



US Army Corps
of Engineers
St. Louis District

Information Bulletin

Vol. 19

No. 4

April 1982

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DISTRICT DOINGS

The flood exercise of March turned into the real thing with some high water on the Illinois River. For awhile it was difficult seeing "Peak '82" reports and telling the difference between those in the make-believe world of flood fight on paper and the real thing. Thanks to the quick action of the local folks along with a dedicated group from the Corps the damages and potential problems were minimized. But, we aren't out of the woods yet . . . records show that some of the most damaging floods in the history of the area have occurred as late as June or July.

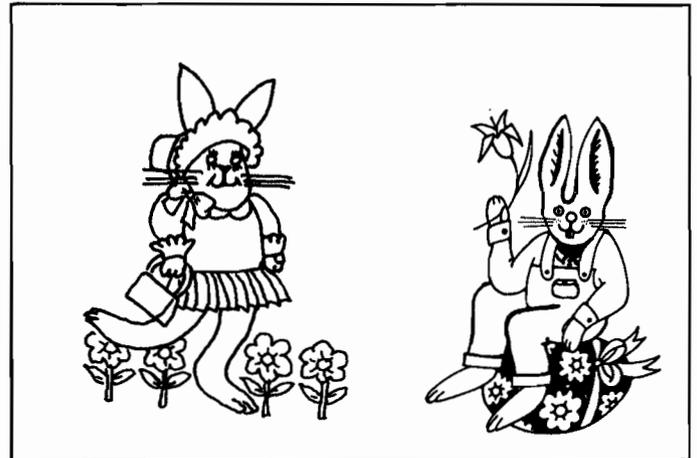
Meanwhile the brief encounters with spring-like weather have boosted the interest in the outdoor pursuit. Map requests and informational phone calls are showing an upswing and vacation time draws near. Lake conditions are ripe for the fishing, and the camping areas are prepared. So are the interpretive programs.

Here are some early lake and office appearances . . . At Rend Lake . . .

Lake Manager Phil Jenkins spoke to the Sesser Chamber of Commerce on the 1982 programs that are set for the lake. The National Wildlife Week celebration "We Care About Eagles" drew almost 800 area school children for the bald eagle program. Lowell Summers and Joan Guilfoyle-Basman led the activities for the kids.

Cannon Dam and Mark Twain Lake . . .

Steve Austin presented the multi-media production destined for the Visitors Center showing to a delegation of District folks on an orientation and inspection tour. Tricia Holdman gave the premiere of her pre-school nature program for the Learning Tree and Head Start group at Monroe City. These shows will continue until May. Tricia also paired with Shelle Bassett to give an outdoor program for a local Brownie group.



Lake Shelbyville . . .

Jerry Parker was the busy guy who talked to 25 folks from the Shelby County Rehabilitation Center about "Life Along the Kaskaskia" and then to 31 Findlay Feeders 4-H Club members adding another program about the lake and its history for 21 scouts from Troop #633 in St. Louis. Jerry also led the eagle celebration for Nat. Wildlife Week at the Visitors Center for 51 visitors.

Maria Shafer talked to 25 Findlay, Ill. grade schoolers. Julie Wagner gave the same program on "Endangered and Unendangered Wildlife" to 43 at the Visitors Center. Dennis Gathmann chalked up a couple of events . . . speaking to 34 from the Illinois Assn. of Community College Biologists and giving a talk on river management which was covered by two local TV outlets.

Carlisle Lake . . .

They really made the grade . . . over one million hours without a lost time injury . . . a safety program that has been going from April 1967 until January 1982. The award was presented on March 24th . . . the whole District extends congratulations for this excellent achievement. Chris Cascone gave the special Wildlife Week program for over 600 students and then journeyed to the Madison County Career Fair in Edwardsville where he had the opportunity to discuss ranger duties with some of the 1,000 attendees. Chris also spoke to the students at Wesclin High in Trenton, Ill.

DISTRICT DOINGS (Continued)

District Office . . . Colonel Dacey spoke to the SAME Chapter at Scott AFB on the Cannon Flood incident of last year. He also gave the recruiting talk to about 50 educators and counselors in Alton, Ill.

Bill Sutton talked to the Rock Island SAME on Lock and Dam 26 Replacement work, and Ken Koller did the same for the Springfield Chapter of the ASCE.

Our newest Major . . . Major Glenn Petrina, talked to the members of the Transportation Committee of the Alton, Ill. Chamber of Commerce about the work on the new dam.

Gary Groenemann lectured the Fort Zumwalt High groups of 4 classes, totaling about 135 students, on the work of the Corps and careers in engineering. Andy Swift gave a talk about "Wind Turbine Technology" to the Power Engineering Society, part of the Electrical and Electronic Engineers group.

The flood fight real and fictional gave a lot of interest for St. Louis radio and TV folks who filmed the work in the Emergency Ops Center in Room 1040. The room also came in handy for the Army Recruiting Command folks who used it while their electricity was off.

