



NEWS RELEASE

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Carlyle Lake to Host Triathlon

Carlyle Lake– *1863 Events* will be hosting a triathlon at Carlyle Lake on Sunday, May 22, 2011. The triathlon will begin in the Dam West Day Use Area at 9:00 a.m. and will consist of two groups, beginner and advanced, competing in a timed swim, run and bike course. The swim portion will take place on the south side of the main beach. The route of the run course will take participants across the main dam and saddle dam two to South Shore State Park. The bike course will start at the main dam and will travel North on Clinton and Bond County roads. While visiting Carlyle Lake during the triathlon, visitors are encouraged to take extra caution while driving in the areas of the triathlon course.

Due to the number of participants and public safety, Lake Road, located adjacent to the Dam West Recreation Area, will be temporarily closed from 6:00 a.m. until 2 p.m. on the day of the event. Lake Road will be closed from the West Spillway entrance to the entrance of Dam West Boat Ramp. Dam West High Water Boat Ramp will remain open during the event.

For more information on the Triathlon, contact the Carlyle Lake Project Office at (618) 594-2484 or email us at carlylelake@usace.army.mil.

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