will enhance the employee's job performance, but is **not essential** for satisfactory job performance."
5. Full written justification for either of the above must accompany the request for training. The justification will be prepared on plain bond, **signed by the requesting supervisor** and attached to the DD 1556 (request form).
6. The District will pay for tuition **only**. Employees are responsible for payment of **all** other fees. Books are also the responsibility of the employee.
7. Training requests must be approved prior to enrollment/registration by the employee. Under no circumstances will "after the fact" approval be given to training requests. Requests should be in the Personnel Office in ample time to permit preparation of authorization letters prior to enrollment. Letters authorizing enrollment will be sent to the school with a copy provided the employee. Enrollment must be for the course identified in the letter. When it is necessary to make a substitution for a requested course, the employee must have the concurrence of the supervisor and the approval of the Personnel Office. The District cannot pay late fees on any enrollment.
8. Effective immediately the following schedule will apply for submission of requests (DD 1556) to PB for approval for night school classes:

Period	DD 1556's to PB NLT:
Semester System	
Fall Semester	1 Aug (any year)
Spring Semester	1 Dec (any year)
Summer Session	15 Apr (any year)
Quarter System	
Fall Quarter	1 Sep (any year)
Winter Quarter	1 Dec (any year)
Spring Quarter	1 Mar (any year)
Summer Quarter	20 May (any year)

The above schedule must be adhered to to assure the effective and practical administration of preparing authorization letters to the various schools. This procedure will permit the Personnel Office to forward **ONE** letter only to each school rather than the multi number of letters now prepared.

HYDAR'S HAPPENINGS

SEPTEMBER 1982

LABOR DAY: One of the U.S.'s most popular holidays. The first Labor Day was celebrated, in New York City, 100 years ago, in 1882 and even though workers were warned not to leave their jobs, thousands did and paraded up Fifth Avenue. It is now an American tradition to celebrate with picnics, ballgames, parades, athletic events and contests or just to take a long holiday weekend to top off the summer and reward yourself for a job well done.

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Laughter is Good Medicine. Serious scientific studies have shown that 5 to 10 minutes of laughter, upon arising, improves blood pressure levels, tones up many muscles and organs and improves your outlook. Other studies indicate that laughter and a positive attitude throughout the day can affect health favorably. Try it. Better still try it over the weekend.

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AVIATION

Aviators — Army aviation is one of the most exciting and challenging careers imaginable. But piloting a sophisticated, multi-million dollar aircraft takes a lot more than a keen interest in flying. It requires strong leadership qualities, the composure to keep cool under pressure, and an overwhelming desire to succeed. The training of an Army aviation officer develops these qualities, and lays the foundation for a rewarding career.

Air Traffic Controllers and Mechanics — Army aviation also offers excellent opportunities for ground personnel, in areas such as air traffic control, with training recognized by the Federal Aviation Administration, and aircraft maintenance. All of these growing fields are open to both men and women.

A Leader in Aviation — Students may not have considered the Army for aviation opportunities. But the Army has one of the largest fleets of aircraft of all the services. Your Army Representative can show that Army aviation opportunities are second to none.

CONGRATULATIONS

Mr. Joseph A. McElligott, OD-PB, was granted the degree of Associate of Science in Applied Science Welding Technology by the Belleville Area Community College. Mr. McElligott enrolled in 1978 and was graduated in May 1982.

Congratulations Joe.

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FOR SALE

1978 GRAND PRIX, auto, air, PS, PB, AM/FM, white with cloth interior, V-8, 301 CIN, good condition, 48,000 miles, \$4,000. Billy Arthur, 524-2897.

1976 Volkswagen Popup Camper — 17-20 mpg; good condition; AC; refrigerator; stove; sink; table; lots of cabinet space; curtains, sleeps 4. Asking \$4,500 Call between 9:00 a.m. and 3:00 p.m. — Pat at 631-4791 (COE)

VOLUNTEERS NEEDED

A request has been received for assistance in recruiting volunteers from the Federal community for a very worthwhile project.