The Command Inspection Team was on hand during the month, and, for a change, we gave them some nice weather for their visit.

This column marks the "30" mark for this particular writer and I'll be taking up a new assignment for the PA office at TSARCOM this month. I would like to thank all of you made the job a lot easier by giving us timely reporting on activities and by boosting the public awareness of Corps work. I'll miss the chance to sit down and type out all this work, giving you the bouquets you so richly deserve. The column won't end here . . . so please give the newest columnist your whole hearted support. Thanks to you all . . .

"30" from Mel Doernhoefer

INCENTIVE AWARDS SECRETARY

PROMOTIONS:

Patrick J. Conroy, ED-FS,
Civil Engineer, GS-810-11

David N. Ruck, OD-PB,
Metal Worker Lay Out, WG-3801-11

Clark W. Dietzchold, OD-RJ,
Park Technician, GS-026-5

Margaret M. West, AS-M,
Clerk Typist, GS-322-3

Betty L. Ortiz, ED-HD,
Hydraulic Engineer, GS-810-11

Cynthia D. Bartling, SD-C,
Procurement Assistant, GS-1106-6

Zelma J. Scott, EEO,
Equal Employment Specialist, GS-260-9

Michael J. Klosterman, ED-FG,
Spvy Geologist, GM-1350-13

EXCEPTIONAL PERFORMANCE:

Sally J. Herbst, AS-M
Lewis Kent, OD-NL
Beth Edwards, DC-FE

EXCEPTIONAL PERFORMANCE/ QUALITY STEP INCREASE:

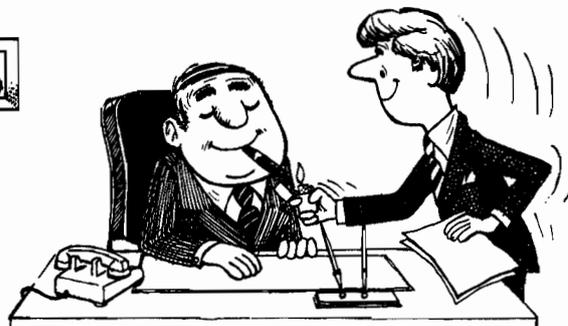
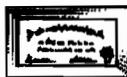
Teresa L. Montgomery, OD-NL
Frank M. Larsen, ED-DM

HIGHLY SUCCESSFUL PERFORMANCE:

Edward D. Rothwell, ED-HD
Stanley C. Zurweller, RO-C
Janet L. Wilhite, SD-C
Sharon B. Cowen, SD-C

QUALITY STEP INCREASE:

Dennis Seibel, RO-L



INCENTIVE AWARDS SECRETARY (Continued)

TANGIBLE SUGGESTIONS:

Janet Wilhite, Contract Branch, Procurement and Supply Division is granted an award of \$237.00 for an adopted suggestion that recommended physicals for Government drivers license be conducted in our Health Unit rather than Sutter Clinic. The suggestion will be implemented immediately with tangible first-year savings of \$2367.

An award of \$25 is given to Thomas Durham, Lock and Dam Section, Navigation Branch, Operations Division, for an adopted suggestion that recommended new walkways and handrails be built for spare miter gate leaves at the Locks & Dams. The suggestion has been partially adopted inasmuch as revisions to the walkway procedure were in progress (on-going since Apr 81) and because it is

concluded that the suggestor was instrumental in bringing about the improvement. Tangible first-year savings are in the amount of \$250.00.

SPECIAL ACT AWARD:

For performance of study manager duties in the Planning Branch, Engineering Division, from 21 August through 4 November 1981, Mr. Donald Groh is given a Special Act Award in the sum of \$900. His managerial and technical competence directly led to the smooth continuation of the American Bottoms Study. Of special note is that while interim study manager the coordination, review, and execution of contractor negotiations with the State of Illinois Water Survey were successfully accomplished.

BEYOND COLLEGE

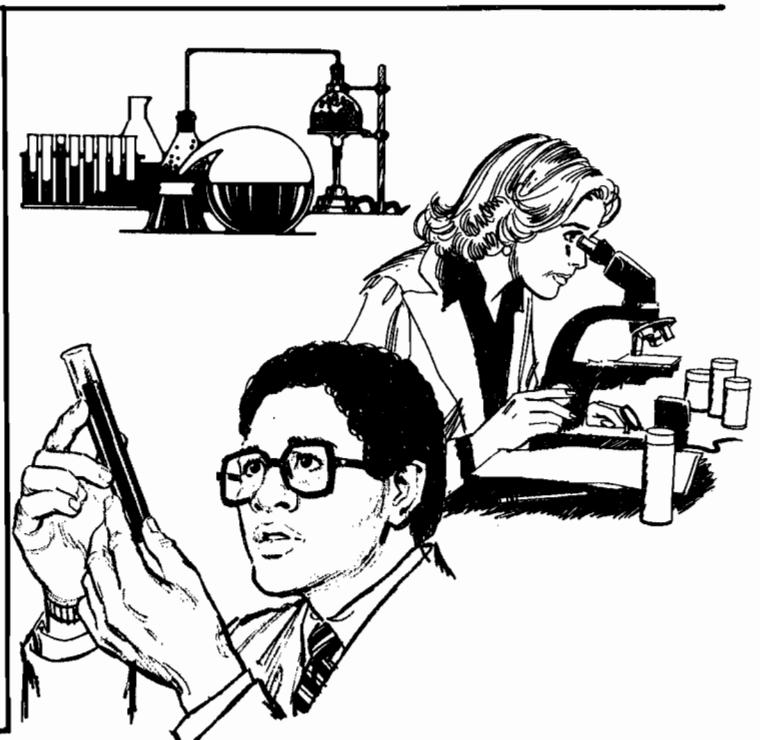
Even though college graduation may seem very far away to high school students right now, the time to start planning for graduate or professional training after college is now, because advanced education is expensive, and the competition for opportunities is keen.

Medical School Scholarships — For students who are selected for this highly competitive program, the Army will pay medical school tuition, books and lab fees in full, and provide a generous allowance (currently over \$6,400 a year, tax free). Medical school graduates may also be selected for one of the Army's excellent graduate medical programs, offered in virtually every specialty.

Health Care — Army internships and graduate programs are also offered in vital health care fields such as dentistry, physical and occupational therapy, and dietetics. For graduates with Bachelor of Science in Nursing (BSN) degrees, the Army offers nurse practitioner courses, clinical specialty courses, and graduate degree programs.

Practice Law in the Army — The Army offers graduates of ABA-approved law schools a chance to start practicing law immediately, instead of just clerking or assisting. The practice of law in the Army provides an opportunity to engage in many facets of law to include everything from criminal and administrative law, to real property, procurement, claims and international affairs.

Service to Country and Self — The Army educational programs that offer financial assistance for education involve Army service obligations, of course. But all of these professional programs provide experience that would be difficult to obtain in civilian life, as well as the pay, privileges, and prestige of serving as an officer in the United States Army.



LITTER CLEAN UP

Employees are reminded we cannot clutter the walls with unnecessary items and we must keep the hallways free of boxes and trash. Call LMSAS-M if you have an especially large amount of litter to discard. We'll come to pick it up.

PROFESSIONAL SECRETARIES' WEEK



Professional secretaries' week has been designated for 18-24 April. Since 1952, a week in April has been set aside to honor this group of employees who work so diligently in their professions. Since a large number of Army's general schedule positions are clerical and secretarial, it is appropriate, during this week, to express our thanks to secretaries in Army for their continued outstanding support and dedication to their commands. Secretaries play a very important role in national defense readiness and their individual contributions are greatly appreciated by management. Recognition of the importance a secretary plays in the organizational unit should not be confined to one week out of every year; however, observance of this week is encouraged.

**MESSAGE FROM ASSISTANT
SECRETARY OF THE ARMY
FOR MANPOWER &
RESERVE AFFAIRS**

INCENTIVE AWARD CHANGES

AR 672-20, the regulation that controls the Incentive Awards Program, was revised and results in the following changes. An employee who receives a Quality Step Increase (QSI), may not receive another one while in the same position. Also, three years must pass before that employee may receive a Sustained Superior Performance Award (SSPA). In addition, LMVD is currently studying the SSPA to provide Division-wide guidance. Until the guidance is received SSPA's may not be processed.

INCENTIVE AWARD DEADLINE

Nominations are invited for the Decoration for Exceptional Civilian Service award. The deadline for submitting nominations, to IAC, is 14 May 82.

The criteria for this award are described on page 16 of the Army Incentive Awards booklet (DP 672-1-3).

Edit and rewrite assistance with polishing the final wording of a nomination is available from PA, on request.

AVAILABILITY STATEMENTS FOR CAREER PROGRAM EMPLOYEES

Employees registered in career programs should be aware of the following guidance concerning their "availability" for referral: "Careerists who reply Not Available, or who decline a definite offer, will be deferred from further referral except at their own installation. A revised availability statement must be submitted to restore availability beyond the careerist's own installation."

Careerists may revise or update their availability statements at any time by submitting DA Form 4338-R to the Training and Development Branch, Personnel Office. The form is available in Room 955 (PB-T). Careerists are reminded that they will automatically have the opportunity to make changes at the time of their next annual career appraisal, and that it is not necessary to make changes at this time unless they wish to make an update because of having declined an offer, or indicated non-availability.



SPOTLIGHT ON THE LIBRARY

NATIONAL LIBRARY WEEK APRIL 19-23

The theme of National Library Week this year — **A word to the wise — Library**, is a simple, but strong way to remind you to use your number one resource for information, education, and recreation. Visit your District Library often in Room 944. Remember, come to us **FIRST** for your information demands. We can help!