A picnic is being held for patients at Koch Hospital on Saturday, September 25, from 10:00 a.m., until 2:00 p.m. Approximately 400 volunteers are needed to help get patients to and from the picnic area which is on the hospital grounds. Because of architectural barriers about 250 wheelchair patients will be unable to attend if enough volunteers are not recruited. This will be the second picnic held for patients at the hospital. The first picnic proved to be an "exciting day" for those who otherwise are restricted to the hospital. The hospital is located at 4101 Koch Road, across from the VA Hospital, Jefferson Barracks.

Volunteers will be assigned to help with one patient. They will also be given free lunches. Anyone wanting to volunteer can call Marilyn Dean at 622-5716, Monday through Friday, from 9:00 a.m. to 4:00 p.m. Ms. Dean has asked that persons wanting to volunteer to please continue trying to reach her if not successful on the first call. She has a small office staff.

PAYROLL OFFICE HOT LINE

The Omaha District's civilian payroll office, which services more than 47,000 Corps' employees worldwide, has established a communication center called the payroll office "hot line" for the purpose of providing better telephonic response.

Personnel at the new communication center will respond to questions concerning pay and leave as asked by serviced organization payroll liaison officers.

This procedure was effective 14 July 1982. If the communication unit has insufficient information to answer the inquiry, it will forward calls to unit supervisors or payroll clerks.

The payroll "hot line" system consists of a pool of five WATS lines for incoming calls accessed by dialing 1-800-228-7336.

Providing quick service will be the result of having all employees' payroll file histories on microfiche stored in rotary files.

Information for any pay period will be available for inquiry on Wednesday following the week of pay computation, i.e., settlement date for direct-deposit, electronic funds transfer (DD/EFT).

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WEEKEND ATHLETES RUN RISKS

If the only exercise you get is on the weekends, you're better off doing nothing at all.

The reason, says Dr. William Bell, physiologist at the University of Nebraska College of Medicine, is that people who exercise sporadically, whether jogging or playing tennis, suffer more chronic injuries and fatigue than those who work out regularly.

"Vigorous physical activity during the weekend is not frequent enough to provide significant physiological improvement," states Bell. "In fact, it isn't even very likely to maintain one's present level of physical fitness."

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CHANGE OF COMMAND VTR

A video tape of the change of command ceremony is in the final editing process and will soon be ready for viewing. Showings of the 50-minute tape will be arranged in room 1040. Field offices may request to borrow a copy of the video tape; requests should be sent to LMSAS-RA. A notice of the showing schedule in 1040 will be distributed to section level and placed on bulletin boards when the tape is ready. Copies of the printed program will be available for those who wish to have one.

EEO CORNERSTONE

ERA

If you listen closely you can still hear the smooth, regular heartbeat of the Equal Rights Amendment (ERA).

A New Day Beyond ERA Rally was held on 1 July 1982 at Kiener Plaza, among the personages were Senator Harriet Woods, Linda Locke of NOW, and Attorney Frankie Freeman.

Despite its non-ratification the ERA is still alive and well. The amendment was re-introduced in Congress on 14 July 1982, with the exact same wording as the previous amendment:

SECTION 1

Equality of rights under the law shall not be denied or abridged by the United States or any state on account of sex.

According to reliable sources, here at the Corps, it is generally agreed upon, that the Equal Rights Amendment's non-ratification in Missouri had a lot to do with the Legislature voting on the amendment. Had the public been given the chance to vote on the amendment, Missourians would have overwhelmingly approved its ratification.

The ERA suffers the grave injustice of being misunderstood. It is often associated with the Bra-Burners of the early 1970's. If ratified, the amendment would do away with all laws in the Constitution that discriminate against men as well as women. "SO," even after 200 years the fight for equal rights continues.

Submitted by Stephanie Hobson, EEO Clerk

TEN TIPS FOR DROWSY DRIVERS

Here are some hints from the National Safety Council Petroleum Section Newsletter for beating driving hypnosis.

1) Stop every hour, whether you feel tired or not. Always get out of the car for at least a minute or two. Have some coffee, tea or soda. Never eat a big meal just before or during a long trip. Instead, stop frequently and eat small amounts.

2) Don't drive on highways at night if you can avoid it. The danger of driving hypnosis is much greater after dark. If you must drive at night, keep the dash lights as dim as possible. This glare can be hypnotic.