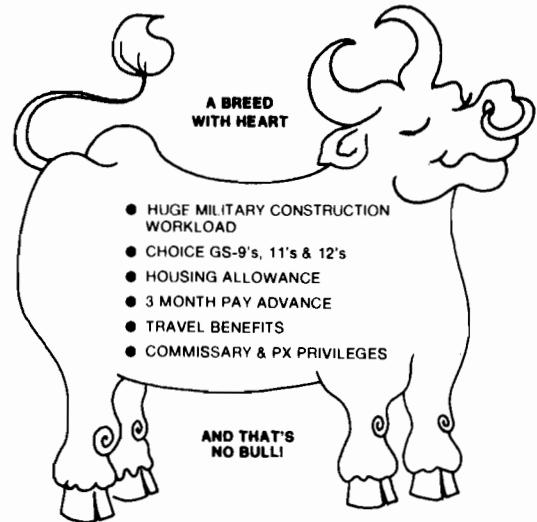
NEW BOOKS

We have recently acquired the newly published history of St. Louis, **LION OF THE VALLEY, ST. LOUIS, MISSOURI**, by James Neal Primm, a history professor at UMSL. If you are a river buff you may be interested in **THE TIMELESS RIVER: A PORTRAIT OF LIFE ON THE MISSISSIPPI, 1850-1900** by Burny Myrick, a noted river artist who resides in New Orleans. This book is replete with many full page color reproductions of some of his paintings from a series entitled, **Commerce on the Mississippi River, 1850-1900**. Both books will be on display throughout April and will be available for loan thereafter.

RAINBOWS AND BUTTERFLIES

Did you know that rainbows are formed when airborne drops of moisture act as tiny prisms reflecting the colors of the spectrum? You may not see all the colors, but there are seven: violet, indigo, blue, green, yellow, orange and red. Numerous myths and folktales have surrounded these colorful arcs. For a good scientific explanation as well as a curious retelling of some of the ancient tales, read the article "Bridges of the Gods" in the April 1982 issue of **NATIONAL WILDLIFE**. This same issue in another article, provides the reader with some interesting hints on how to attract butterflies to their garden. In "Butterflies are Free" you can learn that with some selective planting, butterflies can be easily attracted to your backyard. "A daisy may not be very fragrant to humans, but it's a rich source of nectar to the American copper butterfly."

ATTENTION ENGINEERS ENGINEER DIVISION EUROPE



WHY NOT CONSIDER THIS OPPORTUNITY AND APPLY IMMEDIATELY? (AVOID THE STAMPEDE!)

TO APPLY: Send Standard Form 171 to the Office of the Chief of Engineers, ATTN: DAEN-PEC-SC, Washington, DC 20314. And to US Army Engineer Division, Europe ATTN: EUDEP, APO NY N.Y. 09757.

Non-government personnel must first apply for a qualifications rating by submitting a Standard Form 171 to the Office of Personnel Management, 1900 E Street, N.W., Washington, DC 20314.

Standard Form 171's are available from any Federal Job Information Center or Federal Service Personnel Office. Don't let anyone tell you otherwise. Be bullish, if necessary.



INFONE

Are you sending your announcements to InFone? Not enough use is being made of this valuable means of communication within the District. If you have any announcements contact Public Affairs at 5662. Don't forget the InFone number is 5221.

DYNAMICS OF ALCOHOL RELAPSE

TENDENCY TOWARD RELAPSE

The disease of alcoholism has a tendency toward relapse. This fact makes many — both professionals and laymen — extremely uncomfortable. Due to their discomfort, many deal with relapse by closing their eyes to it, rationalizing it away, or by reducing it to a commonplace or trite remark and a set pattern.

REALITIES OF RELAPSE

Many alcoholics return to drinking at least once after making a firm decision to pursue a structured program of sobriety.

BEHAVIORAL SET UPS FOR RELAPSE

There are a variety of behavioral patterns or "setups" which make a return to drinking a viable alternative in spite of the known consequences.

These setups are habitual patterns developed during the active drinking periods of alcoholism that carry over into sobriety. The alcoholic does not wilfully create these setups. He/she does, however, fail to take the necessary actions to eliminate or control these behaviors.

For the alcoholic who has developed a stable sobriety program the following behavior tends to form the setup pattern.

- There is a change in attitude.
- The alcoholic makes a decision to abandon positive problem-solving approaches and experience with old behaviors as an alternative.
- A change in situation creates discomfort and makes a return to drinking not only possible but desirable.

Many decision points reached in this relapse dynamic force the alcoholic to choose between positive alternatives to drinking and continued isolation, avoidance and denial. It is **essential to remember** that the **alcoholic has many opportunities to interrupt this pattern**. The more readily available the sources of treatment, the more likely the decision to reactive treatment. For the recovering alcoholic, **treatment must be as readily available as alcohol** if long-term sobriety is to be maintained.

THE RELAPSE DYNAMIC

Relapse does not begin with the first drink. Relapse begins in a behavioral dynamic which reactivates patterns of denial, isolation, elevated stress, and impaired judgment.

A chart showing the relapse dynamic will appear in next month's bulletin.

FAST* SERVICE FROM AS-RA

The new POS-1 Camera is now installed and will provide the following service:

- Color Cibachrome prints and/or transparencies [vu-graphs, displays, etc.] from photographic prints, slides, printed matter, and flat artwork.
- Continuous tone black and white prints or transparencies from photographic prints, slides, printed matter, and flat artwork.
- Black and white [positive or reversal] and color stat work from any flat artwork.
- Film negatives and positives from any flat artwork or slide.
- Positive or negative halftone prints or films from any flat artwork or slide.
- Many special effects [zooms, screens, overprints, dropouts, fadebacks, etc.] to meet special needs.
- Reductions and enlargements [maximum artwork size 18" x 24" and maximum finish work 12" x 18"] of whole or part of any flatwork. Finished work can be any/all of above.

*The process requires 15 minutes, but work return depends on work scheduling and priority. Special effects **may** take longer.

NOTE: Materials for some of the above processes are not yet in stock.

NOTICE

All work requests for the Reprographics Branch should be in triplicate on Eng Form 1309. This will save hours each month making Xerox copies.

HYDAR'S HAPPENINGS

The B. F. in Goodrich, the tire maker, stands for Benjamin Franklin.

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The U.S. has had several 5 star generals. This is the highest rank, for a soldier in the army, but did you know what American soldier attained the highest title in the Army? A General who was born in Missouri, attained the highest title. General John J. Pershing (Black Jack) was conferred the title "GENERAL OF THE ARMIES." The five star generals were titled "GENERALS OF THE ARMY." The title "General of the Armies" is higher than "Generals of the Army." The title "General of the Armies" was created in 1799 for George Washington but was never held by him.

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"Gone with the Wind" was the only book written by Margaret Mitchell.

* * * * *

The Nazis, during World War II, successfully counterfeited all of the US paper currency but one — the \$2 bill.

* * * * *

LEAD (Metal) and LED (Verb) both words pronounced the same but spelled differently.

● ● ● ● ●

Sue Falk, ED-D, is retiring on 14 May 1982 after 23 years of Govt' service. All of her friends in the District are invited to stop by for cake and coffee and to say farewell to Sue on 14 May 82, Room 629, 2:00 p.m.

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Marvin J. Ortwerth, Chief, Estimates Section, Design Branch, Engineering Div., is retiring 23 April 1982 after 32 years service. All are invited to cake and coffee on 23 Apr 82.

BLOODMOBILE IN DISTRICT OFFICE

A Red Cross Bloodmobile will be set up in Room 1040 of the District Office on Monday, 17 May 1982, from 8:00 a.m. to 1:00 p.m. All employees working in the District Office and Service Base are encouraged to donate blood. Employees who have previously donated blood will be sent a Pledge Card and asked to participate in the Program once again. Pledge Cards for new donors may be obtained in Room 957 by calling Norma Kosta, EXT. 3-5673.

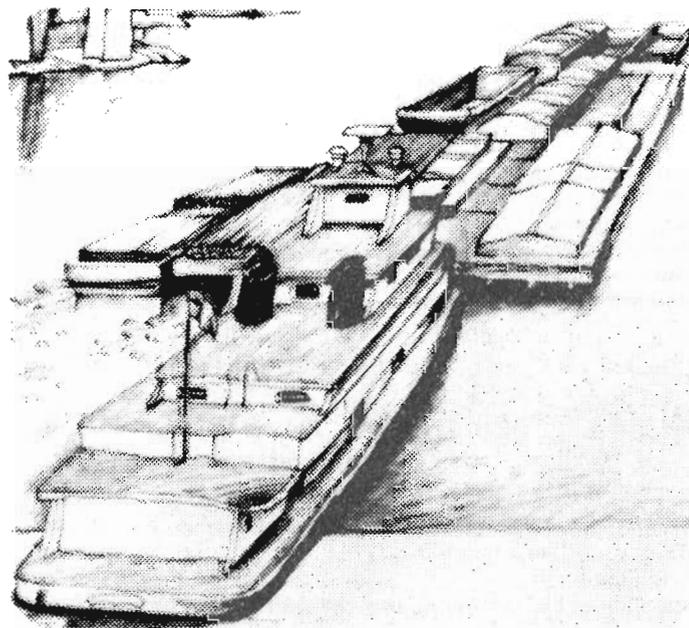
WATCH FOR ANNOUNCEMENTS OF:

Lunch & Learn Sessions:

- a. A rerun of Claude Strauser's China Trip
- b. Skills in Preparing a SF 171

Metro St. Louis FWP Training Seminar

St. Louis District FSP Awards Luncheon



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There will be a retirement luncheon for Marvin Ortwerth, ED-DC, and Sue Falk, ED-D, on 21 April 1982 at the St. Louisian Hotel. Flyers will be circulated later with more specific information. Retirees may call Toni and Sharon, 263-5861 for information.