3) Don't keep your eyes focused on a point dead ahead. Look to the right and the left, and don't follow the same car for too long. If you find your eyes beginning to glaze because of the monotony of the road, run the windshield wipers for a few seconds as a distraction.

4) Always get a good night's sleep before starting a trip. Wear loose clothes. Open your coat or jacket and loosen tight collars or cuffs.

5) Play the radio. Tune in to news, jazz or sports — anything but slow, soothing music. Or sing or whistle.

6) After an hour of driving, pull over and take off your right shoe. Vibration from the gas pedal can have a stimulating effect.

7) Chew gum or eat a candy bar. Keep plenty of fresh air coming into the car. Don't smoke too much — it may fatigue your eyes.

8) Play car games. play poker with license plates, or bet on exact mileage to the next town or landmark.

9) Vary your speed, keeping below the maximum allowed. Unvarying speeds invite hypnosis.

10) If none of these work, and you feel sleepy, pull over, and take a nap in a rest area or service plaza.

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When the insects take over the world let's hope they remember with gratitude how we took them along on all our picnics.

STEER CLEAR OF POTHOLE

Potholes in the road can damage tires seriously, warns the Tire Industry Safety Council. But dodging them can be hazardous too. What's a motorist to do?

- Avoid potholes if possible, but check for other motorists before you swerve from your lane.

- Slow down on badly damaged roads to lessen the impact on your tires.

- Use your brakes early, and let up just before you hit a pothole. The edge of a pothole won't hurt a rolling tire as much as it would a locked tire.

- Keep tires properly inflated.

- Have wheel alignment and suspension checked regularly. If you notice a vibration or shimmy after traveling a bad road, have the vehicle checked.

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National Safety Council statistics show that the most dangerous time of the week to drive is around 2:00 a.m. on Sunday morning (late Saturday night). People are leaving parties or bars, or may be driving on a long weekend trip.

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FOR SALE

Boys 27" AMF 10-speed bike. Great condition — \$60.00. Call Nancy — 5591.

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LABOR DAY is celebrated on the first Monday in September in nearly all the states of the United States and in most of the provinces of Canada. Agitation for the celebration of the day was begun by the Knights of Labor who, in 1882, 1883, and 1884, paraded on that day in the city of New York. In 1884 the organization adopted a resolution that the first Monday in September should be considered Labor Day, and steps were taken to have it recognized as a holiday. Workmen of all organizations aided in the movement. On June 28, 1894, a bill passed Congress making the day a legal holiday throughout the nation.

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Alarm clock—a vicious mechanism used to scare the daylight into people.

ACCIDENT SUMMARY

AUGUST 1982

VEHICLE ACCIDENTS FOR AUGUST 1982: Two

Total vehicle accidents for CY 1982: Three

An employee at Carlyle Lake ran his vehicle into a guard post when he was distracted by a wasp stinging him. Damage \$850.

An employee of the Engineering Division ran his vehicle into the rear of another government vehicle which had slowed to make a right turn. Damage \$1,100.

Total vehicle accidents for CY 1981: One

PERSONAL INJURIES – CONTRACTOR EMPLOYEES – AUGUST 1982: None

Total accidents for CY 1982: Four

Total accidents for CY 1981: Four

PERSONAL INJURIES – GOVERNMENT EMPLOYEES – AUGUST 1982: One

Total accidents for CY 1982: Six

An employee on the Dredge Ste. Genevieve was injured when he caught his finger between the cable and chock block on Derrick No. 9.

Total accidents for CY 1981: Nineteen

LAKE FATALITIES FOR AUGUST 1982: None

Total lake fatalities for CY 1982: Four

Carlyle Lake – 3

Lake Shelbyville – 1

Total lake fatalities for CY 1981: Six

Carlyle Lake – 4

Lake Shelbyville – 1

Rend Lake – 1

SAFETY REMINDERS:

1. All employees should make sure the way is clear before backing their vehicle.
2. The Safety Office would like to know when defensive driving techniques used by our employees may have prevented an accident. Also, they would like to know when someone has performed an act which may have prevented a serious accident of any type, whether on or off the job.