RELEASE OF INFORMATION

It is the policy of SLD to fully comply with the Freedom of Information Act (5 USC 552) and the complementing regulations and directives.

These authorities favor the least possible restraint on the release of specifically requested information to requesting parties.

However, the functioning of this Agency would be significantly impeded if all of the material in our files were subject to access upon demand by a requesting party. Neither the Freedom of Information Act nor any of its implementing regulations dictate this situation. In fact, several important exceptions to the disclosure requirements of the Act were made by Congress to assure that the Government is not unduly disrupted by information seekers.

Of obvious importance are the protection of classified documents, information protected by the Privacy Act, and information which must be safeguarded as part of the procurement process.

Another type of material which should be safeguarded is Agency Memoranda. These include three areas of privileged documents recognized by the Supreme Court: deliberative process memoranda; attorney-client communications; and attorney work product. Documents of these types should be released only after careful review by legal counsel to assure that the interests of the Agency are not harmed.

The deliberative process privilege is of great importance and was included in the Act of Congress so that the full and frank exchange of opinions among officials would be assured. Thus, the release of pre-decisional communications is not an absolute requirement of the Freedom of Information Act, and all requests for such documents need not be provided unless the release of such information is determined to be in the public interest.

Requests by information seekers for unrestricted review of Agency files cannot be permitted under any circumstances. Any request for information should be referred immediately to the Public Affairs Office and Office of Counsel.

NOTICE TO EMPLOYEES

A PROCLAMATION has been signed that employees should not be confined to offices doing mental chore when Spring is bursting out-of-doors.

Forget the papers that are due. Employees will be dismissed today allowing time for fun and play.

By now you've caught on — April Fool!

EEO CORNERSTONE

On 26 October 1981, Ms. Breanna Gomberg assumed the duties of USACE Affirmative Action/Federal Women's Program Manager. Ms. Gomberg comes to the Corps family from the office of the Assistant Secretary of Health and has worked with the Public Health Service Affirmative Action Staff.

Prior to beginning her Federal EEO career in 1977, Ms. Gomberg was a mathematics teacher, high school counselor, and correctional facility rehabilitation counselor.

Upon her appointment, Mr. Raymond Turner, Command EEO Officer stated, "I am confident that the Corps will benefit from Ms. Gomberg's knowledge and skills in EEO and that she will provide the direction and assistance necessary for implementing results-oriented Affirmative Action and Federal Women's programs throughout the Corps of Engineers."

FEDERAL EMPLOYEE GROUP LIFE INSURANCE DESIGNATIONS

If you have a Designation of Beneficiary form on file for your \$10,000 FEGLI Optional Insurance which simply named someone to receive your "optional insurance" and you have since signed up for the Additional Optional Insurance (multiples of from 1 to 5 times pay) that person named on your blue designation form may be entitled to the Additional Optional Insurance as well. If this is not what you intended, you should submit a new designation, SP 2823, immediately. If you need a copy of a new designation form or if you wish to review the form you have on file, contact PB-S, Room 958, Extension 5538.

Employees are reminded that they do not have to file a designation of beneficiary form if they are satisfied with the order of precedence outlined in the FEGLI law. In the absence of a designee, the following order of payment applies:

1. Widow or Widower;
2. Children (including descendants of deceased children);
3. Parents;
4. Executor or administrator of the estate;
5. Next of kin.

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No man is ever too busy to stop and take the time to explain just how busy he really is.

GOLF NEWS

SPRING TOURNAMENT — The SLED golf league will kick-off the new season with the Spring Tournament to be held April 20th at Tamarack golf course in O'Fallon, Illinois. The event will be a 2 man scramble. Tee-offs will start around 9 a.m. All employees and retirees are welcome to compete for the cash and merchandise prizes which will be awarded to winners in each of three flights. **You do not have to be a golf league member in order to participate in this "lavish" event.** The entry fee is \$4.00. Green fees are \$6.50 and will be paid at the golf course. Entries will be accepted by the golf league team captains (see below) or the League Secretary, Ed Ewing, ext. 5600, through April 16th.

LEAGUE PLAY — On April 27th, Tuesday night league play will begin and continue through August. We are expecting around 60 golfers of extremely diverse levels of skill to participate this year in league action at Clinton Hills golf course. If you are interested in signing up or getting more information, contact Ed Ewing or any one of the following team captains: Dave Harley (5868); Mel Baldus (5532); Paul Olson (5668); Rich Buncie (5684); Mark Schneider (5046); Paul Roberts (5870); Fred Niermann (5031) or Vic Behrmann (5162).

This year, in addition to the individual and team awards presented at the end of league competition, we also will be making special monetary awards to any individual or team which ties or beats an established golf league record. The regular season records we will be shooting at have been set at Clinton Hills (1975 to present) and are as follows:

Individual Low Gross:

- Front Nine — 36 — Rich Buncie, 8/19/81
- Back Nine — 37 (tie) — Rich Buncie, 7/17/79; Paul Roberts, 5/13/80; Mel Baldus, 7/8/81; and Vernon Drewes, 7/22/81

Individual Low Net:

- Front Nine — 25 — Ron Lindsay, 6/26/79
- Back Nine — 27 (tie) — Bob MacDonald, 5/20/75; and Dennis Gould, 6/20/78

Individual Low Handicap (9 holes): 3.93 — Bill Meldrum, 1979 season

Team Low Net: 118 — Scramblers, 6/20/78; Paul Roberts, Dennis Gould, Bob Maxwell and Don Huston

Most Points by Team (1 match): 35.5 — Scramblers, 6/20/78; Paul Roberts, Dennis Gould, Bob Maxwell and Don Huston

Most Points by Team (Half Season): 217 (tie) — Duffers and Sandblasters; 2nd Half 1975 season

Most Points by Team (Season): 419.5 — Duffers; 1975 season

RACQUETBALL RESULTS

Mike Kruckeberg (ED-DG), John Jaeger (ED-DA) and Dave Rahubka (ED-BU) were the winners in their respective divisions in the 9th unofficial Corps of Engineers racquetball tournament, which was held on 13 March 1982. Lynne Puetz (CD-I) won the colorful "Most Bruised" award.

TELEPHONE CHANGE

Effective 1 March 1982, all telephone numbers in the San Francisco District changed. New numbers are:

Area Code — 415

Commercial — 415-974 + extension

FTS — 415-454 + extension

Autovon — 586-1360 extension 0500

Information Number — 414-974-0429

District Commander — 415-974-0358/0359

FOR SALE

1980 VW RABBIT DIESEL

1 Dr. Deluxe	AM-FM Stereo-Cassette	
Cruise Control	Rear Window Wash/	
Vinyl Interior	Wiper/Defroster	
Rust Proofed	Brown Metallic Color	
Complete Service Record		
29,xxx miles	Excellent Condition	
42-52 Actual MPG	\$5,950	
Contact CWO	Ron Hassler	425-4657
	Rm. 1128	

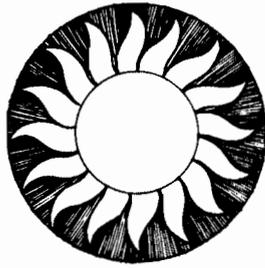
Thinking about income taxes often taxes the mind, which is something the Internal Revenue Department hasn't thought of yet.

"SPRING JOY"

The laughter of sunshine
Cries in the street.
Joy is demonstrated
In every face you meet.

The beauty of Springtime
Captures young, captures old.
Transformation of a new birth
Transmutation from the cold.

by Mary McSellers (AS-W)



WATCH THOSE APRIL SHOWERS

People still run under trees when the rain falls — often with disastrous results. The National Oceanic and Atmospheric Administration notes that for the past 20 years records show that 15 per cent of lightning victims were struck while standing under trees. During those 20 years, 2,210 people died from lightning strikes.

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HOW ABOUT GETTING ORGANIZED?

Take this test and find out just how organized you are; the results may surprise you.

1. Does it often take you more than ten minutes to find a particular letter, bill, report or other papers from your files (or piles on your desk)?

2. Are there papers on your desk other than reference materials that you haven't looked through for a week or more?

* * * * *

Charity would begin at home oftener if it were deductible.

* * * * *

3. Has your electricity or another utility ever been turned off because you forgot to pay the bill?

4. Within the last two months, have you forgotten any scheduled appointment, anniversary, or specific date you wanted to acknowledge?

5. Do magazines and newspapers pile up unread?

6. Do you frequently procrastinate so long on a work assignment that it becomes an emergency or panic situation?

7. Has anything ever been misplaced in your home or office for longer than two months?

8. Do you often misplace door keys, glasses, gloves, handbag, briefcase or other "regulars"?

9. Is your definition of "organized space" to fit as many objects as you can into a limited space or area?

10. Do things amass in corners of closets, or on the floor, because you can't decide where to put them?

11. Do you feel that your storage problems would be solved if you had more space?

12. Do your children have clear-cut household assignments that they carry out willingly?

13. Do you want to get organized but everything is in such a mess that you don't know where to start?

14. By the end of an average day, have you accomplished at least the most important tasks you set for yourself?

15. Do you regularly take advantage of housecleaning help, babysitters, dry cleaners, other services (assuming money isn't seriously short)?

16. Are the kitchen items you use most often in the most convenient place?

17. Is your living room arranged so that family and/or guests can speak comfortably without raising their voices? Are there places for drinks and snacks?

Scoring: Questions 1-12 one point for each yes; Questions 13-17 one point for each no.

Score: 1-4 you're in good shape, 5-8 disorganization is troublesome, 9-11 life must be very difficult, 12 life is chaos.

CONSUMER NEWS: FOOD COSTS

Packaging and container costs for food and beverages often exceed the value of food ingredients inside, according to information released recently by the U.S. Department of Agriculture (USDA).

Beer packaging value is more than five times the value of the food component, the USDA information showed.

Ready-to-mix desserts, potato chips, table syrups, chewing gums and soft drinks have a packaging value twice that of the food ingredient.

Breakfast cereals, soups, baby foods, frozen entrees and desserts have a packaging cost 1½ times greater than the actual content.

The packaging for cake mixes, condiments, wines, cookies and crackers amounts to about 90% of the cost of the contents.

On the other hand, red meats, raw produce, cheese, sugar and butter packaging value is only 3 to 7% of the value of the food ingredients, the USDA information reveals.

On average, USDA says, about \$1 of \$11 consumers spend on food and beverages goes to packaging and containers.

LIGHT UP YOUR LIFE

The Illinois Society for the Prevention of Blindness reports that, contrary to popular belief, poor lighting **won't** ruin your eyes. But it will irritate them and make the task you're trying to do that much harder. According to the society, the best all around lighting conditions are:

- Having enough light so that you don't have to squint, or hunch forward to see.
- Not having too much glare on what you're looking at. Only using one light in a darkened room is more of a strain on your eyes than using a 75- or 100-watt shaded bulb to read by while being sure the rest of the room is lighted, as well.
- Being sure no shadows fall across what you're working on. Place the lamp so light is falling from behind you, rather from in front of you. If you're right-handed, it should come across your left shoulder, and vice versa if you're left-handed.

TORNADO TACTICS

With spring comes the possibility of tornados, nature's most violent form of heavy weather. Very little can be done to protect property from the ravages of a direct hit by a tornado, but people can take steps to protect themselves and their loved ones from the storm's fury.

First, know the terms.

A "Tornado Watch" means conditions are right for a tornado to form. Keep tuned to the radio for weather updates and keep a sharp look-out for funnel clouds. Be prepared to move to shelter if one is sighted.

A "Tornado Warning" means a tornado has been sighted. When a warning is issued, the direction and speed of the storm will also be given. Go to shelter immediately if the storm will be moving into your area.

A storm shelter or basement offer the best shelter, but a closet or bathroom on the lowest floor of a house are also good cover. Don't bother trying to open windows before the storm hits to equalize the pressure, the National Oceanic and Atmospheric Administration says. More people are severely injured by flying glass while standing near windows in a tornado than they are by houses exploding from unequal air pressure.

Trailers, mobile homes and cars should be abandoned for more solid buildings, such as a nearby house. If you're caught outside and see a funnel cloud approaching, move at right angles away from the storm. If it's too close to outrun, lie flat in a ditch and cover your head to protect it from debris.

After the storm, stay alert for the possibility of other tornados — violent storms often produce more than one. Chances are there will be broken gas mains and downed electrical wires. Turn off the gas and electricity in your house if it seems necessary.

* * * * *

A GOLF PRO, employed by a club to give lessons, was approached by two fellows. "Do you wish to learn to play golf?" the pro asked them.

"Not me," said one. "Bill wants to learn. I learned yesterday."



DRUNK DRIVER TRAITS

The driver who signals for a left turn and then turns right is probably drunk. And if he steps on his brakes frequently as he drives along, it's even more likely that he's drunk.

These are among the Chicago Motor Club's checklist of traits that frequently identify a drunken driver. In addition, the club says a drunken driver frequently:

- Cuts back into his lane too soon after passing;
- Travels at night with the car's interior lights on but with his headlights off;
- Weaves back and forth between lanes or straddles lanes.

"Because alcohol is a depressant, it slows down mental and physical activities, even when consumed in small quantities," the club warns.

ACCIDENT SUMMARY

MARCH 1982

VEHICLE ACCIDENTS FOR MARCH 1982: None
 Total vehicle accidents for CY 1982: None
 Total vehicle accidents for CY 1981: One

PERSONAL INJURIES – CONTRACTOR EMPLOYEES – MARCH 1982: One

Total accidents for CY 1982: One
 A contractor's employee at Lock and Dam No. 26(R) was injured when he inadvertently got his hand into the engine fan blade while checking the oil level on a Grove mobile crane.
 Total accidents for CY 1981: Four

PERSONAL INJURIES – GOVERNMENT EMPLOYEES – MARCH 1982: None

Total accidents for CY 1982: None
 Total accidents for CY 1981: Nineteen

LAKE FATALITIES FOR MARCH 1982: None

Total lake fatalities for CY 1982: None
 Total lake fatalities for CY 1981: Six
 Carlyle Lake – 4
 Lake Shelbyville – 1
 Rend Lake – 1

A PRIOR APPOINTMENT

THE STORY is told of the philosopher George Santayana's last lecture which took place in April, 1912. Actually in the middle of a line, during the last session of the last Harvard course he was to teach, as he moved across the platform, the philosopher caught sight of a forsythia uncurling in a patch of muddy snow outside the window. He

stopped suddenly, picked up his hat, gloves, and walking stick, and started out. At the door he turned.

"Gentlemen," he said, "I shall not be able to finish that sentence. I have just discovered that I have an appointment with April."